

# PKA News

By Amry Cox

It has been six months since the initial *Shoreline* article outlining some of the plans to celebrate 50 years of the Pine Knoll Association (PKA). Here I will give an update and review our plans. First, a big thank you is extended to Laura Allen, Jeni Ault, Yvette Bannen, Lee Dawkins and Sofia Hein, who saw an opportunity to commemorate this landmark for PKA and to find different ways to celebrate our 50-year milestone in a truly golden way.

A draft schedule, starting in May and proceeding month by month through June 2018, is in the works as this goes to press. Folks are finalizing plans, dates, times and events, and the schedule seems to be expanding week by week. All event hosts/leaders will be recognized at their event as well as posted on a thank you list during our annual meetings. The schedule will be published in a future *Shoreline* article; included in the annual mailing to all PKA members; posted to the calendar on the PKA website, at the various parks, on the PKA 50th Facebook page, on the regular PKA Facebook page; and will be email-ready so we can send it out to all PKA members with email addresses on file. It is our goal to distribute the calendar of events in various ways so everyone will have access to the most up-to-date information. If you would like to be added to the email update list, please send a request to PKA50th@gmail.com.

These events are free of charge due to the large pool of talent and volunteerism within our neighborhood and our local area. The first buyers came here because of our combination of a maritime forest protecting both the beach and Bogue Sound. In the decades since we started in 1967, others have joined and brought more families with skills and a wide variety of ideas and interests.

Thinking of Salsa Saturday as a single example of a number of events planned for our year-long 50th celebration, would you think salsa and chips in the park is what it's all about? It will be that—and more. A local dance instructor will have music and provide a free hour of salsa dance instruction, followed by another hour of salsa dancing and music to practice what you have just learned. Already know how to salsa dance? Come by and join the group. Not sure you can dance, or don't have a dance partner? Come by and give it a try; partners are not required and a whole group will be dancing. You might be surprised by smiles and hip swivels at this opportunity to meet some of your neighbors.

Salsa Saturday is the first event to help us literally kick off (or dance into) our year of PKA 50th celebrations. Mark your calendars for May 20 from 2 to 4 p.m.



# Garden Club

By Clare Winslow

On February 8 members of the Pine Knoll Shores Garden Club made a field trip to Redfearn's Nursery in Cedar Point where we learned about succulents. Jessie Redfearn and her son Allan welcomed the group and showed us the nursery's extensive collection of varied succulents, and then Ms. Jessie showed us each variety of plant and provided instructions on how to raise it successfully.



Jessie Redfearn gives Garden Club members tips on succulents.  
—Photo by Clare Winslow

A succulent is a plant whose leaf holds onto water a long time to enable the plant to survive in sunny, dry desert conditions. Among others, varieties include cacti, jade, sedum, portulaca, agave, variegated kalanchoe, euphorbia, diplodemia, aloe vera and even poinsettia. She pointed out the milky texture of euphorbia, and the recognized healing qualities of aloe vera, which can be used externally for the relief of sunburn and rashes, and internally for the relief of stomach disorders. Sedum is very popular in Southern rock gardens, especially hilly ones because succulents need good drainage. They thrive living in soil that includes one part sand and one part potting soil.

Because they hold water for so long, indoor medium-size and small succulents need only one-quarter cup of water every two weeks. All varieties are attractive, and all varieties bloom once they have become root bound. For successful growth, fertilizer and dormant oil are necessary. If you own a succulent, the most important directive is not to overwater. Members brought their own pots or bought one, and were able to plant a purchased succulent with Redfearn's soil mix and decorative stones to take home.

At the brief business meeting that preceded the trip, President Kay Howe reported that she had forwarded a report of the club's activities for the past year to the Garden Club of North Carolina and then welcomed a guest, Jeanne Lemore, the sister of member Jeanette Jenkins.

Martha Edwards again reminded members that the club's Arbor Day ceremony will be held on March 17, when we will honor our departed past president, Carol McVitty. She also announced that all the nominations for officers for the coming year had been completed.

Jean McDanal reminded members that crape myrtle should be pruned and deadheaded, and that at our March 8 meeting Connie Waters will demonstrate how to make shell flowers and bouquets.

The club's meetings are held on the second Wednesday of each month at town hall at 9:30 a.m. for refreshments, followed at 10 by the program. Guests and visitors are always welcome.

## QUALITY CARE FOR INDEPENDENT LIVING

COMPANION & IN-HOME AIDES UP TO 24 HOURS/DAY

- WELLNESS
- LIGHT HOUSEKEEPING
- SHOPPING
- MEAL PREP
- TRANSPORTATION
- Hospice Collaboration



Companion & Home Care

COMPASSION, RESPECT, HOME

(252) 764-9574 • www.companionandhomecare.com  
208 Bogue Inlet Dr, Suite E, Emerald Isle, NC 28594