

SGA UPDATE

Submitted by: Bobbie A. Kilby

First of all, I would like to welcome everyone back from Christmas break. Well, on second thought, maybe I should say from our snow break! Anyway, let's get to it.

If you haven't noticed, the Student Activities Office has a brand new face. Angel Hodge has come to us from Appalachian to do her internship with our fearless leader, Scott Johnson. I hope she feels at home because we are positively glad she is here.



Since we have been back only a little over a month, there isn't much in the way of activities to report on. Of course, we had our Welcome Back Lunch on January 11th. Everyone enjoyed tasty Bar-B-Que sandwiches, chips, and drinks.



A great big thank you goes to the people throughout the community who came to the college on January 19th and helped us with the Wellness Fair. Sarah Miles from the Community Health Connection provided information on smoking cessation. Blood sugar levels were checked by Home Care of WRMC. Mary Clark from New River Behavioral Healthcare handed out mental health information. Representatives from SAFE distributed information on domestic and sexual violence. Body fat analysis was performed by Daisy Parsons from the Wellness Center of WRMC. Social workers from the Wilkes County Department of Social Services answered questions about some of their programs including Medicaid, Work First, and Food Stamps. Those in need of dental care advice had questions answered by students in the WCC Dental Assisting program. The WCC Medical Assisting Club also participated and did blood pressure checks. Everyone who stopped by also got to munch on some healthy snacks including baked chips and a variety of fruits. (If you didn't try the FAT FREE Caramel Dip, you certainly missed a treat!) To wash it all down, we had water and a plethora of juices.

The 3 pt. Shootout and Free Throw Contest had to be postponed due to snow. It occurred on Tuesday, February 1st. Same time. Same place. By the time this excellent paper comes out, this event will be a thing of the past. Winner's names will be announced in the next exciting issue.



February 7th thru 11th was Have-a-Heart Week. Events scheduled for that week include:

- Dating Game on the 8th
- Mr. & Mrs. Cougar Elections on the 9th & 10th

Something new for everyone to be thinking about: "What song would I like to perform on WCC's version of 'Say What Karaoke?'" No need to rush. There is plenty of time to think about the perfect song. BUT, don't forget about the "Hat of Tragedy!"



Due to horrible road conditions, the ski trip that was planned for Jan. 21 was pushed back to Jan. 28. Once that day finally came there was no holding back the sixteen-member group that gathered for a terrific night of skiing at the great Sugar Mountain Ski Resort. With near perfect conditions on the slopes, and the wind and temperature remaining tolerable, the only thing that would have made the trip any more enjoyable would have been a larger group. Thanks to all those who went and all those who wanted to go but could not, maybe next time. To all those who did not know of the ski trip, well, you missed a fun one. With a little luck and persuasion, there may be just enough time for a possible second trip, but that is yet to be determined. To all those who went, Jordan, Joanna, Twiggy, Gracie, and all the rest, spread the word and maybe next time we can take more than one van-load up the mountain for a wonderful, fun-filled evening of skiing.

Well folks, that's a wrap! Good day and good paper!