



Carolinas Center  
for  
JOINT AND SPINE

*Relief for joint & arthritis pain!*

Offering advanced procedures such as:

- Hip Resurfacing
- Minimally Invasive Spine Surgery
- Reverse Total Shoulder
- Mobile Bearing Partial Knee
- Physicians are American Board Certified in Orthopedic Surgery and Fellowship Trained.



**MAKOplasty**

An innovative treatment for hip replacement and hip resurfacing. Carteret General Hospital is one of the first in the Carolinas to utilize a highly advanced, surgeon-controlled robotic arm in partial knee and total hip replacement procedures.



**CARTERET GENERAL HOSPITAL**  
Our Mission Is Your Health  
[www.carteretgeneral.com](http://www.carteretgeneral.com)

**PKA News**

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If you would like to informally get to know your neighbors or connect through the internet, check out the new Facebook page created by Sofia Hein: PKS Community. Think of this as a community bulletin board just like you find in your favorite coffee shop—or a localized “Angie’s List” where you can recommend and locate services. Have something pertaining to PKS that you find interesting or want to share something about your group? Feel free to post it on the PKS Community page. Contact Sofia Hein at [coislandgirl@mindspring.com](mailto:coislandgirl@mindspring.com) with any questions.



Left to right: Don Hathaway, Shannon Smylie, Paul Pylko, Carol Letchner, John Clarke and Amry Cox take a snack and laugh break while cleaning up Ocean Park for Memorial Day weekend.—Photos by Robert Cox



Left to right: Susan Phillips, John Clarke, Tom Atz, Don Hathaway, Craig Letchner, Jim Yankauskus, Rich Donaghue, Amry Cox, Dick Belanger and Shannon Smylie (on top of the pile) came out for a pre-season workday at Brock Basin.