

International athletes celebrate and appreciate Hispanic Heritage Month

By Charolette Hudson
STAFF WRITER

Fall is in the air. The weather is cooler, football and soccer season are in full swing, and Hispanic Heritage Month is winding down to an end.

Hispanic Heritage Month began on Sept. 15, which marked the independence days of five Spanish-speaking countries: Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua.

The United States began to recognize this period of celebration in 1988 and it has been going on since.

Guilford College and its student body, from the clubs to athletic organizations, have been celebrating and emphasizing the importance of the contributions of Hispanic cultures to our multicultural community.

Celebrating has been happening worldwide. In the world of sports, Hispanic culture has made an impact on some of our student-athletes today.

Ronnie Castellanos, junior midfielder for the men's soccer team, hails from Honduras and says that the culture of his homeland still affects him to this day, on and off the field.

"Before every game, my parents would always tell me to remember where we came from and to give 110 percent," said Castellanos.

Castellanos also stressed the importance of academics and the fact that young adults from other cultures, even those over 21, actually listen to their parents, a fact that could baffle the average

swapping of recipes and family unity in the kitchen.

"Hispanic Heritage Month was a foreign concept to me until I came to Guilford College," said junior lacrosse player Katherine Falzareno.

"I was born in Costa Rica and adopted when I was three with my two older sisters by an American couple.

by people who feel strongly about educating one another and being confident in their identity."

Guilford College is known for its recognition of multiple cultures, and this is no exception.

"Guilford does a good job with the celebration (of Hispanic Heritage Month)," said Castellanos.

"We (HUG — Hispanos Unidos

there are likely to be even more events happening around campus that emphasize the importance of Hispanic cultures.

Hopefully, as the month passes by, students (athletes and non-athletes alike) will be able to come together and learn more about each other and where they come from.

"I have found my own family here at Guilford College when it comes to celebrating my background," said Falzareno. "Being a member of H.U.G and Multicultural Leadership Scholars Program (M.L.S.P.), I have learned what it really means to be Spanish and I have been able to celebrate my identity more each year.

"Many individuals that are not Hispanic do not participate in the events centered around Hispanic Heritage Month but what many do not understand is that this month is not only to show Hispanic pride, but it is also to educate people about the Hispanic populations in Greensboro and around the world.

"This is a central goal at Guilford and that is why Hispanic Heritage Month is so important in breaking barriers through the education system."

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Junior Katherine Falzareno, lacrosse player

American college student who is looking for independence from home.

Castellanos also says that home cooking is a big part of his culture, something that could be somewhat familiar to us Southerners who enjoy the

"It has become a very important month for me because I learn not only about my own culture, but about the importance of different ethnic backgrounds and the impact each individual has on educating one another.

"I am blessed to be surrounded

de Guilford) encourage people to come out to our events. It's very important that the Guilford community learns about other cultures."

Since the celebration is not over — part of October is still dedicated to Hispanic Heritage Month —

Men's alumni lacrosse game shows old dogs do learn new tricks



This past weekend, the Guilford men's lacrosse team hosted alumni players for its annual alumni game. Alums wore red, while current Quakers sported white. On a beautiful afternoon, both teams displayed athleticism at its best.

This year the Quakers welcome back quality veterans and are also introducing 16 newcomers. Team members and fans alike have high hopes for this season after notching their best record in 19 years, finishing 9-7.