

Trash On Campus Detracts From Beauty

by Brian Smith

Empty beer cans, old cigarette butts, and various other assortments of trash litter Guilford's campus. Trash products lie beside waste cans instead of within. Bees constantly swarm over the receptacles. Monday morning brings overflowing trash in upon the residence halls and Founders

The picture painted above is not a bright one, yet it will remain unless some fundamental changes occur. Attempts at change are already underway, but the road to respectability is a long one.

Rebecca McCullam, student chairman of the Student Affairs Committee (SAC), explained that the main concern voiced during the first two SAC meetings dealt with the "maintenance-related trash problem." Presidential hosts appeared at the meetings complaining that visitors have been appalled at the school's lack of respect for its grounds. The general sentiment among visitors appears to be that the school has a great "potential for

beauty, but the trash presents a horrendous problem."

The problem can be solved, but where do we begin? First of all we must decide with whom the fault lies. Students blame the school for not properly maintaining and emptying the trash cans, yet it is equally understandable to argue that students do not make enough of an effort to place their waste in a trash can. In actuality the fault lies not with one party, but with both parties.

The biggest problem with trash occurs over the weekend. This is also the time when most tours are scheduled. The weekend problem stems from the fact that trash is only picked up Monday through Friday.

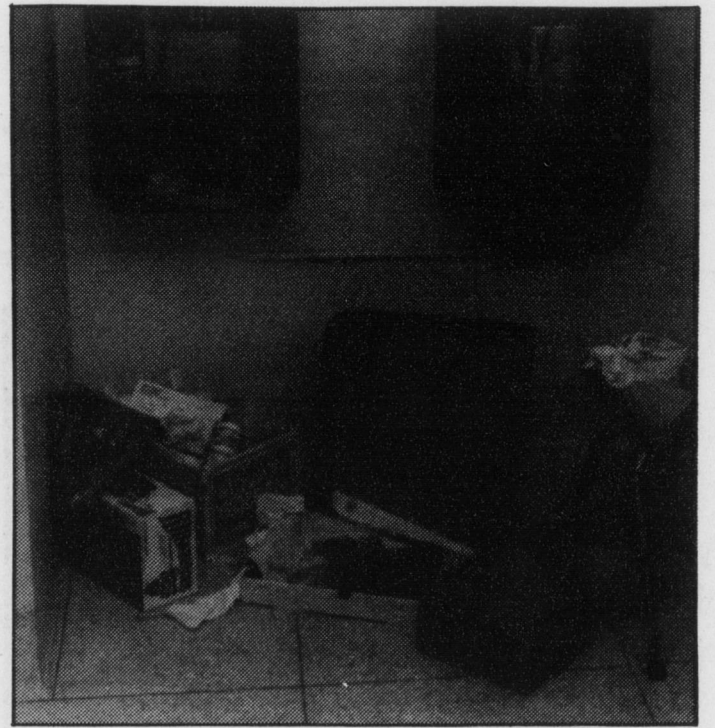
Bob White, director of residential life, explains, "We need the trash picked up in the residence halls and in Founders during the weekend." By Monday morning most trash receptacles are overflowing.

Maintenance, under Bill Scott and Jim Johnson, is doing its best to correct the problem.

In reaction to requests for weekend trash pickup Jim Johnson explained, "we are studying it [the waste problem], but that doesn't mean we are definitely going to change [the policy]." Jim Johnson has decided to seek the recommendations of a waste consultant who will be coming to Guilford this week.

Also, in the past week, Jim Johnson has hired a full-time worker to maintain the trash cans throughout the campus. Jim Johnson expressed a great desire for a respectable campus, while admitting, "We're not there yet, but we are trying."

Even if trash pickup begins on weekends and even with the help of a new maintenance man, an effort must be made by the students in order to truly make the campus a respectable one. A small effort is all that is needed. As Cheryl Welsh, senior, stated, "It's so simple to do simple things such as disposing of cigarette butts in trash cans."



Weekend Trash Piles Up

photo by Michael Hall

Homesickness Can Be Problem or Challenge

by Sandie Edwards

She was crying as she viewed old photographs. After rereading the letter from her boyfriend for the fifth time, she sighed.

She is not alone. It is not unusual for a freshman to get

homesick. But, when freshmen do become homesick, something can always be done to ease these feelings.

One remedy is to share feelings with a friend at Guilford. Students will then realize they are not alone in

their homesickness; others have similar thoughts and feelings. Ernest McCoy, one of Guilford's Center For Personal Growth counselors, said, "The more you share your feelings and thoughts with others, the easier it is for you to be present in the new environment."

Calling or writing home occasionally is a good idea; writing or calling each day keeps freshmen too involved in their

old environment. This prevents students from making new friends and from bonding with students in the new environment. Involving oneself with extracurricular and social activities can help one see that the new environment is just as full of enjoyable experiences as the old one.

Jane Caris, of Guilford's counseling service, explains, "A counselor can help a freshman

learn to make his or her own decisions. This could be a disagreement with a roommate or an argument with a parent. A lot of students have never shared a room before." Sharing feelings of homesickness with another person and becoming actively involved in the new environment helps. Caris says, "You can learn to transform the helpless feelings of homesickness into a challenge to grow."

Guilfordian

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Vegetarians Discuss Needs

by Chris Craig

Webster's dictionary defines a vegetarian as one who abstains from animal flesh and lives on vegetables. The question is: how do vegetarians live without eating meat? Kathleen Bolender and Carrie Eby are interested.

Bolender, a junior, and Eby, a freshman, have called a meeting of all the vegetarians on campus. Those who were run down, dissatisfied, or just interested attended the small meeting to discuss various topics with the food committee. Some vegetarians do not feel they are supplemented with the protein they are missing from meat.

"Only specific food combinations can properly supplement the protein that meat

contains.... Occasionally Marriott provides dishes such as beans and rice, but not on a daily basis," said Bolender.

There are different types of vegetarians: those who do not eat "red meat" and call themselves vegetarians; those who eat no animal flesh, but eat dairy products which are called lacto-ovo vegetarians; and those who eat no animal products at all who are "vegans." Some of the vegans on the meal plan do not feel that the one, usually cheese, vegetarian entree served at each meal is sufficient.

The strategy for the vegetarian meetings, according to Bolender is to hold discussions with Marriott and have an open forum for all concerned students to

voice their opinions and contribute ideas. She encourages students to submit recipes to the chef.

Months in advance, the chef devises a schedule for daily food plans served in the cafeteria. He separately plans the vegetarian menu, incorporating the salad bar and the vegetable choices.

Vegetarians and other students have been pleased with Marriott's change from the previous catering service, Epicure, and hope to work with the current service. "I think Marriott is doing some things very well and is a great improvement [from Epicure]," said Bolender. "Our purpose is not to cause trouble, but to work with and inform Marriott of vegetarians' needs."

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