

The Teen-ager Speaks New School Buildings Needed In N.C.

So many good ideas are suggested from month to month by readers of this column or information is gained from other sources, that I'm sharing the counsel of one reader this month. When we work out or learn a brand new way of doing something easier, better, and cheaper, we like to give the information to others. Here's an opportunity to pass these good discoveries to the readers of this column.

Hints on complexion care have been suggested as a needed discussion.

GOOD COMPLEXION

The very foundations of a good complexion are health, a balanced diet, rest, and cleanliness, these and other points on complexion care are entirely up to the individual.

Winter winds aren't easy on the skin, but if we give our face gentle care, we won't mind facing these winds at all. Great worry results from bad complexion. Blemishes appear! What can we do?

SKIN CARE

The pores of our skin are clogged or they are sluggish. The truth is most complexions can be cleared up at home. Too many rich foods aren't good for the complexion. If we leave these off, all we have to do in most cases is use soap, cleansing cream, a skin lotion, and a night cream daily, and we will find our complexion glowing and looking really clean.

Of the fifty million dollars state aid for buildings made available in 1949 for use in constructing buildings, \$41 million had been spent as of Sept. 7, 1951. It is estimated by the State Board of Ed-

ucation that at least another \$40 million has been spent by local administrations for school buildings. In spite of this vast building program, in many localities schools are critically crowded.

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