

**Don't Forget:
Registration
is coming
soon!**

**Online registration begins at
10:30 p.m. on the date specified**

CCE

Sunday, Nov. 9

Traditional

Senior:

(current earned credits: 88 or greater)

Sunday, Nov. 9

Junior:

(current earned credits: 56-87)

Tuesday, Nov. 11

Sophomore:

(current earned credits: 24-55)

Thursday, Nov. 13

First-Year:

(current earned credits: less than 24)

Sunday, Nov. 16

**ALL HOLDS
must be cleared**

BEFORE

you can register!

To check your holds,

log on to

BannerWeb

**BY AIPERI IUSUPOVA
STAFF WRITER**

As October rolls around each year, shades of pink begin to fill the air. Some members of the Greensboro community go downtown to Center City Park to hang pink ribbons in memory of those whose lives were affected by breast cancer in commemoration of National Breast Cancer Awareness Month.

Breast cancer touches lives every year. The American Cancer Society estimates that in 2014, there were more than 295,240 new cases of breast cancer in the United States and 1.7 million

cases worldwide.

"My aunt was diagnosed with breast cancer around two years ago, and she went through intensive chemotherapy," said junior Michelle Perine. "I know it was hard for her, having two children and being young. But I am proud to say that she has survived cancer, although she is not the only one."

All individuals, regardless of gender, can be affected by breast cancer. Studies show that breast cells and tissue of either gender may turn into tumors, although men are 100 times less susceptible to breast cancer than women. Thus, occurrence of the disease depends more on biological factors than on gender, social or environmental factors.

Clinical researchers who have been treating breast cancer recognize that the behavior of tumors is based on the individual's biological makeup.

"Even with relatively small numbers of tumors, they were able to identify different biologic subtypes of breast cancer, which confirmed what clinicians had long suspected," said Dr. Lisa Carey, associate professor of hematology and oncology at the University of North Carolina in a Medscape expert interview.

A tumor is a lump of abnormal tissue which emerges from the buildup of damaged cells that do not die. The deterioration of normal cells occurs when cell DNA replication goes wrong, causing aggressive tumor growth across the body.

"I am very scared of getting breast cancer because I think it is a hereditary disease,"

said sophomore Seneca Joan Andres. "Both of my grandmothers have passed away because they couldn't fight off tumor cells in their chests. I have been told by my doctors to get mammograms since breast cancer runs in my family history."

According to Breastcancer.org, about 5 to 10 percent of the types of breast cancer are viewed

Breast Cancer Awareness Month: a time for proactivity

as hereditary due to the abnormal genes passed from parent to child.

This is a relatively low percentage of incidences due to genetic history. Rather than worry about what we cannot control, we should educate ourselves about what we can change.

"Not surprisingly, the American diet and lifestyle is a recipe for breast cancer," said Dr. Christine Horner, a leading surgeon and expert in the breast cancer field, in a Natural News interview. "There are specific foods that you can consume like spices, herbs and supplements that have tremendous effect at either slowing down the growth of breast cancer or preventing it in the first place."

Others suggest that one can lower the risk getting breast cancer contraction by engaging in regular physical activity and reducing stress exposure. These preventive measures have additionally been shown to improve overall health of breast cancer patients.

"A couple months ago, I read about a study that showed how 10 - 15 hours per week of any kind of exercise, no matter the intensity of the workout, can help to reduce the risk of breast cancer, I think by 25 percent," said sophomore sports studies and health sciences major Erin Ogden.

Today there are more than 2.5 million breast cancer survivors alive in the United States. Since 2000, breast cancer incidence rates have been decreasing due to increased awareness and improved research.

"I know there is lots of funding put toward raising breast cancer awareness," said sophomore Bonner Scholar Connor Pruitt. "I have volunteered for the annual fundraising event Race for the Cure campaign, and I have observed how people were willing to run more miles only to donate more money for this campaign."

While support and remembrance of breast cancer survivors is growing each year, it is important for us to stay proactive and live a healthy lifestyle. In honor of Breast Cancer Awareness Month, educate yourselves and take preventive measures against this disease.



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The haunting of Dana Auditorium

**BY REESE SETZER
STAFF WRITER**

As October rolls around and the leaves begin to change colors, excitement runs through the brisk air, encouraging people to gather and tell ghost stories. After experiencing a personal encounter with a ghost lurking through the dark halls of Dana Auditorium, I am here to provide my own.

Odds are a majority of the Guilford College community has heard the story of a ghost that haunts Dana Auditorium. For those who have not, there truly is a history behind this ghost story.

The Battle of Guilford Courthouse was a Revolutionary War battle fought on March 15, 1781. The battle resulted in a British victory, and many soldiers from both sides were wounded and killed.

"According to Mary Hobb's recollections, there were between 125 and 150 casualties during that skirmish," said Friends Center Director Max Carter. "We know that there were scores and scores of (soldiers) killed and wounded in those battles."

One of these lost lives was a soldier named Lucas, who is said to have died in a hospital that once stood where Dana Auditorium now stands.

Lucas visits Dana on a random schedule, making

stops on the second floor landing, the Moon Room, the choir room and the Dana Auditorium.

As far as we know, Lucas is by no means malicious but is known to protect the auditorium.

He communicates through playing the piano, walking through hallways, messing with door locks and making knocking noises.

Frank Massey, IPP gifts discernment coordinator, has had personal interactions with Lucas in his previous office.

"Lucas likes to hang out particularly on the second-floor landing in Dana," said Massey. "Either early in the mornings when I had an appointment or later at night when I was leaving I would have a chat with him."

Public Safety Officer David Gauldin told me of an incident a public safety officer once had on the second-floor landing.

"There was one occasion where a (P-Safe) officer was in the upstairs doorway going into the stairwell," said Gauldin. "The door was being forced shut, and when he finally flung it open, no one was behind the door."

Lucas is not the only spirit that roams the halls of Dana, however.

The spirits of two little girls have revealed themselves to students on multiple occasions in the darkness of night. One of the spirits tends

to be seen out on the stairs of Dana at night. The other is known to make her presence on the auditorium stage.

Whenever they are spotted, spectators have noted that they are dressed in all white with dark hair. Both spirits are known to be much more malevolent than their ghostly counterpart Lucas.

On a recent October evening, Ben Winstead, Corey Gordy and I ventured through Dana Auditorium. We decided to ask aloud if any ghost were there with us. We called out to Lucas first and waited for a response.

Nothing. We then proceeded to ask if any other spirits were there with us, hopeful that we could get a response.

Each of us heard two distinct knocks.

"I was skeptical before

In this case, seeing may just be believing."

