

Habitat for Humanity



Bill Keefe, president of Crystal Coast Habitat for Humanity, presents a Bible to Ivana James for use in her new home in Morehead City. The house, built with funds raised last year at the annual Habitat for Humanity Golf Tournament at Bogue Banks Country Club, was dedicated in July and Ms. James and her two children are now settling in. At right is Ted Lindblad, president of Bogue Banks Country Club where the 2004 Habitat Tournament will again be held this November. A goodly number of PKS residents, many of them members of the golf club, worked on construction of the house. Both Keefe and Lindblad live in PKS and urge support of the tournament by their neighbors. The cost of Habitat houses is repaid by the recipients through zero percent mortgages and by participation in construction. Habitat, whose aim is to eliminate sub-standard housing, calls its efforts "A Hand Up, Not a Handout".

What Are Grandparents

(taken from papers written by a class of 8-year-olds)

- Grandparents are a lady and a man who have no little children of her own. They like other people's.
- A grandfather is a man grandmother.
- Grandparents don't have to do anything except be there when we come to see them. They are so old they shouldn't play hard or run. It is good if they drive us to the store and have lots of quarters for us.
- When they take us for walks, they slow down past things like pretty leaves and caterpillars.
- They show us and talk to us about the color of the flowers and also Why we shouldn't step on "cracks."
- They don't say, "Hurry up."
- Usually grandmothers are fat, but not too fat to tie your shoes.
- They wear glasses and funny underwear.
- They can take their teeth and gums out.
- Grandparents don't have to be smart.

- They have to answer questions like "why isn't God married?" and "How come dogs chase cats?"
- When they read to us, they don't skip. They don't mind if we ask for the same story over again.
- Everybody should try to have a grandmother, especially if you don't have television, because they are the only grown ups who like to spend time with us.
- They know we should have snack-time before bed-time and they say prayers with us every time, and kiss us even when we've acted bad.

A 6 year old was asked where his grandma lived. "Oh", He said, "She lives at the airport, and when we want her we just go get her. Then when we're done having her visit, we take her back to the airport."

Pass this along to other Grandparents, even though some of you may not be grandparents yet. It will make their day.

Water in Microwave

I was very glad to get this email from a friend, because I have been guilty of heating water in a microwave many times. You'll be glad you read it. I also suggest passing it along to friends and family. "About five days ago, my 26-year-old son decided to have a cup of instant coffee. He took a cup of water and put it in the microwave to heat it up (something that he had done numerous times before). I am not sure how long he set the timer for but he told me he wanted to bring the water to a boil.

When the timer shut the oven off, he removed the cup from the oven. As he looked into the cup he noted that the water was not boiling. Then instantly the water in the cup "blew up" into his face. The cup remained intact until he threw it out of his hand but all the water had flown out into his face due to the build up of energy. His whole face is blistered and he has first and second degree burns to his face, which may leave scarring. He may also have lost partial sight in his left eye.

While at the hospital, the doctor who was attending to him stated that this is a fairly common occurrence and water alone should never be heated in a microwave oven. If water is heated in this manner, something such as a wooden stir stick or a tea bag should be placed in the cup to diffuse the energy.

Here is what a science teacher has to say on the matter: "Thanks for the microwave warning. I have seen this happen before. It is caused by a phenomenon known as super heating. It can occur any time water is heated and will particularly occur if the vessel that the water is heated in is new. What happens is that the water heats faster than the vapor bubbles can form. If the cup is very new then it is unlikely to have small surface scratches inside it that provide a place for the bubbles to form. As the bubbles cannot form and release some of the heat that has built up, the liquid does not boil, and the liquid continues to heat up well past its boiling point. What then usually happens is that the liquid is bumped or jarred, which is just enough of a shock to cause the bubbles to rapidly form and expel the hot liquid. The rapid formation of bubbles is also why a carbonated beverage spews when opened after having been shaken."

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