

Tennis Team falls to St. Mary's

The Meredith Tennis Team fell to St. Mary's here at Meredith on Tuesday, September 19th. The following results show the players and their scores:

Leigh Welborn, St. Mary's, 6:1, 6:0. Sally Houston, St. Mary's 6:1, 4:6, 6:4. Dell Hooper, St. Mary's, 6:3, 6:3. Lee Britt, St. Mary's, 6:1, 6:0. Alisa Robertson, St. Mary's 6:1, 6:2. Carol Muse, St. Mary's 6:0, 6:0.

In doubles play, the

following scores resulted against St. Mary's.

Leigh Welborn and Carol Muse, St. Mary's, 8:5. Dell Hooper and Anne Edwards, Meredith 8:6. Lee Britt and Susan Foster, Meredith 8:0.

The final score was Meredith 2 - St. Mary's 7.

The team's second match of the week was played against Atlantic Christian College in Wilson, N.C. Here, Meredith was victorious with a final score of Meredith 6 and

ACC 3.

In singles play: Sally Houston, Meredith, 3:6, 6:3, 6:4; Alisa Robertson, ACC 6:3, 6:3; Dell Hooper, Meredith, 6:4, 6:2; Lee Britt, Meredith, 6:1, 6:3; Carol Muse, Meredith, 6:1, 6:3; Anne Edwards, Meredith, 6:3, 6:0.

In doubles play: Dell Hooper and Carol Muse, ACC, 8:5; Susan Foster and Lee Britt, ACC 8:4; Chewning and Cuthbertson, Meredith 8:4.



1978-79 Tennis Team

Meredith plays Methodist

The Meredith Volleyball Team played their opening game against Methodist College where they were defeated with a score of 0-15, 0-15, 10-15.

Coach Marie Chamblee explained the loss, mostly by Meredith's new offense. Because the team is running a 6-2 offense, some of the team members were confused. Disadvantaged by good spiking opponents, it took the Angels until the third game to

really get the team blocking sufficiently. Coach Chamblee commented that the team will work on the new offense and that the score was somewhat deceitful. Meredith actually made a better show that the results illustrate.

The main players were Martha Mitchell, Faye Bryant, Gina Claude, Kathy Wright, Becky Ammons, Kay Pollock, Judy Andrews, and Ginny Vaca. Special recognition was given to

Becky Ammons for an outstanding performance. Coach Chamblee said, "Becky has never played better." Congratulations, Becky!

The Volleyball Team's first home game is on Tuesday, October 3. Be sure to come out and support Meredith Volleyball as they challenge Chowan and St. Augustine. (Held in Weatherspoon Gymnasium, starting at 6:00 p.m.)

SGA promotes Aerobic Angels

"Thank goodness for SGA and Cindy Bizzell," said an Aerobic Angel. "I used to be a Krispy Kreme addict and a Frosty junkie, but I'm on the road to recovery because I'm losing it at Meredith." Now you may be wondering where I overheard this puzzling remark. Well, it wasn't on "Lost In Space." I heard it right here on the Meredith campus! You see, our dear Student Government Association is offering us an alternative to flab! It's called

"Fitness Emphasis Month."

That's right, the powers-that-be have designated September as "shape up" month for the Meredith community.

How lucky can we get? SGA has already distributed nifty green booklets titled "Aerobic Angels" to every student, in which a weight-date chart is stapled, and a thorough description of the Aerobics program is included. Now you're probably asking, "What is Aerobics?" Well

girls, here it is: "Aerobics refers to a variety of exercises that stimulate heart and lung activity for a sufficient length of time to produce beneficial changes in the body." All you have to do to become an Aerobic Angel is to put on your jogging shoes, or your swimming cap, or even your biking shorts, and follow the instructions in the green booklet.

Besides supplying us with books for our physical fitness, SGA is looking after our emotional and spiritual fitness as well. Great, eh? On Tuesday, Oct. 3, at 7:00 p.m. Ed Mackie will be at Cate Center Auditorium to speak on "Mental and Emotional Fitness in the College Setting." Rod Kerr will speak at the Wednesday, Oct. 4 convocation on the subject, "Spiritual Fitness in the College Setting." and, for the grand finale, SGA is offering Meredith's own Boston Marathon! (Our race is only 2 miles, rather than 20 miles.)

That's right, on Monday, Oct. 9 at 10:00 a.m., there will be a two-mile run around campus!

"Get around twice any way you can and the SGA and MRA will give you your own Proof of Participation T-Shirt!" says Cindy Bizzell.

So get into them sportin' togs and shape-up 'cause AEROBIC ANGELS ARE WHERE IT'S AT!!!

ALL CREATIVE PEOPLE TAKE NOTE!!!

The deadline for submitting works to the ACORN, Meredith's art and literary Magazine, is October 20.

Submit your personal masterpieces soon in the various drops around campus.

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- 1979
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A Representative from The National Center for Paralegal Training's Lawyer's Assistant Program will be on campus on Thursday, Oct. 12 from 9:00 p.m. - 4:30 p.m. at the Placement Office to meet interested students. For more information contact the Placement Office or The National Center for Paralegal Training, 3376 Peachtree Road, NE, Suite 430, Atlanta, Georgia 30326, (404) 266-1060.

North Carolina Symphony Concerts offer student rates

Students will be able to attend North Carolina Symphony concerts in Raleigh this year at substantially reduced rates as a result of a new policy instituted by the Symphony.

On the night of the concerts, any student with an I.D. may purchase a ticket for available seating for \$1, at a savings of up to \$6 per seat. The box office at Memorial Auditorium will open at 7 p.m. each concert night to sell the special "Rush Tickets."

Seats will be available for the first pair of concerts of the season on September 26-27. Eugene Istomin, one of the foremost pianists in the world, will perform Brahms' "Concerto No. 2 in B-flat Major for Piano and Orchestra." John Gosling, artistic director and conductor, will conduct the orchestra.

An exciting season is planned for Raleigh concert goes this year with a full 20-performance series scheduled for Memorial Auditorium. Each of the 10 different concerts will be repeated, and all concerts are at 8 p.m.

The schedule for the remainder of the season is:

Elizabeth Suderburg, soprano, October 12-13; Pinchas Zukerman, violinist, and Eugenia Zukerman, flutist, November 21-22; Roberta Peters, soprano, November 30-December 1; Handel's Messiah, December 19-20; Catherine Tait, violinist, and Henry Mazer, conductor, January 23-24; Zara Nelsova, cellist, February 8-9; Ethel Merman, vocalist, and Eric Knight, conductor, March 13-14; Dizzy Gillespie Jazz Quintet, April 5-6; and Byron Janis, pianist, May 31-June 1.

News Around Campus

Searching for Values
 "Searching for Values" is the topic to be pursued by the personal growth group that will begin meeting October 4th. The group will meet for six weeks in June Tatum's apartment on first Vann.

The main purpose of the growth group is to help its members think about and perhaps establish values on issues they may feel "fuzzy" on.

The first session on October 4 will begin at 9 p.m. Several film clips regarding values will be shown. All interested persons are urged to attend.

Further questions may be directed to the campus minister's office or to Beth Taylor, ext. 204.

Psychology Club
 The Psychology Club will meet Monday, October 2 at 6:00 p.m. in 103 Joyner.

A short business meeting will be held followed by students speaking on the opportunities in the field of psychology.

Refreshments will be served.

The Meredith community has shown much support of the club, and we invite anyone interested in Psychology to come join us.

Study Skills Group
 Do you need help with study skills? Make the most of your time! Learn how to take good notes, read more efficiently, and take tests. Join the study skills improvement workshop led by Dr. Merna Galassi, Jane Tatum, and Joy Jones. The first organizational meeting will be this Monday, September 25 in the Faculty Lounge on the second floor of the Cate Center at 4:00 p.m.

If you are interested and cannot meet at this time, contact Joy Jones, ext. 220.

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