

Catching up with Liz Killion

By Chassidy Crump
STAFF WRITER

Despite an eventful week that included time at the Association of Southeastern Biologists meeting in Alabama and the Old Dominion Athletic Conference tennis tournament, senior Biology major and women's tennis player, Liz Killion, took the time to answer some questions about herself and her time at Guilford College.

"I first started playing tennis when I was eight at the YMCA, and I continued playing in USTA leagues and clinics as I grew up," wrote Killion in an email interview.

Killion has continued to play tennis while at Guilford, leading the women's tennis team to 23 victories and securing a team record of 7-3 at ODAC, according to the Guilford Athletics website.

Originally from Cary, NC, Killion learned about Guilford from its entry in the book, "Colleges that Change Lives," and came to Guilford having already decided to major in Biology.

"I really could picture myself here once I came to visit," wrote Killion in an email interview. "I knew that the science department had a good reputation, and it was also a plus that I would be able to play tennis."

One of Killion's more recent accomplishments is reaching the Blue 2 Doubles Flight semifinals at the 2009 Wilson Intercollegiate Tennis Association Southeast Regional Championships with doubles partner, Nina Bollag.

"(Liz) always tries her hardest on and off the court," said Bollag. "She brought a lot to the team. Last year, when the tennis team was going through drama with coaches, Liz stepped up and helped the team stay united without a coach."

Bollag describes Killion as driven, committed, and fun. After hearing about Killion's schedule as a student athlete, these character traits come into focus. However, Killion does not complain about her busy schedule.

"Being a student athlete has given me very good time management skills between doing my thesis research at Wake Forest, practice every day, having at least 2 classes with labs every semester, and traveling for tennis," wrote Killion in an email interview.

These skills will certainly benefit Killion after Guilford, when she plans to go to Tufts University to complete a PhD in Biochemical and Molecular Nutrition. She plans to continue playing tennis with a Tufts club travel team or a United States Tennis Association league in Boston.



ZACHARY MORGAN/GUILFORDIAN



THE BACKSTOP

2010-2011: A look back



With
Will Cloyd

Another year come, another year gone. Another groundbreaking set of seasons for Guilford College Athletics.

The golf team experienced another dominating year. They held onto the number one ranking in the country for Division III going into the Old Dominion Athletic Conference championships.

This year saw the Quakers' cross country and track & field team take huge strides as Derick Kosgei and Johnathan Smith both won ODAC titles. Kosgei won the title in cross country and Smith won his in track for the 50-meter-dash. Furthermore, both men and women broke numerous school records over the course of the season.

Still without a home pool, the women's swimming team overcame great adversity and made a good showing in the ODAC tournament. They are, in my opinion, some of the most dedicated athletes on this campus as they fight to keep their team from falling apart due to lack of swimmers.

The volleyball team earned a six seed in the ODAC tournament and had their best finish in over a decade with a 16-13 record.

More than just these achievements, trials, and tribulations, this year saw relationships formed and teams built around loyalty and trust: teams that worked day and night to compete at the highest level they could.

Long after the lights are off and the years of competition done, these relationships will live on. These teams will still be unified by a common experience of striving for greatness.

All of the members of these teams went on a journey together. Whether they were successful or not, the journey was one of learning and character-building; it was a journey of bonding and memories. In the end, the memories are all you really have and the journey is where they are built, regardless of what the score is at the end of the game.

The hours that they spent riding on the bus or the practices that seem to grind on forever may have seemed trivial and inconsequential at the moment, but they will be recalled with fondness as the years pass.

I hope that every athlete enjoyed their experience this year and all of the seniors cemented their legacies before leaving.

Now, a message to all of the underclassmen athletes: it's time to step up and make yourself better. Next year is a blank canvas ready to be made into a season of successes and victories. Take the summer to work and get ready for the challenges ahead. You only get one shot at this experience. Take advantage of it.

QUAKER QUICK STATS

Compiled by Will Cloyd

13

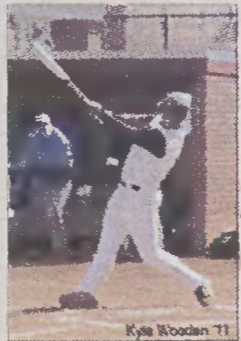
number of strokes by which the Guilford golf team won the ODAC championship. The Quakers topped Bridgewater College. Sophomore **Noah Ratner** and junior Mat Hennick finished second and third overall respectively.



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9-9

final ODAC record of the Guilford men's baseball team. This mark puts the Quakers in seventh place in the conference and earns an ODAC tournament bid for the first time since 2006.



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6

goals scored by junior **Summer Frazier** in Guilford's women's lacrosse 18-16 win over Randolph-Macon.



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.459

batting average of Los Angeles Dodgers outfielder **Matt Kemp**. Kemp has a hit in 15 out of the 17 games the Dodgers have played.



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