

QUOTABLES

"What are the functions of the Senate and Union?"



"The Senate is the master budget and the Union plans college events."

Charles "Budweiser" Reed

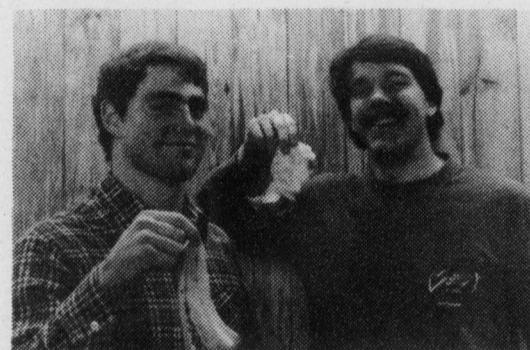


"The Union backs the students and the Senate is a pawn of the administration."

John McKeown, Chris Kimmel

"Senate is something you run for; Union is something you run from."

Neil Cooper, Rex Lawson



G.R.O.W. Response 'Beautiful'

By Julie Yindra

So far, the student body response to Project G.R.O.W. "has been beautiful," according to Harriet Roland, Director of the Center for Personal Growth, and coordinator for the project. G.R.O.W. (sometimes referred to as the Wellness Program), stands for "Guilford Reaches Out to Wellness."

The program, which has been two years in the making, is a "series of concise bits of information that are designed to lead to further learning experiences" Roland said. She said these short health information sessions can provide a wide variety of "self-taught, self-help skills that will aid students in dealing with non-critical medical discomforts."

Throughout the rest of the semester, a number of topics, ranging from how to quit smoking to time and money management, will be discussed by members of the Guilford faculty and staff, as well as health experts from the Greensboro area. Hopefully, said Roland, these "small group" sessions will encourage students "to ask questions and to give them a chance to learn and practice new health habits in this supportive atmosphere, before you find yourself in a life situation that demands them."

A further objective of the project is to "showcase the services that are already available at Guilford, such as biofeedback, counseling, and the exercise and fitness facilities in the gym." The major problem with all of these facilities, said Roland, "is bringing the students and the equipment together."

"When I first came to Guilford this year," she said "they all said that it couldn't be done. But the most recent Project G.R.O.W. program, which dealt with nutrition and body fitness, drew 55 participants, when a maximum of 20 were expected."

Roland was hired on a temporary basis to replace Chris Flynt, who is presently on a one year leave. But the Guilfordian has recently learned that Flynt does not intend to return to Guilford in the fall. Roland was not offered the position on a permanent basis, but was given the opportunity to turn in an application along with other applicants from the public. Roland said she has "enjoyed working on a one-to-one basis with the students," likes the closeness of the community, and feels that she and the college "have a great deal to offer each other. I have applied," she said, "but I'll just have to wait and see what happens."

Below is a schedule of upcoming events for Project G.R.O.W. through March:

- Feb. 27th - Assertiveness Training-Paula Swonguer
- Self Care Skills-Harriet Roland, Lucy Barden
- March 13th -Smoke Stoppers-Tamara Demsey-Tanner
- Testing Lung Capacity-Robert Fulton
- March 20th -Coping With Stress-Claudette Franklin
- Overload Boredom
- Time and Money Management-Anne Devaney
- March 27th -Emotional Well Being-Jane Carris



Quaker Business

By Holly Hobbs

Guilford's got something new: the Democratic Management Concentration. This is the program's first year at Guilford, as well as the first undergraduate program of it's kind in the nation.

Frank Adams, a North Carolina Quaker who is interested in cooperatives, "brought this curriculum to Guilford's door," said Rachel Willis, associate director of the new program.

What have cooperatives got to do with management? Not much, until the word 'Democratic' is teamed with the "Management."

One of the definitions of "Democratic" is "favoring social equality." This is the focus of Democratic Management. Instead of using hierarchical system to run a business efficiently, this curriculum focuses on social equality. Each worker in a

democratically-managed business has equal say in everything the enterprise does.

And of course this ideology is identical to the Quaker values stressed here at Guilford.

One of these ideals urges the community to "be attentive to each individual pilgrimage in the exploration of values," wrote President Rogers in the Fall 1984 Guilford Review. In the business world, a democratically-managed is that "community" Rogers spoke of.

The idea is catching on. Although no other undergraduate program has been established in the nation as of yet, many college and universities offer courses in Democratic Management.

"There has been a good reception (from other institutions) and many requests for information," Willis said.

Settlemyre Honored

By Doc Roberts

Nancy Settlemyre, Secretary to the Academic Dean, was recently honored as the 1985 Secretary of the Year by the O. Henry chapter of the Professional Secretaries International (PSI). The organization is made up of chapters from all across the United States and Canada.

Mrs. Settlemyre was awarded a plaque by the PSI and was also given roses by its local chapter. The selection process for the

award was based on job experience, contributions to the PSI organization, and an interview before a panel of judges made up of members of Greensboro's business community.

The Guilfordian, as well as the rest of the college community, wishes to extend its congratulations to Ms. Settlemyre. Her recognition is but another example of the quality of people here at Guilford.

Downstairs
Founders Hall

WOMANSPRODUCTS 9

Now Accepting
Submissions
Deadline:
March 12