



Freshman Girls Begin Cooking

In the unit on cooking and learning to use recipes, the freshman home economics girls cooked breakfast foods. Each class has arranged to have one lesson in cooking each week.

Each time before cooking, the girls study the recipes that they are going to use and make a schedule of what they are going to do.

Here are the recipes that they used in cooking. The quantity is sufficient for three people.

OATMEAL

- 1/2 cup oatmeal
- 1/8 teaspoon salt
- 2 cups water
- 1 tablespoon raisins

Place the water and salt in top of double boiler. When water is boiling rapidly, add the oatmeal and stir constantly. Cook for five minutes over direct heat; add raisins. Then reheat; add raisins. Then replace over rapidly boiling water and continue to cook until oatmeal is thick.

COCOA

- 3 tablespoons cocoa
- 3 tablespoons sugar
- 1/2 cup water
- 2 1/2 cups milk

Mix cocoa and sugar together in top of double boiler, add 1/2 cup water and stir until all lumps are removed. Cook about three minutes and add to the milk which has been heated, but not boiled.

HomeEc III Attend Demonstration

Third year home economic class attended a demonstration of General Electric household equipment sponsored by J. G. Daniel's Company. The demonstration consisted chiefly of the equipment available for a G. E. kitchen.

In her complete demonstration of kitchen equipment Miss Dayle, demonstrator for the General Electric company, included automatic washer and damp dryer, freezer locker, refrigerator, stove, sink with an automatic garbage disposal, different types of irons and ironers.

Dress Construction Wins Award

Barbara Farmer, Mildred Finch, and Deotha Glover attained the title of "top seamstressess," in the sophomore fashion show. The dresses were graded on construction, appearance, and fit.

After comparing the cost of the garments that they had made, the sophomores estimated the cost to be about one third that of a ready-made dress.

"As a whole," Miss Sarah Cox, home economics teacher, remarks, "all the dresses were good. I also think that the button hole attachment is a great aid."

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