

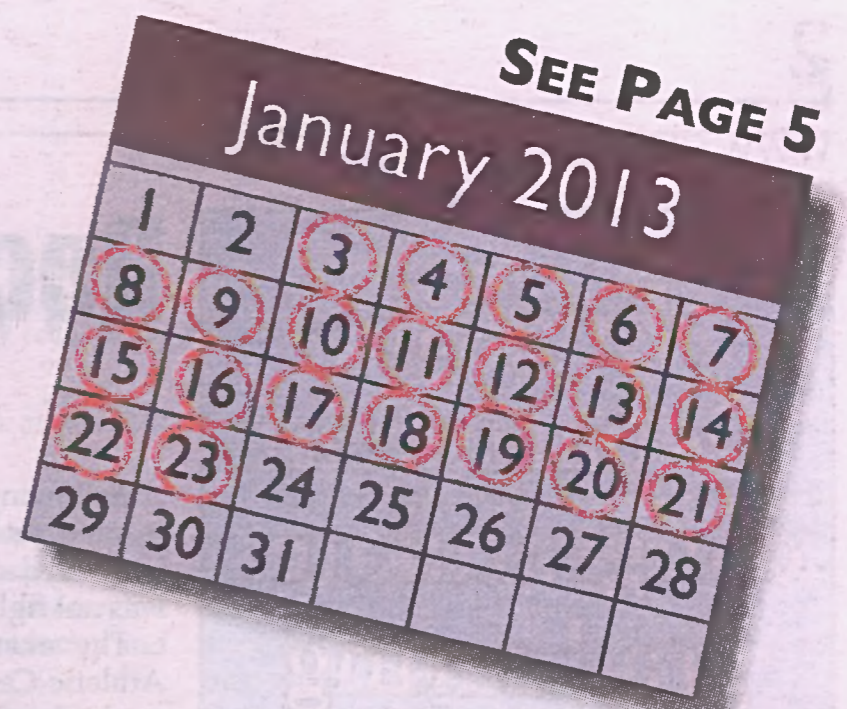
# Mark your calendars...

VOLUME 98, ISSUE 24 // APRIL 20, 2012

# THE GUILFORDIAN

GUILFORD COLLEGE // WWW.GUILFORDIAN.COM // GREENSBORO, NC

## ...J-Term has arrived!



## Volunteering at Glen Haven, enriching many communities



Aung Thein happily opens the door to the Glen Haven Multicultural After-School Tutoring Program. Students from Guilford and UNCG go after school to tutor, be strong role models, and provide positive influences on children from refugee families.

REBECCA GIBIAN/GUILFORDIAN

### FEATURES

#### TUTOR AND BE TUTORED: STUDENTS LEARN THE VALUE OF POSITIVITY AND EDUCATION

By Charlotte Cloyd  
STAFF WRITER

A room full of excitedly screaming children, snippets of conversation in several languages besides English, and constantly overwhelmed volunteers and tutors. Welcome to Glen Haven after-school tutoring.

Every school day from 2:30 to 5:30 p.m., Guilford College and University of North Carolina at Greensboro (UNCG) students tutor children at the Glen Haven community center. The children all live at the Glen Haven apartment and housing complex, and almost all of the families living there are refugees and immigrants. The families' nationalities range from Burmese, Nepali and Bhutanese to Vietnamese, Liberian and Latin American.

Glen Haven community center is an official AmeriCorps site with one full-time AmeriCorps worker, one part time worker and one student intern: Guilford senior Adrienne Sibrizzi.

The center was started in 2003, when Guilford students began tutoring in an empty apartment at the Glen Haven housing complex with the help of Mary-Ann Bush, who had been independently tutoring refugee children. Guilford students have been instrumental in sustaining the services offered by Glen Haven to the families and children.

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### The Guilfordian 24/7



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Pride's Drag Ball  
promises fun for all

By Ellen Nicholas

### WORLD & NATION

## Autism linked to obesity in mothers

### NEW STUDY SUGGESTS OBESITY IN PREGNANT MOTHERS INCREASES RISK OF AUTISM IN KIDS

By Ali Krantzler  
STAFF WRITER

The U.S. Centers for Disease Control and Prevention published a study on April 9 showing obese mothers have a greater risk of giving birth to a baby with autism.

While there is limited knowledge about autism, researchers have concluded that women who are obese face greater health concerns and may suffer a greater risk for their child to carry the

developmental disorder.

First, it is important to understand what these terms mean. A person who is obese has too much body fat according to PubMed Health. The determining factor of obesity is related to a person's Body Mass Index.

BMI is measured using a person's height and weight to determine his or her body fat. Defined by the U.S. Department of Health and Human Services, the four different BMI categories are: underweight

(less than 18.5), normal weight (18.5-24.9), overweight (25-29.9) and obesity (30+).

According to the National Institute of Neurological Disorders and Stroke, "autism covers a range of complex neurodevelopment disorders, characterized by mental impairments, communication difficulties, and restricted, repetitive and stereotypical patterns of behavior."

Autism typically becomes apparent within the child's first three years of life.

So, what is the connection between mothers who are obese and children who have autism?

According to Associate

Professor and Chair of Biology Melanie Lee-Brown, it may be physiological. Obesity affects a person's body on many levels, and Brown pointed out that obese women also have a higher risk of giving birth to large babies.

"These factors together put a tremendous strain on the woman's body, and could lead to problems with gas exchange and nutrient/waste exchange between the mother and the child," said Brown. "In turn, these problems could lead to developmental anomalies by influencing gene structure

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