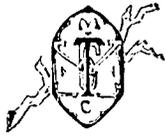


The Twig

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EDITORIALS

Although we came to college with the intention of improving our natural capacities some of us—and in fact nearly all of us forgot that our minds and bodies need exercise and relaxation. All of us work hard at something from morn till night but I am sure that none of us have our thoughts concentrated on our textbooks all of the time. The few minutes before meals or the afternoon hours could be used very beneficially by taking either a brisk walk or by playing several sets of tennis.

We fully realize the limited space with which we must content ourselves in our athletics, but the idle courts that one can see at various times during the day do not argue the need for very extensive enlargements even if the longed-for place could be secured. It is up to the student-body to take every possible advantage of the material at hand and create a strong sentiment and actual demand for a high standard of athletics, a plenty of room for good out-door courts, as well as for the much-dreamed-of new gymnasium. But, unless we begin planning for them now the enthusiasm will be short-lived when the college is really moved to the new site, and the students will settle into the same rut of indifference and pretended interest in studies alone.

The expression, "All work and no play makes Jack a dull boy" has been applied in various ways, twisted around, and played upon in almost every conceivable manner. Yet the original remains very true to the average program of the college girl. Why is

it that we had such surplus energy, a healthy body, and a ravenous appetite not so many ages ago in our high school days? And now, when the lovely spring days come we find ourselves tired, discontented with nearly everything and everybody around the college, and we are never free from a lazy, sleepy feeling which should be spent between ten-thirty and seven-thirty the next morning. No excuse! All work and no play makes any one tired and dull—and if we do not take personal inventories and realize that play is a necessary factor in our daily schedules we must pay heavily later in the years when we will wish in vain for happy and beautiful personalities, keen minds, and strong bodies.

MEREDITH Y. W. C. A. CABINET ATTENDS TRAINING COUNCIL

(Continued from page 1)

The devotions and services of intercession which were led by Miss Heller were both impressive and inspiring, silence and solitude being emphasized.

In addition to these there were the various group meetings of the different officers and chairmen. These proved quite helpful.

Especially interesting and uplifting were the series of talks by Dr. Rondthaler, President of Salem College. His principal theme was "Making use of Christ." Dr. Rondthaler has an unusually striking personality. He speaks in a forceful but quiet dignified manner.

On Sunday night at the Council, Prof. Lindeman of the North Carolina College for Women gave an address on "Christian Internationalism." This was especially interesting and impressive because the speaker pictured true conditions in the stricken countries of Europe as he himself saw them. The great importance of Y. W. C. A. work there and the supreme need of Christian citizenship all over the world was shown.

The hospitality of the Salem girls and faculty as well needs special mention. Everyone was congenial and friendly—this added much to the enjoyment of the time by the visitors.

The colleges represented were Trinity, Greensboro College, N. C. C. W, Salem, Winthrop, Meredith.

The delegates from Meredith were: Elizabeth Kendrick, Pauline Patton, Phyllis Mays, Susie Herring, Louise Bowden, Lela Cobb, Mildred Taylor, Mary Powell, Josey and Burvelle M. Farland.

Testing the fastness of colored cloths, paints, inks, dyes, straw, varnishes, etc., is by means of this apparatus accomplished more efficiently and in much shorter time than the customary method, now in use by manufacturers in giving long sunlight tests to their products before marketing.

REFLECTIONS

I am your college! Make of me what you will—I shall reflect you as clearly as a mirror throws back a candle beam. Will it be that which is high, noble, and good,—or that which causes the humiliating scandal?

If I am pleasing to the eye of the stranger within my realms, such that he will always remember me as a thing of beauty, the credit is yours. While, on the other hand, if I reflect that which is displeasing and wicked,—the discredit is yours.

My daughters are being called to high tasks and mighty privileges by ambition and opportunity, and if they fail, I have failed. But if they say, "She can, who thinks she can,"—and ever strive to reach the next highest step to success, there can be no failures.

My strength is in those who are with me now, preparing for lives of usefulness and service, far and near. Those who in my darkest hours are still loyal to me, those who seeing me in need, sympathize, and lend a helping hand; those who, in my success, rejoice with me, always accepting the higher ideals with which I inspire them.

Many lives are representing me throughout the land—how about yours—is the reflection a clear, pure, lofty one?

I am more than wood and stone and brick—more even than flesh and blood—I am the compounded soul of all who call me "Alma Mater"—I am your college.

HELEN PLYBON.

CHARMING SENIOR PARTY

On Sunday morning, April 2, at eight o'clock, Misses Hart, Gibson, and Matthews entertained the members of the Senior class, at a charming breakfast party, given at "The Man-in-the-Moon Inn." A delicious menu was served, consisting of strawberries and bananas, pork chops, rice, toast, and coffee with unwhipped cream. This was one of the most enjoyable Senior parties given this year, and each girl went away voicing to her hostesses that she had had the "best time ever."

Thanks to Mr. Grogan we will have a new tennis court finished this week, so get your rackets re-strung and be ready to use them. Sarah Nooc will gladly advise you as to where you can have it done the quickest and for the most reasonable price. Buy a "sunshade" and take advantage of every spare minute in hiking, practicing for the finals, and at the same time get real pleasure in being out of doors.

A light that is faster and better than sunlight is needed in the routine testing of materials for their resistance to its destructive action. The sunlight method is so slow as to defeat its own purpose in the control of factory products or the examination of incoming materials.