

On-campus food pantry will help struggling Guilford students

By Kate Gibson
STAFF WRITER

Late-night infomercials and six o'clock news reports constantly remind us that hunger wreaks havoc in foreign nations, but this problem is a lot closer to home than we might realize.

The Community Kitchens Project and the Center for Continued Education are working to create an on-campus food pantry as a resource for Guilford students who regularly struggle to afford meals.

"There (are) a lot of adult learning students here, (and) all their money goes to trying to return back to school, but they might not have enough left over to have food for their families," said first-year Noelle Lane, leader of the food pantry project.

CCE students typically reside in the Greensboro area, and the number of families in this region without enough money for food has been increasing since the turn of the millennium, according to data collected by the United States Department of Agriculture.

In 2010, the Food Research and Action Center recorded that the Greensboro-HighPoint metropolitan area had the fourth highest rate of food hardship in the nation at 24.9 percent. FRAC defines food hardship as "answering 'yes' to the question

posed by the Gallup organization to hundreds of thousands of people: 'Have there been times in the past twelve months when you did not have enough money to buy food that you or your family needed?'"

This means that in the past year, about one out of four people in the Greensboro area struggled to feed their household.

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Food Not Bombs, and Greensboro Urban Ministry, have seen a dramatic increase in the numbers of people coming to them for meals," said Sherry Giles, associate professor of justice and policy studies, in an email interview. Giles teaches a class on community problem solving.

Because the level of food donations has not increased to meet the growing demand, Giles said that many pantries are experiencing food shortages.

This hunger problem is not exclusive to CCE students, though. Lane said that many traditional students are opting for smaller meal

plans out of monetary necessity rather than choice, and such plans are not able to sustain students for the whole week. As such, the food pantry will be open to both traditional and CCE students.

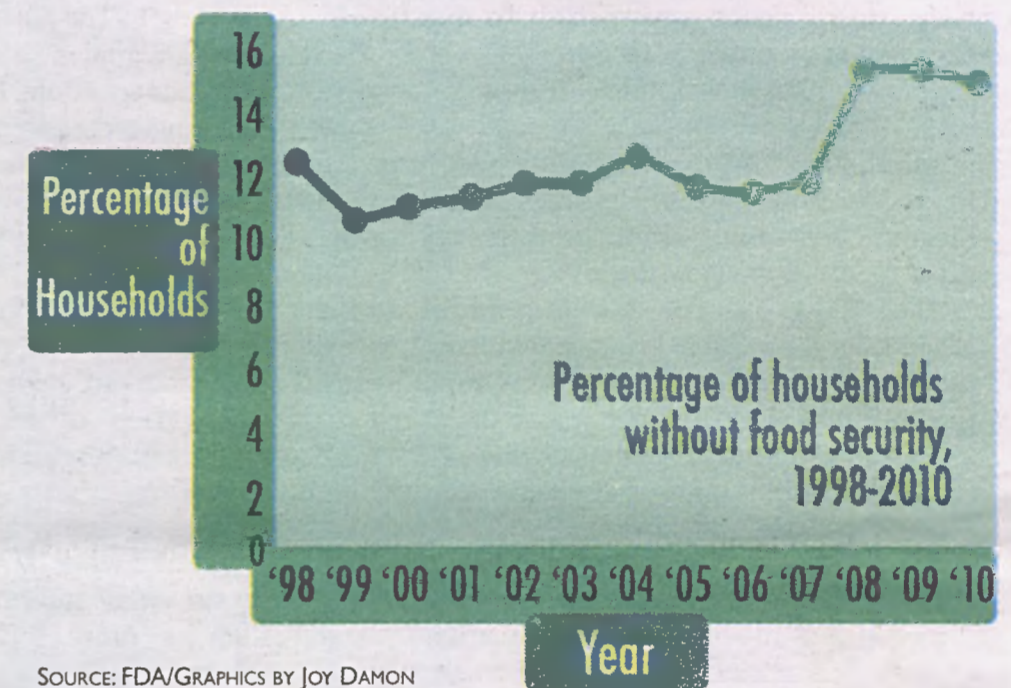
The Community Kitchens Project seeks to collect nonperishable foodstuffs, such as canned goods and pastas, for students in need. Another, less typical, request is baby food.

"A lot of the CCE students are trying to do right by their kids," said Lane. "They don't want their kids to feel the stress of being hungry (or) knowing that their mom or dad is stressed out because they can't provide. If they could just go to the food pantry, their kid would never have to know that that problem existed."

The group will place marked boxes in buildings around campus to collect donations. For those who may not be able to contribute food, the group will also be fundraising periodically.

"A pocketful of change will help buy something," said Bonner Hunger Fellow Chelsey Wilson. "We want our fellow classmates to be there, be in class, be full, be engaged. With an empty stomach in class, you're kind of like, 'bleh.'"

"You don't have to be homeless to be hungry," said Lane. "We need to take care of our people right here."



SOURCE: FDA/GRAPHICS BY JOY DAMON

Is it lust or is it love? Thoughts about college relationships

By Millie Carter
STAFF WRITER

Do you like them? Do you lust after them? Or do you truly love them?

These three questions run subconsciously through our brains when we think we might have found someone worth sharing our secrets, our emotions and our lives with.

How do you know the difference between the three "L's": like, lust, love?

Guilford College students open up about their own experiences, thoughts and feelings about dating and meeting someone for the first time.

Everyone has known what it is like to feel attracted to another person. Some people may look for someone "considerate, thoughtful and humorous," like sophomore Mandy Lu.

Others, like junior Josh Wynne, may try to find people that share with them "a bond that is based on trust and a lot of mutual feelings."

Beyond simple character traits, there is more depth involved with the process of looking for that someone special, whether they are on campus, back home or somewhere else in the world.

However, the bottom line rests with two people being able to make each other happy, and ultimately a better person.

Isn't this the basis of any relationship, friendly or intimate?

While people look for their crush, their hook-up, or a future significant other, they delve into their own thought process concerning why they chose that particular person, why they believe that person would be "good" for them, and what they hope to get out of the relationship.

Shared below are some snippets of Guilford students' answers. How do your own answers stack up in comparison?

What relationships are:

"A relationship to me ... should come naturally, and the two people in the relationship should feel natural and content." – Mandy Lu

"When two people respect each other and are exclusive with their affections." – Kelcey Johnson, senior

What relationships aren't:

"It's not a binding relationship. Hard feelings can be avoided if one person feels like it's not going anywhere ... just be honest and the other person has to accept it." – Josh Wynne

"It's not a relationship when it feels forced and



Many people see college as a time to search for the perfect partner – or at least the perfect hook-up. What do you look for in a relationship?

uncomfortable. It gets in the way more than enjoying being with each other." – Mandy Lu

"Abuse, cheating on the other person, or not respecting that person." – Kelcey Johnson

What is a good first impression?

"Someone who can immediately make me laugh or smile, or just a person I can carry a good conversation with." – Josh Wynne

"Someone who seems comfortable in their own skin." – Morgan McKinnon, first year

"Classy and sassy." – Kelcey Johnson

How do you initiate a relationship?

"Make sure both people want the same thing and go for it. Ask them. Then go for it." – Josh Wynne

"Ideally a relationship just happens naturally, when two people feel close and connected enough to each other for both of them to acknowledge the connection." – Mandy Lu

"Asking the other person to hang out exclusively." – Kelcey Johnson

Alright, but what about pickup lines?

"'You're beautiful,' or 'I adore you.' Sweet things that actually mean something." – Junior Brandi Ingram

"I walk away when anyone uses a pickup line." – Kelcey Johnson

"All pickup lines suck." – First-year Morgan McKinnon

Maybe some of these ideas you agree with, and maybe there are some with which you do not.

Hopefully these shared beliefs and thoughts make you think about your own approach to relationships, what they are, and what you believe they should be.