

The Shoreline

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A Shoreline Community, Pine Knoll Shores, N.C.

November 2011



Frog Call Workshop
See page 31



Left to right: John and Janet Furman, John and Kathy Tilyard, Carl Ragsdale, Mick Casey, Alicia Ragsdale, Barb Casey, John Harper, Frances Harper, Theresa King, Tom King

Virginia Creeper Trail: Jeepers Creepers, We Had Fun!

By Kathy Falandys Tilyard

Virginia's southwest mountains provide some of the most concentrated outdoor opportunities available to hikers and bikers seeking adventure. The Virginia Creeper Trail (VCT) provides the perfect experience, and the town of Damascus is the best base for hiking or biking the VCT. This trail is good for all ages. One of the easier trails delivers spectacular views.

Six couples from Pine Knoll Shores met in Damascus to bike this beautiful rail to recreation trail on the Virginia - North Carolina border. Prior to the trip, we met to go over all of the details, and Kathy Tilyard, the planner, answered all questions. We were more than excited to meet in Damascus to begin our adventure. Plans were to do half of the 34.3 mile trail from the top down to midway the first day and finish the trail bottom up the second day. Since all are tennis players at CCCC, additional plans included playing tennis on the four lighted courts located at The Coomes Recreation Center in Abingdon, a neighboring town, following biking. Restaurants and menus were researched online, and reservations were made at three distinctive restaurants for each evening. Breakfasts were to be prepared in the well-equipped kitchen of the rental house, everyone bringing their favorites.

(Continued on page 3)

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