

Lobster Fest 2018

By Terry Smith

The 14th Annual Lobster Fest will take place at St. Francis by the Sea Episcopal Church on Saturday, October 13, from 11:30 a.m. to 3:30 p.m. Though very hard work for the dedicated volunteers, the event is deemed a success year after year. It is essentially a daylong party, and proceeds help fund the ongoing ministry of St. Francis by the Sea.

Live lobsters are delivered to the church directly from Maine. On-site cooks prepare them for takeout and for meals served at the church. One team of workers spends the day in the back of the refrigerated delivery truck filling orders for live lobsters and keeping the cook team supplied. Another team cracks the claws and cuts the tails to ease the process of eating the lobster. The sanctuary is turned into a dining room where dedicated volunteers serve dine-in and takeout meals.

The lobsters are large, approximately 1½ lbs. each, and are exceptionally good. A complete lobster dinner, including potato salad, coleslaw and homemade dessert, is \$25. Add a cooked lobster to an eat-in dinner or take cooked lobsters home for \$21 each. If you are feeling more adventuresome, you can get live lobsters for \$19 each and cook them at home.

The best way to ensure you will get one is to purchase tickets in advance by October 5—and it is risky not to purchase tickets in advance since we sell out every year. If you are picking up takeout orders, it is best to arrive before 3 p.m. Special delivery is available upon request for orders of 10 or more.

You may get tickets from a parishioner or by calling the church office (240-2388) or Linda Davies (354-5859). Those who bought tickets in the past will receive order forms in the mail.

Credit cards (Discover, Mastercard or Visa) will be accepted by phone (no voicemail orders, please) or in person at the church, Monday-Friday, 10 a.m. to 3 p.m. Check with the church office at 240-2388 to be sure someone is available to take your order before coming to purchase tickets. St. Francis by the Sea is located at 920 Salter Path Road in Salter Path.



From left, Meg Bradford, Robin Smith, Libba Shelton, Romaine Riddle, Ellen Sage, Linda Seale and Trish Randall serve lobster dinners.

Accepting New Patients for Endocrinology and Thyroid Ultrasounds

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Ian Orozco, M.D.

Medical School: Case Western Reserve University; Cleveland, OH

Residency & Fellowship Trained: UNC-Chapel Hill

Specialties: Endocrinology and diabetes with particular interest in thyroid disease, parathyroid disease, thyroid cancer, and endocrine tumors.



Clinical Trial and Research Team

He is Board Certified in Endocrinology, Diabetes, and Metabolism.

Dr. Orozco is a Fellow of the American Association of Clinical Endocrinologists as well as a member of the American Thyroid Association. Dr. Orozco is one of the select physicians in the nation who holds ECNU (Endocrine Certification in Neck Ultrasound). For your convenience, he is offering thyroid ultrasounds on-site, and is accepting new patients and self-referrals!

Clinical Trial and Research Team

Together with Dr. Mary Katherine Lawrence and Sabrina Boyte, PA-C they provide expert endocrinology care as well as participating in clinical trials and research in fields of Type 1 & Type 2 diabetes, low testosterone, anemia, high cholesterol, and diabetic kidney disease.

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