

BRUCE ROBERTSON



LINCOLN ROBERTSON

Brothers Honored For 40-Yr. Records

Bruce and Lincoln Robertson, well-known brothers at the Sheeting Mill, completed 40-year records of continuous service on the same day. They have worked near each other for the entire 40 years and for the past 23 years have worked together as warp hangers in the Sheeting Mill Weave Room.

The brothers were honored in informal ceremonies at the mill on their anniversary date. Each was presented the Fieldcrest 40-year service emblem and a letter of commendation from President Harold W. Whitcomb.

Both of the Mr. Robertsons were born in Stokes County and were employed on

the same day, Feb. 16, 1926, at the old Nantucket Mill at Spray. Bruce started as a tie-in helper and Lincoln began as a trimmer in the Cloth Room.

Bruce continued as a tie-in helper when the sheeting operations were consolidated at Draper in 1937. He became a warp hanger in 1942 and continues to work in that classification.

Lincoln, who was working in the Slashing Department when the operations were consolidated in 1937, continued to work as a slasher operator at Draper until 1943. Since 1943, the two brothers have worked together as warp hangers on the first shift.

Work And Health

Older Workers And Heart Disease

By DR. A. D. GULLETT
Medical Director, Fieldcrest Mills

The older worker, usually classified as 45 years of age or over, presently makes up about one-third of the labor force. The U. S. Department of Labor predicts that by 1970 there will be 33.5 million workers over 45 years old.

Many of these have valuable skills and mature judgment from years of experience; as such, they represent a valuable resource that must be conserved.

It is known that the concerns of this group are primarily job security, health maintenance, and economic security after retirement.

Unfortunately, the chronic or degenerative diseases begin to increase in incidence and prevalence during these years. All too frequently these diseases defeat the best plans for job security and security after retirement.

Heart disease, for example, is one of the degenerative or chronic diseases. The term "heart disease" actually applies to a number of different illnesses that affect the circulatory system—the heart and blood vessels. The more exact

term is cardiovascular diseases—cardio (heart) and vascular (blood vessel).

The circulatory system is a complicated mechanism, and the heart itself is the strongest, toughest muscle in the body. Yet, in people over 45 years of age it frequently breaks down.

When any part of the circulatory system is impaired, a part of the body does not receive the blood supply it needs and thus is damaged. The damage may occur in the heart itself, in the brain, lungs, kidneys, skin or the limbs.

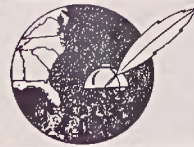
These diseases are by no means always fatal, but they cause more than half of all deaths in the U. S. every year! So many are affected by just one of these diseases, arterial atherosclerosis, that it has been called "the epidemic of the 20th Century."

Great improvements have been made in the treatment and control of some of these diseases. Because of research, medical advances, and application of methods of prevention, thousands are living today who 10 or 20 years ago would not have survived their illnesses.

With proper medical care, most people

THE MILL WHISTLE

Copyright, 1966, Fieldcrest Mills, Inc.
Spray, N. C.
Issued Every Other Monday For Employees
and Friends of Fieldcrest Mills, Inc.



OTIS MARLOWE
EDITOR

Member, South Atlantic
Council Of Industrial
Editors

Vol. XXIV Mon., Feb. 21, 1966, No. 16



SERVICE ANNIVERSARIES

Forty-Five Years	
Rossie M. Carter	Muscogee
Forty Years	
Bruce B. Robertson	Sheeting
W. Lincoln Robertson	Sheeting
Thirty Years	
Mary D. Spangler	Sheeting
Dewey M. Medford	Blanket
Icielee H. Tucker	Muscogee
Olney Davis Petty	Fieldcrest Sales
Twenty-Five Years	
Carson Slaughter	Sheet Finishing
William C. Trollinger	Blanket
Twenty Years	
Cecil E. Gunn	Finishing
Rosa O. Richardson	Muscogee
Raymond W. Hamlin	Specials
Ira L. Litaker	Karastan
Landis G. Powell	Blanket
Jesse G. Smith	Karastan
Jesse Quesell Scott	Blanket
Richard C. Tanner	Research & Quality Control
Charlie P. Harper	Muscogee
Starling Allen	Karastan
Snoda C. Craddock	Sheet Finish.
Homer C. Vernon	Bedspread
Jesse L. Adams	Karastan
Mazzie P. Land	Bedspread
Fifteen Years	
Thelma V. Storey	Muscogee
Marvin C. Wilson	Blanket
Audrey S. Ingram	Karastan
Ola A. Callahan	Sheeting
Ten Years	
Philip Hairston	Bleachery
Doris E. Carrington	Finishing
Melvin M. Smith	Finishing
Margaret E. Smith	Karastan Spin.
Robert Thompson	Karastan
Joseph E. Brammer	Towel
Raymond I. DeHart	Finishing
Sanford J. Curry	Finishing
Iris H. Hudgins	Product Develop.

with cardiovascular ailments can work and live useful lives. Some of these ailments, rheumatic fever for example, can be prevented!

To make the best use of modern medical knowledge about heart diseases, it is important to visit your family doctor regularly for a physical check-up.

If you think you have any symptoms of a heart ailment, don't try to diagnose the condition yourself—see your physician. If all is well, he will relieve you of your worries. If something is wrong, the earlier it is detected, the better.

THE MILL WHISTLE