

## Football team has high hopes

BY JESSE LAPLANTE  
Staff Writer

It's fall again, and while that may mean a new must-see t.v lineup to some, to others this season holds the hope of a new beginning. A time to rise up and face past challenges and blaze new trails. Yes, folks, it is, once again the time of college football, and no one on this campus knows this more than the football team.

After finishing with a record of 3-6 last fall, the Quakers are ready to put past shortcomings behind them and move into this season with a positive and effective game plan. Just what is that gameplan, you might ask? The answer is teamwork. This year the Quakers are going to turn heads because of one simple fact: they know they are a team.

Just ask head coach Mike Ketchum. In his seventh year as head coach, Ketchum understands the importance of being a team. He attributes communication and cooperation to being a succesful team, despite what the records might say. "This is the closest team I have seen since 1991," says Ketchum. That year the football team finished with a record of 8-2, and if team unity is as tight as it is estimated to be they could be headed for that kind of success again.

Aside from success on the field, Ketchum wants his players to understand that being part of a team that is close has several benefits, more



Dan Strelkauskas and the Quakers are looking forward to the Methodist game.

prevalent than just winning. Pride, companionship, and strong sense of personal accomplishment are just some of the lessons Ketchum hopes to instill in all his players, regardless of wins or losses. Ketchum wants all of his players to understand how important their role is, no matter how big or small, and, if he has done that, then the team is a success.

The players can feel the sense of team unity also and are anticipating the time when it will come together in their first game. Senior Junior Lord, who plays wide receiver, feels that team unity is about the same as it has been the past few years, but that the vast amount of experience the team has is what will

pull them through the season. "Freshman year was a lot tighter team," Lord says, further explaining "We all came into together and just played ball. There were no expectations on any of us, so we could just get out there and play."

Another wide receiver, senior William Rochelle, says that he feels comfortable playing with this team because, "We all know what we can do, because we have played together for a long time."

Summing up the feelings shared by the offense, senior quarterback Danny Strelkauskas added this: "Basically what is going to help us be a good team is that all skill positions on offense have played together for

four years. We have a lot of talent." Stelkauskas also attributed much talent to the younger offensive line, saying they would be the key to running a good offense.

On the defensive side of the team, the feelings are just as strong. Junior Scott Sinclair, who plays defensive end, says "I can't speak for the offense but the defense is a lot closer this year." Sinclair points out that experience and support from incoming freshmen is what has made the defense so strong in the pre-season and hopes to keep the energy going throughout the regular season.

Adding to what Sinclair said, senior linebacker Chris Li is excited with the way the defense is shaping up. "We communicate well together," says Li who says the defense is ready to step up and be a force to be reckoned with. "We will not go quietly into the night," said Junior Humberto Padilla, who is also ready to face the challenges lying ahead.

Offering a newcomer's view to the team is freshman Jeff Turner, who plays free safety. "I've never played on a team this tight," Turner said, showing his enthusiasm for the team.

If the attitudes of the coach and players are any indication of the upcoming season it should be a very exciting one indeed. Come watch as the Quakers begin their season against Methodist College on Saturday, September 13th at 1:30 P.M.

## Ultimate craze hits school and nation

BY DAN GATTI  
Sports Editor

Two years ago, at the start of Guilford Ultimate, the founders were concerned about just having enough people to field a full team.

Last year, the team had only 35 members-only slightly more than is nessasary to field one competitive team.

So everyone was stunned this year, when almost ten percent of Guilford's student body-more than one hundred players-signed up to play Guilford College Ultimate, making Ultimate Frisbee the most popular club on campus.

But this recent surge in interest in Ultimate should be no surprise to Ultimate players. Over the past 5 years, Ultimate has gone from an inane activity played periodically at camps or retreats to a major sport and symbol of our

generation.

What is so exciting and amazing about Ultimate is that it's much more than a game. It's an ideology. Through the organization of Ultimate and the attitudes of Ultimate players, the entire game has built an aura around it of hard work, dedication, and above all, integrity.

The most obvious sign of the incredibly strong respect Ultimate players show to the game is the way they call fouls and violations. Ultimate has no referees or umpires; every player, upon seeing a violation, calls it for themselves, and because all players have such trust for each other's respect for the game, that call is respected. Could you imagine such a system in the NBA? Tempers and feuds would erupt after every call; no game could get through a single quarter

without a fistfight. And the reason is that Ultimate players truly have more respect for the game than they do for competition.

Which is not to say Ultimate players aren't competitive. Far from it; in fact, good-natured, passionate competition is a key element in the Ultimate philosophy. The game lends itself well to a competitive, gritty atmosphere, since you're always on the run and pe-

riodically, you have to dive ("lay out") to catch a pass.

Laying out is key to the Ultimate philosophy; it's the ultimate sign of dedication and passion for the game. One Ultimate player even went so far as to say "if, at the end of the game, you can still tell what color shirt you're wearing, it hasn't been a real game."

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