

Guilfordian

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Volume LXIV, No. 7

Guilford College, Greensboro, N.C. 27410

November 6, 1979

'Bring on the night'

Ghostly ghouls haunt campus

By Mary Busken
Staff Writer

Traditionally, Halloween is a time when tiny tots decked out in retired bed sheets and plastic space helmets rampage the neighborhood begging for treats. Last Wednesday night, the students at Guilford displayed their college ingenuity in devising their own variations on this annual spookfest.

The evening began in the

infamous cafeteria, which proved to be the setting for several extraordinary events. An assortment of ghoulish characters dished up another one of those mouth-watering meals, only to see the grub ruthlessly hurled about the room. Some sort of divine intervention loomed a verbal warning concerning the aerial display, but it unfortunately reached only deaf ears.

The cafeteria also was the stage for a giant costume spectacle. The Jolly Green Giant stole the show, closely followed by the spindly spider woman. One pair decided that two-heads were better than one and likewise consumed twice as much of that nourishing food.

However, several students chose to remain anonymous behind exotic rubber masks -- a wise choice considering that

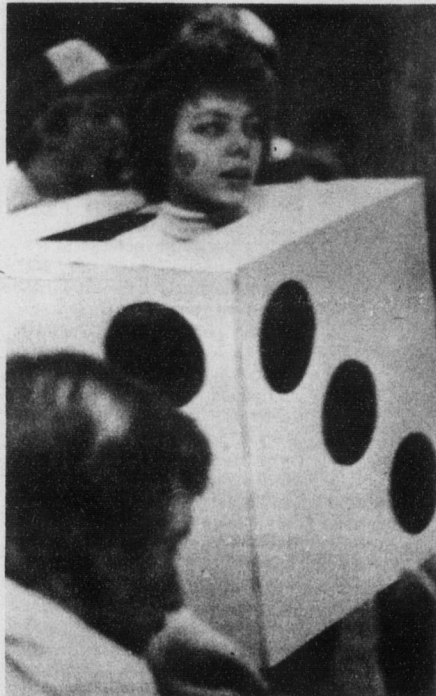
they were unable to eat without removing them.

The annual Halloween disco dance in Sternberger resembled a reject cut of the bar room scene from *Star Wars*. Even more creatures made their appearances, including a few who decided to alter their racial lineage for a night.

The dancing grew hot and heavy and climaxed with the disco dance contest, which was the scene of victory for an alien couple from the Rocky Horror Picture Show.

The following morning the cries of a lost army battalion still echoed through the campus. A conspicuous inscription adorned the well-worn sidewalk in front of Founders Hall as well as paint on the new white posts.

Broken eggs lay scattered on the ground, apparently having missed their targets. Yet the staunch symbols of every Halloween, the jack-o-lanterns, remained intact throughout the night.



"What?" says the Dice Lady, as she does a double take at the sight of Sin City Suite in regalia. The cafeteria costume contest and Rocky Horror Picture Show were two main events of the Halloween season.

Management Department to stay

Rumors of phase-out wrong

By Gwen Bikis
Staff Writer

Vicious rumors have been circulating throughout the Guilford College Campus to the effect that the management department is dying and on its way out. Like most rumors, this one is unfounded.

The management department at Guilford is, as a matter of fact, thriving. As an institution of the liberal arts, Guilford provides an interesting facet to the field of management which would be lacking in technical schools.

In a society changing as rapidly as ours, it is important for a management department to be progressive and dynamic.

In accordance with trends in society, Guilford's management department has revised its course offerings. The goal of the department is to give its students an understanding of the workings of the society: its changes and the needs which will arise along with the changes.

The curriculum is future-oriented, with a heavy overlay of sociology. Guilford College is training not technicians, but people who will understand the needs of society, and the place of business in that society.

The management major embraces the full spectrum of academic orientations. Economics, of course, is of major

importance, but mathematics, sociology, psychology, and history are also indispensable.

From math, the management student learns how to make more rational decisions with the help of the decision theory. Psychology and sociology are important sources of instruction for knowledge in dealing with the people of the business world.

A management student learns organization theory, and leadership styles. The management department's course offerings represent a distillation of the liberal arts tradition.

The department here at Guilford see "Mgmt." pg. 7

Ending the stress spiral

A second in a series of stress reduction workshops will be offered at Guilford College on November 11 and 18 from 2 p.m. to 5 p.m. in the Fine Arts Room of the Guilford College Library. Applications may be obtained at the Office for Student Services, Bryan Hall.

This workshop will be facilitated by Ron Oakland, a doctoral candidate in the Department of Guidance and Counseling at UNC-G. Ron has been involved in helping college students who wish to focus on working with the body as a door to the direct experience of life where thinking falls away.

This workshop will provide an experience of the way persons can use their energy to reduce present stress, to see into themselves and make direct and immediate contact with all aspects of daily living. The methods used are non-competitive and non-striving, directed toward creating calmness and clarity. This approach often leads to a lessening of feelings of fragmentation and to a greater sense of wellbeing and of purpose.

Many of the present techniques used in the reduction of the stress spiral prime our power of attention while relaxing the body. A relaxed alertness improves skill in sensory detection and muscle control. This same training combination is found in many Eastern martial arts.

Research evidence shows that meditation and relaxation techniques are ways we can improve our concentration and allows us to do better at whatever we try. The workshop encourages individuals to regulate their efforts to their own situation and be willing to look at their lives with alert interest.



Scene for "Bottom of the Bucket, But . . ." to be performed November 6 in Dana Auditorium at 8:15 p.m. Free for all Guilford College students.