Question, answer session with author Lee Woodruff

BY SYDNEY HAWKINS STAFF WRITER

Troubled times have struck author and "CBS This Morning" contributor Lee Woodruff's family more than once. Together, diagnosis that their daughter was deaf, and a husband who suffered from a traumatic brain injury while reporting in Iraq.

Woodruff visited Guilford's campus on Wed., Feb. 13 at 7:30 p.m. in Dana Auditorium to discuss her debut novel, "Those We Love Most," and inspire young writers at Guilford.

process of writing — including bizarre subjects - become worth it?

A: That question will differ a little bit for everyone else. If you had a trust fund and could write whatever you want, that would be awesome, but you might be unmotivated.

Sometimes you need "just pay the Woodruffs have dealt with the bills" jobs. As long as I could the loss of an unborn child, the feed my passion and do the things I wanted to do, I would find ways to enjoy it anyway. There's even an artful way to write about the appeal of kitty litter.

> Q: For anyone with friends going through tough trials, what do you think would be the best approach to help

A: Find out what they need Q: At what point does the done and just do it. Don't ask what they need. Be there without being intrusive, and try to empathize, not sympathize.

Q: What was the best advice anyone ever gave you through the troubles with your family?

A: Don't go day-to-day. Go hour-by-hour on the worst days.

Q: How have these struggles shaped your faith?

A: It's made me believe in the fact that miracles do happen, although they aren't always the things cloaked in white and with angels. Miracles come in all shapes and sizes.

Q: What are your goals for the rest of your career and Write about anything; simply the family life?

the moment as much as I can. you, but don't keep on if it's just Laugh a lot.

for young writers at Guilford? your writing — and own a hard

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Lee Woodruff, author

A: Write as often as you can. act of writing is practice. Keep A: Stay healthy. Try to live in a journal when the spirit moves something you feel you "should" do. Read as much as you can — Q: What advice do you have reading only helps strengthen

copy of a thesaurus, and when you are bored, open it up and find new words, and let the words inspire you. Always set your work down and pick it up again and keep editing, tightening and revising. But then when you feel like it's close to done, be done

