Why I Don't Want to Buy Life Insurance



Presented by Greg Patterson

If you're like most people, it's not that you don't appreciate the value of life insurance. In fact, many people believe they need more coverage. However, thinking about buying life insurance, talking about buying life insurance, discussing the reasons for buying life insurance—all of this makes many people feel uncomfortable.

Here are just some of the reasons why you may be putting off buying the life insurance you know you need. As you read below, try to identify what, if anything, is holding you back.

I don't have enough time. You'll get around to buying life insurance, but not today. With all the things you have to do, buying life insurance can come off as a low priority. Plus, the whole idea of discussing life insurance isn't a whole lot of fun. Nonetheless, buying life insurance is really an important task that should be addressed. Life insurance can help ensure that your family will have enough money to meet their financial obligations in the event of your death.

The subject is boring and morbid. If you really don't like to think about death, you're not alone. Some people say that the very thought of starting the life insurance buying process makes them feel stressed out. It's a subject we would rather ignore than address.

It doesn't have to be that way. People who do act on their life insurance needs tend to focus on the positive aspects: the idea of meeting their responsibilities to provide for, and care for, their loved ones. They think of it as contingency planning, protecting their families against the uncertainties of life. They also recognize that life insurance is really about life and love, so that if they die prematurely their spouse and children are ensured a positive quality of life.

I don't know where to start. If you don't have a clue about which type of policy is right for you, or how much life insurance you need, join the club. Few of us truly understand life insurance—why we need it, what type of policy is best, how much we need, when and how benefits are paid, how benefits may be taxed, and more.

Thinking you need to have all of the answers about which type of life insurance is best for you is sort of like needing surgery and thinking you need to know which type of scalpel to use. That's the surgeon's job. In the same respect, the right insurance or financial professional can answer your questions and guide you through the process of selecting the policy that best suits your needs, budget, and objectives.

Life insurance isn't a high priority, compared to the other expenses I have. For many underinsured people, it is not so much that they don't want the life insurance they need; it's just difficult to find the extra dollars to pay for it.

Buying life insurance you can't afford benefits no one. If it causes your family hardship or requires you to make choices that seem incongruous ("Gee kids, I'd love to take you on vacation, but our life insurance premium is due."), you will eventually discontinue the policy. Then you lose, and your family loses.

That's why it is important to purchase a policy that meets your needs and your budget. Fortunately, there are many types of life insurance available. These include term life insurance policies and various types of permanent (cash value) life insurance policies. Term policies provide life insurance protection for a specific period of time. If you die during the coverage period, your beneficiary receives the policy's death benefit. If you live to the end of the term, the policy simply terminates, unless it automatically renews for a new period.

Permanent insurance policies offer protection for your entire life, regardless of future health changes, provided you pay the premium to keep the policy in force. As you pay your premiums, a portion of each payment goes toward building up the policy's cash value, which may be accessed through loans or withdrawals. (Keep in

mind, though, that loans and withdrawals will reduce the cash value and the death benefit, and could cause the policy to lapse, which may result in a tax liability if the policy terminates before the death of the insured). The cash value continues to grow—tax deferred—as long as the policy is in force.

Several different types of permanent life insurance are available, including whole life insurance, universal life insurance, variable life, and variable universal life.

The bottom line. It is easy to understand why people tend to put off purchasing the life insurance they know they need. But look at it this way: buying life insurance is one way you can help secure your family's financial future. And what could be better than knowing your loved ones will be protected, even if you are no longer around to take care of them? None of us is guaranteed tomorrow, which is why we need to make plans today. Contact a financial professional for an insurance review.

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