

Hurricane Good Neighbor Program

By Tom King, CERT Civilian Leader

During a hurricane, some folks leave Pine Knoll Shores and some choose to remain. After the storm passes, the Police Department conducts a survey of the town to determine if there is damage or if any citizens are in need of assistance. If required, the Community Emergency Response Team (CERT) will assist the police in this service.

To give priority to those who have remained, the Hurricane Good Neighbor Program (HGNP) was developed. Those who participate in the HGNP will be given the highest priority in determining whether assistance is required; those who do not participate will be at a higher risk and will have to wait until a random survey of the town is conducted.

If you are remaining in town and desire to participate, 48 hours prior to hurricane landfall (sooner if the 48 hours falls between 10 p.m. and 7 a.m.), please call 646-6506 between 8 a.m. and 8 p.m. to contact a CERT representative. Outside these hours, please leave a voicemail with your name and phone number, and someone will call you back.

The representative who calls you back will ask for the name of the head of the household, household address, the names and ages of those in the household who will remain in town, landline phone number, cell number(s), an off island contact in case of an emergency (name and phone number) and names of anyone in the household with special health considerations (and the nature of those considerations).

After hurricane passage, those participating in the HGNP will be called to determine the status of all in the household. If we are unable to contact you, a team will be assigned to check your residence to determine the status.

The HGNP is designed to get help to those who need it in a more efficient manner than relying on randomly discovering an issue in a search of the town.

If you notify CERT that you will remain in town and have a change of plans, please call the number above to advise CERT that you will be leaving. This will keep a team from unnecessarily checking on your residence.

The Hurricane Good Neighbor Program is *not* an incentive to remain on the island during a hurricane. Remember that in the event of a Category 3 hurricane, all public safety personnel will leave the island and no one from public safety will be available to provide assistance until after their return. *You will be staying on the island at your own risk.*

Thank you for your participation in this important program.

DINING OUT

It's that time again. Summer is here, the beaches are well populated, and the restaurants are crowded, especially for dinner. We welcome our visitors, as they get to enjoy the same Crystal Coast for a short time that we can glory in all the year round. Still, their presence here sometimes requires us to adjust our normal routines, including eating in our local restaurants. And so it is that the summer

is time for some dining ingenuity.

Perhaps while our visitors sleep in on their coastal vacations, it would be a good opportunity for year-round residents to focus their dining out on good places for breakfast with, typically, no crowds, no lines, and no long waits for tables. One such place is the Beaufort Café—a breakfast-only restaurant where “they are up with the chickens.”

Located on Cedar Street in Beaufort, the cafe promises hot coffee and hot breakfast in a way and in a setting that will doubtless remind you of wonderful breakfast out days gone by. No fast food breakfast here, just house-made fixings that will make for a great beginning of your day.

Among the many choices at the Beaufort Café are omelets and platters, pancakes and waffles, and biscuit and breakfast sandwiches. The omelets, made with two eggs and served with hash brown potatoes or grits and toast or a biscuit, are substantial and delicious. Biscuits may be ordered “as is” or grilled. Patrons have the option of traditional cheese, Denver, and Western omelets. But these are not the only possibilities. Especially worthy among the long list on the menu are the Greek, spinach, and steak omelets, but do not ignore the ham and cheese, mushroom and cheese, and veggie versions. These egg creations are priced between \$4.95 and \$7.75.

The breakfast platters are centered on the patron's choice of egg preparation, uniting the eggs with traditional breakfast meats and, of course, hash browns or grits and toast or a biscuit. The Red Eye, for example, includes three eggs prepared in your style choice, a pancake, and ham, bacon, or sausage patties. The Farm House delivers pork chops, two eggs in your style, and the standard additions. And the All American brings two eggs in your style, together with steak and the usual sides. Choices, hard choices, for a hearty breakfast. The platters cost between \$5.25 and \$8.25.

What would an old-time breakfast menu be without pancakes and waffles, or even French toast? The menu at the Beaufort Café not only features buttermilk pancakes but also old-fashioned wheat cakes. The pancakes may be had plain or with the customary toppings, including blueberries or strawberries. If patrons have a taste for French toast the way mom or grandma (and on occasion their male counterparts) may well have prepared it—right down to the powdered sugar dusted on top—this, too, is the place for them. These are delightful prospects for those who would prefer other than eggs for breakfast. Pancake, waffle, and French toast plates are priced from \$4.95 to \$6.75.

The biscuit and breakfast sandwiches, made fresh daily, will also tempt patrons. Biscuits may be ordered in the old way—as an open-faced sandwich smothered in southern-style gravy. Several combinations of breakfast meats and eggs may also be placed inside a biscuit or between two slices of sandwich bread. One innovative sandwich on the menu is a Breakfast Gyro, which unites two eggs, onions, peppers, tomatoes and black olives in a pita pocket for a Mediterranean touch. The biscuit options range in cost from \$1.75 to \$2.95, while the sandwiches are priced between \$3.25 and \$5.95.

Special note should be taken of the a la carte choices on the menu. They include oatmeal, country ham, smoked sausage and corned beef hash—sweet memories of those golden days of yesteryear.

The Beaufort Café is located at 817 Cedar Street on the corner of Live Oak Street and Highway 70. It serves breakfast only, opening seven days a week from 6:30 a.m. to 12:30 p.m. weekdays, and from 6:30 a.m. to 1 p.m. on weekends. The restaurant's phone number is 728-4400.

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