

guilfordian

Volume LXII, No. 22

Guilford College, Greensboro, N.C.

April 11, 1978

Serendipity Schedule!

By RICHARD ASHLEY

Greetings and felicitations from your friendly local College Union. That long-awaited list of events that tells all you wanted to know about Guilford's celebration of spring, sunshine, and liquid protein (Serendipity for short) is right here before your eyes. Starting on Tuesday at 8:15 in Sternberger Theater the film *Network* is going to actually appear. Price of admission: 50¢ for Guilford students; \$1.00 for non-Guilfordites. On Wednesday the Art Series presents Erica Klempner, a violinist who just has to be seen. Her first note flies at 8:15 p.m. in Sternberger Theater. And on Thursday, same time, same place, Cathie Faint will host Open Mike Nite. Admission is free and the guest performers will surprise you for sure.

Now on Friday we really start to get this show in gear. There is going to be a rockin' dance with 'Chairmen of the Board.' You remember them: they did that song "Give me Just a Little More Time." The price is free and the fun will be great.

Saturday, Hmmm; Saturday. Well, starting at 11:30 a.m. the music begins and won't stop all afternoon. For your pleasure we're gonna have 'Granfalloon' playing jazz and Doors-type and Dead-type sounds. Also 'Tall Dogs' hitting out that jazz and rock. 'Bill Haney and the Zassoff Boys' will then bluegrass ya like you've never been bluegrassed before. And then (as if it weren't enough) Jonathan Edwards plus special guest Eric Lillequist will send Dana Auditorium reeling with their acoustic guitars, hot band and whatever else they can think of. Take-off is at 9:00 p.m. and tickets are \$1.00 for Guilford students; \$2.00 for foreigners.

By the way - a combined lunch/dinner will be served outside from 1 to 4 p.m.

continued on page 3.



photo by Steve Lowe

Andrea Deagon

Point of Interest: Acupuncture Breaks Through to Skeptics

By GWEN BIKIS

In recent years, the ancient Chinese medical practice of acupuncture has come under intense scrutiny in the West, especially because, for all intents and purposes, it works. Acupuncture has been practiced to cure and prevent man's physical ailments for more than 5,000 years. Much to the consternation of Westerners, who feel that everything must have a rational explanation acupuncture has proved successful and seemingly for no logical reason. But as Westerners have been learning, not every phenomenon in the world can be explained logically. Acupuncture works: Numerous scientific experiments have proven this, and acupuncture refuses to be explained away.

Western interest in acupuncture was first stimulated by an article in *The New York Times*. James Reston, a very renowned and very skeptical reporter for the *Times* traveled to China, only to have an appendicitis attack. Post-operation, he was given a choice of acupuncture or conventional modern medicine to combat the pain. He chose acupuncture and much to his

surprise, experienced no pain. He returned home, and wrote a lengthy article on the "miracle" of acupuncture. It has since been proven in the laboratory, that acupuncture effectively reduces pain in both humans and animals.

According to the Chinese, disease represents nothing more than an imbalance of "vital body forces," which flow through meridian lines. Each puncture point, then, represents a channel in the meridian lines. When a needle is inserted at a particular point or channel it blocks the flow, and thus restores the equilibrium of flow.

The needles are sterilized and inserted painlessly, they are very slender, and are rotated. More recently electric current has been passed through the needle instead.

For those who are squeamish around needles, however, acupressure works on the same principle as acupuncture, but pressure is applied to the points of meridian flow. Acupressure has been recommended for the relief of chronic headaches. Howard D. Kurland, professor of psychiatry at Northwestern Medical

School, in *Quick Headache Relief*, explains how even the layman can eliminate headache pain by applying pressure to vital points. Acupressure does not require expert skill. Acupressure, properly used, can eliminate our need for aspirin, which even in small dosages eats away at the stomach lining, and may even cause ulcers.

For those interested in acupuncture and acupressure there will be a demonstration in the Gallery, on Monday, April 17 at 7:30. There will be a showing of a 20-minute film which demonstrates, very graphically the actual use of acupuncture. A panel discussion will follow, with Ed Burrows and Lois Ann Hobbs, who have both witnessed acupuncture as panelists. Afterward, the floor will be opened for questions and demonstrations. The session will be led by Jackie Ludel, and Ted Benfey who uses acupressure regularly as a preventive measure against disease. Dr. Benfey will utilize large charts of acupuncture points. Jackie Ludel emphasizes that the session is open to everybody, especially skeptics.

Danforth Nominee Named

By CAROLINE COLES

Yes, Guilford does have a nominee for the Danforth Scholarship! This is a four year fellowship that pays the student's way to any University within the United States and is specially designated for future college professors interested in the improvement of their fellow man.

There are only twenty-seven hundred nominees chosen in the nation, of which about five hundred-sixty are singled out for interviews and at this stage we would like to present Andrea Webb Deagon. In a very short time she will know whether she has been selected in the top one hundred to one hundred fifty candidates to actually receive the significant scholarship.

Although the name may sound familiar to many of us and Andrea is exceptionally creative in numerous ways, she does not like to write poetry. However she thrives on archeology, creative writing and the studying of the Greek and Latin languages, in addition to teaching, learning, and reviewing the special art of bellydancing.

Andrea has planned much of her own humanities curriculum at Guilford and doesn't regret it. She says that she has "found it most rewarding to work on her own and finds teachers more than willing to assist in that work." Another point she strongly emphasized was that at one time she thought it would have been best to have gone to a big university but has since found that working out your own program, instead of having old courses and degrees, is a broadening experience that larger universities admire.

Certainly if they did not she wouldn't have been offered three major scholarships in addition to having the honor of being named a Danforth nominee! Those universities that have offered to award Andrea grants include the University of North Carolina at Chapel Hill and Duke University, where she will go no matter what else might come along.

Presently the recipient is teaching belly dancing at the YWCA and writing book reviews for *Belly Dance Magazine*. While the most prominent magazine in the field Andrea laughs and says, "I don't know what quality of journalism that entails." She also has attended one archeological dig in England and hopes to be able to participate in more when she has the time.

In the near future, Andrea will be publishing pamphlets on a small scale concerning the techniques and costumes of belly dancing for semi-professionals. Then she moves on to Duke 'who I've heard were slightly surprised by this resumé and from there, who knows?