COFFEE PRICES getting you down? We have heard about YAUPON TEA ever since we moved to Bogue Banks. Peggy Mansfield got this recipe for us from Floy Garner of the Carteret County Home Economics Extension service. Right now is a good time to make the tea because you gather leaves, stems, and small twigs before the new growth comes on. Chop them with a small hatchet. Put in a slow oven, 200°, and bake, stirring occasionally until the leaves are dark brown and crumbly. Your tea is now ready to brew. Use 1/2 cup yaupon tea to 4 or 5 cups of boiling water. Simmer 3 to 4 minutes. Strain. You can reuse the tea grounds two or three times. And don't say the Shoreline doesn't have your best interests at heart because yaupon tea is reputed to be good for about any ailment known to man.

RUBY and HENRY MILGROW were invited to both the inauguration of President Carter and of North Carolina's Governor Hunt. We hope they will soon be down here in their Salter Path house to tell us all about both ceremonies. Anyone else in PKS similarly honored? If you were, please let us know. We know we have outstanding people in Pine Knoll Shores, and we enjoy outside recognition of their worth.

RECREATION, and not too far from here - Harry Hall is back from his nineteenth hunting trip to Currituck Sound. Each year a group of eleven (Harry and his friends from West Virginia) go in duck season, to try their luck and skill. They stay in a lodge and go out each day to hunt. That means two men and one guide to a blind. They were there honday, January 3 through Wednesday, January 5. Konday it was so cold that the Sound was frozen so they could only hunt in the fields, but Tuesday and Wednesday they were out in the blinds. They go out to the blinds in rather large boats, each towing a small boat with decoys and equipment. Some of the guides have dogs, and Harry says it is a beautiful sight to see a dog retrieve a bird. Currituck Sound at one time was salt water, but a storm closed an inlet so that the water is now brackish and grass thrives, making it one of the best feeding grounds on the east coast. Harry says there seemed to be more game this year than in any other of the last ten years. He belongs to Ducks Unlimited, an organization which works to develop breeding grounds in Canada so that the flocks will increase. No longer do true sportsmen hunt with the abandon which depletes the flocks. But, says Harry, the tall tales are just as tall as those that fishermen tell about the one that got away. This is companionship, and outdoor sport which brings men back to Currituck Sound year after year.

Living in Pine Knoll Townes are DEE and JOHN QUIGLEY who moved here from Pittsburgh, Pa. John was with U.S.Steel there for thirty-five years working in the research lab. They came here already acquainted with the area because they are friends of Betty and Roy Voris on Oakleaf Drive. It is a long standing friendship because Betty's father was Dee's family doctor. Although the Quigleys looked at lots, they decided they would most enjoy life in a beach condominium. John is an ardent surf fisherman and also enjoys photography. Dee paints and sews, and they both play golf. And when the weather is warmer, they like to ride their bicycles around Pine Knoll Shores. They have a married daughter and one grandson.

Also in Pine Knoll Townes are HEL and DODY WYLIE who come from Edgewood, Pa., a suburb of Pittsburgh. Hel worked with Allegheny Ludlum Steel in their research center. Senior Editor, who was for many years a librarian, was interested to learn that one of the services he directed was their technical information center which includes library service. The Wylies came to Pine Knoll Shores after exploring various retirement sites from Florida to New Jersey. They decided this was the location they liked best, and having friends here, the Quigleys, gave it added charm. Hel and Dody have one daughter and two grandchildren. Both of them are golfers. Dody plays bridge, and Mel is just learning to fish. He paints, primarily in oils, but he is now trying some watercolor.

HIKE THE HOFFMAN TRAIL! It's another world in the woods to the east of the Marine Resources Center, beginning with a wooden bridge that leads to a pine needle covered, red ribbon marked path that takes you first right to the edge of the salt marsh. The knolls for which our town is named are evident on the Hoffman trail; it goes up and down all the way, quite gently, and above you in many spots hangs Spanish moss, and there are millions of pine needles that cling vertically where they have fallen on the many branches of trees, looking much like carefully hung Christmas tinsel... Take the East Pond Overlook trail, and at the pond, stand still for a few minutes. From there you can see the more blue water of the sound, and, reflected in

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