

# KULTURE KORNER

By BARBE WHITE

For those of you who are always on the look-out for new and varied experiences in the food world let me suggest a possible menu for Christmas dinner that is international in scope.

- Oyster Soup (New Zealand)
- Avocado and Pineapple Salad (Cuba)
- Umintas, or Baked Corn (Bolivia)
- Mixed Vegetable Curry (India)
- Yellow Rice (Union of South Africa)
- Loh Pai Kwut, or Sweet-Sour Pork Cubes (China)
- Beschuit Met Bessensap, or Biscuit with Currant Sauce (the Netherlands)
- Flan, or Caramel Custard (the Philippines)
- Christmas Stollen (Czechoslovakia)

I have all these recipes if you are interested, and I would be most happy to give you a copy (223 Faircloth). Here is the recipe for the Christmas Stollen from Czechoslovakia.

- 3 cups milk
- 1 cup sugar
- 1 teaspoon salt
- 2 compressed yeast cakes
- About 8 cups flour
- 4 eggs, beaten
- 1 cup melted shortening (mix butter and lard)
- 1/2 lb. unblanched almonds, chopped
- 1/2 lb. raisins
- 1/2 cup citron
- 1/2 teaspoon nutmeg

## EXCERPTS FROM CHAPEL

(Continued from page three)

"Where can I find a woman with the training and preparation to fill the job the world needs today? I don't know, for as far as training and preparation are concerned, there are quick and dead-end jobs available and the lure of early, romantic marriage that capture much of the ability and talent needed in the world." — Mrs. Susan B. Riley (quoted by Dr. Carlyle Campbell)

"It's a great thing to be alive, young, and facing life. Jesus, as

Scald milk, add sugar and salt. Cool until lukewarm. Add yeast and 2 cups flour. Beat well; let rise until light. Add beaten eggs, shortening, almonds, and the rest of the ingredients, including remainder of flour. Knead until light and fluffy. Work down once, let rise again, toss on board, divide into 4 parts. Make into long flat loaves; sprinkle each with sugar and cinnamon mixture (1/3 cup sugar and 1 teaspoon cinnamon). Press down, roll into long, narrow loaves. Place in loaf pans or on cookie sheets. Brush top with butter. Let rise until double in size and bake at 350° F. for 30 to 35 minutes. When done brush with powdered-sugar frosting.

*Folkways in Foods*

a young man, faced temptation and combated it, for Jesus had knowledge of superior power.

"Sixty years ago, life was relatively simple. A vast majority of the population were farmers who worked hard to make a living. The sons followed their fathers in this occupation. Girls married and became homemakers because few other occupations were open to them. Now, employed hordes of people run vast industries.

"Today, the specter of war hangs over us on a scale unthought of two decades ago. Few people have any hope for civilization. However, there is one thing you may always be certain of. There will be a future. Young people will find greater discoveries and control of natural resources. There will be greater health service and more effective ways of promoting better human relations.

"So you ask, 'How can I fit in?' There will be Christian homes to make and children to be reared. There will be the right relationships to establish in churches and schools. There will be important work to do in the office or laboratory. Whatever you do, put yourself on the right side of life, and do your best in that position." — Dr. L. E. M. Freeman, Former Head of Religion Department, Meredith College

## SCIENCE FELLOWSHIPS

(Continued from page one)

awarded for graduate study in the biological, engineering, mathematical, medical, and physical sciences. These fellowships are limited to citizens of the United States.

More than five hundred Fellows will be selected for a year of graduate study. Selections are made solely on the basis of ability. The majority of the awards will go to graduate students seeking masters or doctors degrees in science, although a limited number of awards will be made to post-doctoral applicants.

Graduating college seniors in the sciences who desire to enter graduate school are encouraged to apply for the awards.

The three-part rating system for pre-doctoral Fellows will consist of test scores of scientific aptitude and achievement, academic records, and recommendations regarding each individual's merit.

The stipends for pre-doctoral Fellows range from \$1,400 to \$1,800. In addition, tuition and certain required fees will be paid by the Foundation. Limited allowances will be provided for dependents and for travel to a Fellow's graduate institution. The tenure of a fellowship is for one year and can be arranged to begin at any time after June 1, 1953, but must not normally be later than the beginning of the academic year at the institution of the Fellow's choice.

Applications for the current National Science Foundation fellowship awards may be obtained from the Fellowship Office, National Research Council, Washington 25, D. C., which is assisting the Foundation in the screening and evaluation of fellowship applicants. Completed applications must be returned by January 5, 1953. Applicants for pre-doctoral fellowships will be required to take certain parts of the Graduate Record Examination which will be administered at selected centers in the United States on January 30-31, 1953. Applicants will be rated by Fellowship Boards established by the National Academy of Sciences — National Research Council. Final selection of Fellows will be made by the National Science Foundation.

# Betty Lou Bunn Receives Prizes, Awards, Scholarship For 4-H Work

By KIRKSEY SINK

The freshmen are making themselves known at Meredith. Betty Lou Bunn from Goldsboro has certainly placed herself in the limelight and on the map for her achievements in 4-H Club work. On November 30, she was presented three awards—County Citizenship Medal, Achievement Medal, and Leadership Medal for her club activities in Wayne County. This is unusual in itself, for there is normally a different winner for each award. Betty Lou has the singular honor of having copped them all. The presentation was made in Goldsboro at the annual County 4-H Achievement Program. Various prizes were also given her at the program for her work.

Eight years a member of the local club, and a past president, she says that the club is her main interest. Through this work she has cleared over \$6,000, something rare for a college freshman. Her projects have included sewing, canning, cooking, and raising poultry. The main project, however, was her work with frozen foods, for which she won national recognition in Chicago and a \$300

scholarship. In this project, she froze over 600 pounds of meat and 400 pounds of vegetables, to say nothing of 500 biscuits, pies, and cakes — even down to onions. Last summer while in Chicago, Betty Lou appeared on television.

Awarded a life-time membership in the 4-H Club, Betty Lou is well on her way to a successful career — one which Meredith will be watching with interested eyes.



Betty Lou Bunn

## CHRISTMAS CONCERT

(Continued from page one)

Glory to God in the Highest:

*Hodie Christus Natus*

Est ..... Sweetlinck

arr. Tillinghast

The Holy Night:

*Stille Nacht!*

*Heilige Nacht!* ..... Gruber

arr. Manney

Soloists in the concert are Shelley Millican, Carolyn Brady, Dorothy Brigman, Mary Chalk, and Mary Singh.

For the past two years the chorus has presented "Ceremony of Carols" by Benjamin Britten as part of its program. This year, however, the chorus will omit this selection.

## EIGHT WEEKS AND A COLLEGE DEGREE

Students go to college 14 days out of every year, according to the *Southeastern*, at Southeastern State College, Okla. Here's how the paper figures it:

Out of 365 days a student sleeps away a third of this — eight hours a day. This leaves 243 days. Then there are 52 Sundays. Take at least half an hour per day off for lunch and three months for summer vacation. This leaves 91 days.

Now subtract 52 Saturdays, a couple of weeks for Christmas vacation; throw in spring vacation and the Thanksgiving weekend. We're left with two weeks of school each year.

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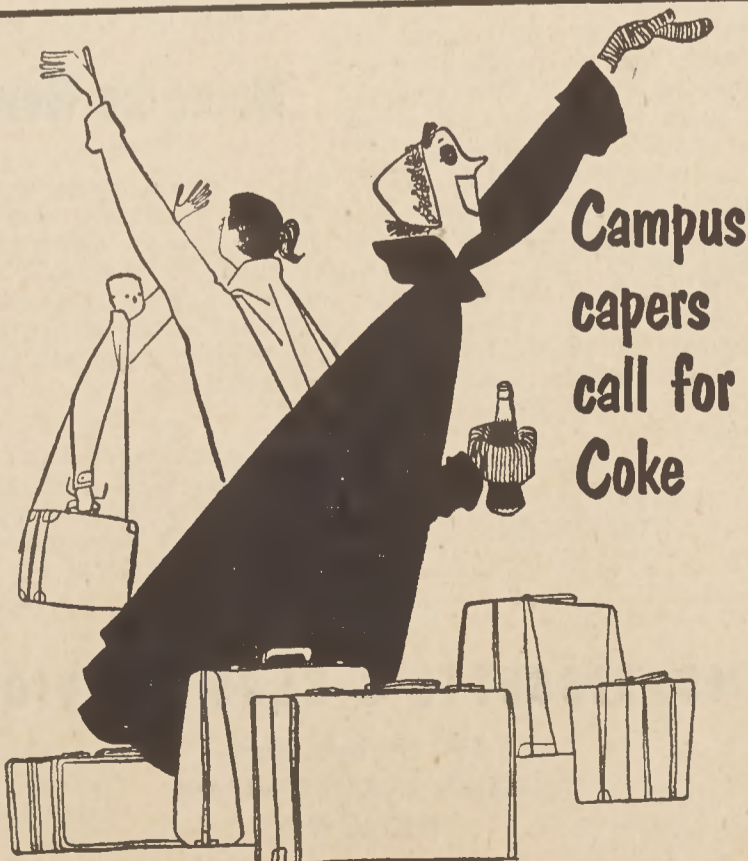
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Campus capers call for Coke

There's fun-filled confusion when the campus empties into cars, trains and planes as Christmas holidays begin. Heading for good times? Pause for a Coke and go refreshed.



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