

Various Projects Chosen By Home Economics Students

What color will match this rug? How long should I cook this meat? Wonder if this skirt will fit?

These are questions girls in the Home Economics department have been asking because they are now engaging in home projects to help them recognize and think through the problems young couples face in establishing a home.

Delores Frick has chosen planning meals at her home because her mother is away and her father has a stomach condition that requires specially prepared foods.

Girls interested in clothing construction of summer wardrobes are Johnnie Russell, Jo Stallings, Shirley Eudy, and Carolyn Gaddy. Glenda Tenery and Aveline Morton have chosen home furnishings as their projects, respectively. Susie Swarngen's project is child development, so she does baby-sitting to help carry out her project.

Other projects to choose from are room arrangement, home care of the sick, laundry techniques, and the selection, use, and care of equipment.

Each girl is required to take one of the projects and carry it out to the best of her ability. She must work at least 25 hours on this project, keeping careful records of her plans.

Students Enjoy Guidance Lessons

Guidance programs for this month have been presented in the senior class by several citizens of Albemarle. Mrs. E. P. Brunson delivered a talk on "Choosing a Mate." Seniors thoroughly enjoyed this and also "Dating Problems," a question and answer discussion given by Mrs. J. L. Cashwell. On March 4, Rev. Ben Moore continued along the same line in speaking of some of the problems faced by marriages today. All of these were taken from the guidance booklet, "Looking Ahead to Marriage."

Juniors are discussing "Understanding Yourself," which deals with personality problems and improving character. "Choosing a Career" has proved well-suited to the sophomores. In connection with this, they have taken interest tests to find in what field of work they would be most likely to succeed. "Discovering Your Real Interests" is the guidance booklet for the month in the freshman class. This is a discussion on linking use of spare time on profitable things with possible future vocations.

Superstitions

(Continued from Page One)

you. (They haven't come up with a way to tell what they are saying yet). And almost anyone will tell you that cold chills mean that someone is walking across your grave (or if you're still alive, it means someone is walking across the spot where your grave is to be). Now there's a cheery thought, isn't it? If you shiver and shake all the time, it's a sure sign you're going to be buried in a busy spot.

How many times in your life have you sneezed? And how many times has someone said "God bless you" or "Gesundheit" when you did? Do you know when you sneeze? Well, there's a very simple reason for it. You sneeze to let a spirit out of your body and people say "God bless you" to turn the spirit into a good spirit.

Now, here's one we dug up that the teachers will just love. We found out that walnuts are good for brain diseases. If this applies to lack of brains also, I'm sure that the teachers won't object at all if their students eat walnuts in class.

A common symbol of good luck is the horse shoe, but we ran into some dubious people on this belief. But we've solved their problem now. They've just been hanging their horse shoes up wrong. It must be hung over the door with the prongs up (if the prongs are down the good luck falls out). It must be fastened with three nails, and these nails must be nailed with three blows of the hammer. (Seems like an awful lot of trouble just for a little good luck, but then you never can tell when a little good luck will come in handy, can you?)

If you're one of these people who leaves a house by crawling out the window, you'd better stop right now, or some terrible bad luck will catch up with you. (And if you go around crawling into houses by the window, the police will probably catch up with you.) How many of these superstitions do you believe in? Just how superstitious are you? Or are you one of these people who are "pooh-pooh" things like this. Take me, for instance. Now, I'm not (as you've probably already guessed) the least bit superstitious. "Look out! Don't let that black cat walk in front of me!"

Limburger cheese gets its name from the town of Limbourg, Belgium.

Music Ensembles In Great Demand

Mr. Fry's music groups are in great demand all over Albemarle and they have been hard at work trying to fill all the invitations.

The Boys' quartet is especially popular. They have sung at the First Presbyterian church, the First Baptist church, and at Main Street Methodist church. They also sang for the Jim Harris Bible class of the First Presbyterian church.

The second period Ninth Grade chorus sang for ladies' night, held by the men's class of First Presbyterian church.

Recently the Mixed chorus has sung at Main Street Methodist church, and plans to sing at many of the other churches in the city. Invitations have been sent by many of these churches and it is believed that the chorus will sing at almost every church before the end of the year.

Preparations for the contest to be held at Boyden high in Salisbury are under way, with special rehearsals. The combined Ninth Grade choirs will also take part in this contest.

Future Teachers Discuss Projects

Members of the Mary Gullidge club, Future Teachers of America, held their first meeting on February 26.

The program was presented by Bernice Roscoe, Patsy Wilhelm, and Jimmy Griffin, who discussed the characteristics of a good teacher, taken from the club pledge. The points considered were physical vitality, mental vigor, moral discrimination, wholesome personality, helpfulness, knowledge, and leadership, all of which can improve those who are interested in the teaching profession.

Plans are being made for several of the members to do substitute teaching as their project for the month.

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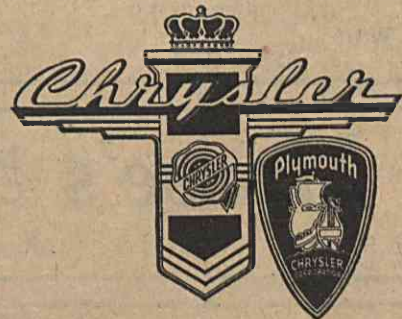
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