## The Twig

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Needless to say, we all enjoyed the Fair and the Fair holiday.

Stunt night, that night we all so thoroughly enjoy, is almost here. It is time to www.starte thinkings about your orlass. "Astrotical right now. Of course, we all want ours to be tain respect, whatever my own condition in best," let's all try to make ours that "best."

The time for the fall meeting of the N. C. Collegiate Press Association is already near at hand. It meets this year with the N. C. ('. W., at Greensboro. Extensive preparations are already being made, and it is hoped that the best meeting ever, lies just in front of us. Programs will no doubt be sent out at an early date. It is the plan of The Twig staff to place before the Association at this meeting, a request for admittance into the Association. The Acorn is already a member, but this is the first opportunity given us to make a plea for membership, since, at the last convention, at Davidson, last April, The Twig was not then in existence. We are quite sure that our request will be granted and we hope that we will derive much of benefit and interest for our subscribers by our linking up with other N. C. college papers.

We hear much about the "Four Square" girl now and definite plans are being worked out to develop the four sides of the college girl's life and we all are striving to attain this ideal. Most of us are prone to feel that the chief aim of our college career is our intellectual training — the acquiring  $\mathbf{of}$ knowledge or the training of our minds. To I think these relationships are exemplified on Blue Ridge.

tant, but we must admit that its value is no circumstances "reward" a boy's courtesy dependent to a certain extent on the body to me by granting him a liberty, however inand the care it is given. There must be a sistent he was, or whatever unpopularity it healthy body in order to have a healthy mind. | might cost me. I should prefer to be the To be the best students we must be strong, both mentally and physically. Physical training is an essential factor in our education of today. Yet if we regard even the physical culture we have as "physical torture" and continue to say, "Oh, I hate to take gym," or "No, I haven't time to play basket-ball or tennis," what can physical training do for us? We need some healthful diversion in order to meet the have, but because it is better for men not to heavy strain upon our nervous system. All of us waste enough time during the day, which could be put to advantage, if spent in playing tennis or basket-ball. A doctor said: "Athletics and out of door activities are a tonic and a safety valve."

Athletics promote the betterment of school spirit as well as the physical welfare of students. If the girls in each class would support their team through the friendly rivalry and competition of these class teams, a wholesome college spirit would be created. Athletics should occupy a prominent place in the life of our college and it is hoped that every girl will give the Athletic Association her active support.

## INTERESTING MESSAGE DELIVERED TO GIRLS

and see the entry combination) rome page 100 comments.

the best, but since only one can be "the life, without criticism, for those women who through life, and for good reasons of their own, remain voluntarily unattached. I should not feel myself under necessity of marriage. I should rather remain unmarried than be married to the wrong man, even if it did give me the privilege of a Mrs. in front of my name. I should regard a man who practiced the double standard of morality as the wrong man for me. I should marry, if at all, for love. But I should take care not to violate eugenics, for I believe in the future. should not marry a man to reform him, nor should I reform him in order to marry him. I should be no man's doll, but his comrade or nothing.

> If I danced at all, it would be only at private dances, properly chaperoned, and where the music, steps and costuming suggested only beauty and poetry, health and recreation, and which added no sorrow thereto. I should use cosmetics only when they were an obvious improvement on nature. I should not lament in any respect the way nature had made me, whether with Titian hair, or sun-kissed coun-

be sure this is important, and very impor- the Blue Ridge working staff. I would under ideal of Venus de Milo rather than the Venus de Medici. I should try to remember that "when woman pursues, man flees; and when woman flees, man pursues." These same womanly standards I should uphold in relation to other girls, and try to influence them to do likewise.

> I should not smoke. Not because I haven't the same right to smoke as men, because I smoke, as a matter of economy and efficiency. My speech should eliminate the questionable either in profanity or in vulgarity. My physique I should treat with respect, as becomes the temple of the living God. I should use dress as an expression of my personality.

I should want the best education my parents could give me or that I myself could earn, in case they could not afford to give me any. I should not want to ask my parents for money after I had finished my education. I should as soon think of stealing as cheating in any fashion on examination to get credit. I should try to find the thing I could do best in the world, and do that thing, and I should look to my education to assist me in discovering my talent. I should choose to do that thing wherever the need of that thing seemed. to be greatest. I should always help my par/ ents in any way I could to the limit of my ability without contradicting the preceding purposes. I should try to find "sermons in stones, books in running brooks, and good in everything." I am sure I should be by nature a Martha, but I hope by grace a Mary. I should want to be first, a Christian; I should be a denominationalist second, but a sectarian not at all. If I became a missionary, I should carry the good news that God loves all His children, not the bad news that he damns all those who never heard of Him, which, I think, is contrary to both reason and revelation. I should try to live as a Christian, not primarily to save my own soul after my death, but to help save the lives of others and my own before death.

I should never cease to be grateful for the privilege of being a woman, and especially in these days of woman's emancipation from all improper restrictions. I should co-operate in all work making for better citizenship, and I should try to assist in the preparation of woman for the duties and responsibilities of citizenship. I should stand for eliminating the conditions of life that impoverish true womanhood and beautiful childhood. And all tenance, or both. In my relations to men, I these things I am sure I should just as little should stand always for the modest rather accomplish as even the least effective of any than the dubious, and when in doubt I one of this company. But as a part of my exwouldn't. I should stand for spiritual wo- perience, if I had been born a girl, I should manliness rather than the material feminine. certainly want to be a Martha Washington at