

Epicurean Update

by Caroline Swope

Surprise, surprise...it's Food Committee time again! For those of you who have probably wondered if the committee ever gets anything done, here's what's been accomplished by us in the past few months.

1. Salad bar improvement. (Yes, I know, we still have more room for improvement, but we're working!)
2. Brunch instead of sit-down one Sunday a month. (Update on this, we are working to have brunch every Sunday.)
3. Remember those surveys you filled out at SGA before Thanksgiving? Well, the final results have been compiled and given to Wayne. Look for a change in the soft drinks soon, Gingerale or Mr. Pibb should be added in the next few weeks. The bad news is that after all the hours spent compiling the results, the supplier of ice cream has added half a dozen or so new flavors. Among them are blueberry cheesecake, butter almond, butter brickle, lemon, peanut butter ripple, and pineapple sherbet. Let us know if you would like to see any of these flavors.

The labels for the ice cream machine are up; however, someone has already stolen some of the name tags. Please, don't steal the tags. They are meant to help us, and if they continue to be stolen then the flavors will no longer be labeled and we'll have to go back to guessing again.

For those of you who kept asking for a frozen yogurt machine, here is the information. We wrote to a company call "Sure - Service Inc." The machines start at \$5,499 and go up in price to \$12,756. Unless anyone had about six thousand dollars they would be willing to part with, we aren't getting a frozen yogurt machine anytime soon.

Well, that's about all for this time. Our committee meetings are starting up again and should be every other Wednesday at 6:30 p.m., starting February 7. The place hasn't been decided upon, but it will most likely be either in the Clewell Church St. lobby or the Refectory. Let us know if you have any suggestions!

Exploring New Worlds

by Kerry Stovall

Several Salem students, including Amanda Jones, Nancy Jeanrenaud, and Heidi Weilbaeher ventured abroad last fall semester 1989.

Amanda Jones, a junior, lived in Aix-en-Provence a small town in southern France 20 miles northeast of Marseille. There, Amanda attended classes through the Institute for American Universities. Amanda was able to explore small medieval towns in France as well as journey to Paris on a four day field trip. Feeling that she gained independence living alone in a foreign country, Amanda suggests to other students, "no matter what your major is, I encourage you to study abroad because it is such a terrific learning experience."

Nancy Jeanrenaud, a junior at Salem, spent her semester in Valencia, Spain which is approximately ten miles from the Mediterranean Sea. In Valencia Nancy attended Spanish-speaking classes through the American Institute Program and lived with a family of three. The family with whom she lived introduced Nancy to Spanish food including paella, Spanish tortillas, and Valencia oranges. During her stay in Spain

Nancy was able to take a ferry to the white beaches of Mallorca as well as travel to Barcelona and Madrid. Nancy found her adventure abroad to be an enriching experience and would like to return to Spain one day.

Heidi Weilbaeher, a junior, resided in Stuttgart, Germany where she boarded with a family. There, she attended the Anglo-German Institute through the Delfin Program. Heidi's travels through Europe included a family visit to Nurnberg and trips to Paris, Heidelberg, Munich, West and East Berlin. By having classes with students of many different nationalities, Heidi claims that she became knowledgeable about the European culture and established many new friendships. Heidi remarked, "in comparison to conservative Europeans who believe in recycling just about anything, Americans appear spoiled."

Having developed insight into a new and different culture, these students claim that their time in Europe proved to be both valuable and exciting. Salem welcomes the return of Amanda, Nancy, and Heidi from abroad.

January Term: Gaining Valuable Experience

by Ginny Crable

It seems that this year at Salem College students spent their January terms in more exotic places and doing more interesting and exciting internships and independent studies. I have interviewed a representative from each class to illustrate how each of them spent their January term.

Kerry Stovall, a senior music and Arts Management major at Salem, spent her January Term in New York City as an intern at Sotheby's auction house. Sotheby's auctions everything from antique furniture and jewelry, to European porcelain to costumes of celebrities such as Marilyn Monroe, Elton John and the Beatles. Kerry worked in the Chinese Art Department. She traveled to auctions as well as to weekly tours of the Metropolitan Museum. Kerry enjoyed working with Chinese art because she knew nothing about it before her internship. Kerry now is able to determine the age of a piece of art and estimate its approximate value. She also enjoyed the fast pace of the city and the diversity of the people.

Jane Fisher, a freshman, spent her January Term in Costa Rica with Dr. Randall and eight other Salem women. The group backpacked through the country for 23 days. They rented a van and traveled to four of the country's national parks. They stayed in tents and cooked all their food. They ate a lot of rice and beans and seafood. In the day they would hike into the parks by foot; they hiked through tropical rainforests and up to the volcanoes. Jane admitted that the trip was very strenuous, but very rewarding. "I was very impressed with the Costa Ricans (Ticos); they were kind and loving and very proud of their country," said Jane. The group was required to keep a daily journal and write a term paper.

Sally Sheppard, a French/French Management major, did her January Internship at La Broche, a small French restaurant in Virginia Beach. Sally interned as an assistant chef. She was responsible for nouvelle cuisine garnishes. She was able to design all her own dishes as well as to cook for the dinner menu. Sally used chopped beets, parsley, and

assorted vegetables as her garnishes. Additionally, she used cut outs and cookie cutters to create her designs. She was also responsible for the daily vegetable and the homemade garlic bread and butter. Sally was also allowed to cook for the dinner menu; the chef would often show Sally how to prepare the dish once and then she was on her own. Sally prepared dishes such as: Lobster Thermidor, Veal Marsala, Chateaubriand, Paella, Coquilles St. Jacques and Heart of Palm Salad. She also created her own stuffed chicken dish which sold very well. She was required to keep a daily journal and write a paper. However, she considered her daily work to be demanding and high pressure. "I wasn't just there to observe; I was on the line- they really depended on me." Sally had access to all the supplies and had the freedom to be innovative in her creations.

Gaither Smoot, a sophomore English and communications major, spent her January term in Sun Valley, Idaho, doing an internship at KECH radio station. Through her internship Gaither learned all the aspects of the radio industry including the retail, production and broadcast aspects. Gaither worked from 6 am until 2 pm every day. She edited and helped to write material and create advertisements. Gaither also had her debut on the air. Additionally, Gaither was the cook in a Mexican restaurant where she worked last summer. She also skied, ice skated and went to her first ice hockey game. Gaither also drove a 1972 Ford Bronco in the snow to deliver donuts to elderly people.

Kim Lynch, a senior sociology major, did her January internship at Athens Tutorial in Athens, Georgia. Athens Tutorial is a learning center designed especially for underprivileged children. The children arrived at 2:30, right after school, and stayed until 6 pm. They bring their homework and are tutored in all subjects. Kim helped coordinate the volunteer program at the tutorial. She recruited volunteers and paired the volunteers with the students. Kim also worked on preparing daily bulletin boards. Additionally, she coordinated and planned the party for the center's book drive sponsored by a local bookstore in Athens.