

in Clyde's own words, "We believe that we can and must live in a peaceful and loving way together. We believe in marriage and the sacrament of birth. Our midwives deliver babies using natural childbirth techniques. We share our resources equally. We consider work to be a meditation and an expression of love. We take care of ourselves, we grow most of our food, build our homes and keep our machinery running, take care of medical needs to as great extent as possible. We are vegetarians - you can grow ten times as much vegetable protein as animal protein in the same space."

The folks on "The Farm" shipped beans and potatoes to Honduras after last year's hurricane, have given Irish potatoes to the needy in Kentucky, have twenty carpenters right now in Guatemala, helping to rebuild houses, hospitals, and schools damaged in the earthquake.

There's more to be said, but the Farm people say much of it in the following quote from a little folder they have printed: "We're saying that if you really be friends and love one another and take care of each other, there's enough to go around." The young Genserts experience great spiritual pleasure in being a part of this life. NMH

HURRICANE BELLE came and went and left us with no damage but lots of questions. Our Civil Defense officials recommended that residents of Bogue Banks evacuate the island. Why? Our homes are well built, our section of the island wooded, our elevation above the six foot mean high water mark about which the radio and TV were warning us. After Belle had gone, your editor phoned our PKS Civil Defense to ask. The answers set us thinking. We might well be cut off because of high water toward Salter Path and high wind could force closing of the Atlantic Beach causeway. If you tripped over your pet dog and broke a bone (don't laugh - your editor knew a doctor who did just that and was on crutches as a result) how would you get to medical aid? There is a nurse on our Civil Defense group, but you might need more aid than she could give. And after the storm is over, could you restrain your curiosity and not venture out to see what damage occurred until roads were cleared and there was no danger of live wires? Our Civil Defense is a volunteer group who can recommend but not enforce, but we owe them our cooperation. They, after all, will try to check on the safety of all who insist on staying, and we can increase their work enormously by disregarding their recommendations. If you evacuate, how far should you go? New Bern, where your editor took shelter in Hurricane Ginger is not far enough. The water forces up the river there, and the bridge was closed when Ginger hit. You will have 24 hours warning, so you should try for Raleigh or one of the Piedmont towns a good distance from the coast and the storm surge. And what about your treasured possessions? Those who remain here on duty will do all they can to protect your property, but in a real emergency, your personal safety is worth much more than an antique chair or a favorite painting.

DOTTIE gave us another scare and lots of rain, but she never got close enough to warrant our considering evacuation. The season isn't over yet; the suspense mounts.

MARGARET JONES brought us these hints about jellyfish and stingrays from a bulletin sent her by a Durham physician. First hint: if you see a stingray, change your course. But if you should brush against one when you are floundering and are stung, what should you do? If you can readily remove the sheath from the wound, that will minimize the amount of the toxin absorbed. Wash the wound immediately with large quantities of salt solution. Then submerge the extremity in hot water for one hour. If you get a severe reaction, or if the wound is in the abdomen or thorax, see a doctor immediately. Jellyfish tentacles contain stingers. Contact with the tentacles stimulates the stingers to release a small quantity of toxin into the victim's skin. This may result in a local reaction (pain and/or itching). Wash off tentacles clinging to the skin with alcohol, cover with dry sand, then scrape off after several minutes. Analgesic creams or lotions will usually soothe the area of the sting.

ANTIQUES AND AUTUMN AT THE BEACH - Last year's antiques convention proved successful and fun, so the Bicentennial Commission is serving up another, which will happen at the Whaler Inn again, September 24, 25 and 26...Friday the 24th and Saturday the 25th, the show will be open from 9:00 am. to 12 noon for lectures on antiques, both to dealers and the public. Then, on both of those days, between 1:00 pm. and 5:30 pm., and between 7:30pm. and 10:30 pm., the convention will be open for show and sale. On Sunday, the hours are from 2:00 pm. to 6:30 pm. TEA WILL BE SERVED EACH DAY FROM THREE TO FIVE.