Pension Plan Offers Several Options

(This is the second in a series of articles answering questions most commonly asked concerning the hourly pension plan. Today's feature discusses the four choices you have in the way the pension is to be paid to you.)

Q. I'm a male employee approaching retirement age. I've heard that if I die soon after retirement that my wife will not receive any pension payments after my death. Is this true?

A. It depends on how you choose to receive your pension. If you prefer to receive the highest monthly payment possible during your own lifetime, you would choose what is called the Life Annuity Plan. Under this arrangement you would receive the highest monthly pension but the payments would cease with your death.

However, the Life Annuity is just one of the four choices you have in the way you receive your pension. If you choose either of the other three, the payments will continue after your death.

Under the 10-Year Guarantee Plan, you will receive a pension as long as you live, with the added safeguard that, should you die within 10 years of retirement, a person designated by you (anyone you choose or your estate) will receive the same amount each month for the remainder of the 10-year period. In other words, 10 years of payments are guaranteed to you or your beneficiary. But, if you live longer than 10 years the same monthly pension will continue as long as you live and will cease at your death.

The third plan is called the Joint and Survivor—100 Percent Plan. If you choose it, you will receive a pension as long as you live and after your death it will continue to your wife as long as she lives. She will receive the same amount of pension that is paid to you.

There is still another plan under which payments will continue after your death. It is called Joint and Survivor—50 Percent Plan. Under this arrangement, you receive a monthly pension as long as you live and, if your wife outlives you, she will receive half of your pension amount as long as she lives.

Keep in mind that the amount of your monthly pension is reduced in the later three choices from what it would be under the Life Annuity Plan. The highest monthly payment other than the life annuity would be the 10-Year Guarantee Plan.

The next highest would be the Joint and Survivor—50 Percent Plan, and the lowest monthly payments would be the Joint and Survivor—100 Percent Plan, where the same pension is paid on both your lifetime and that of your wife.

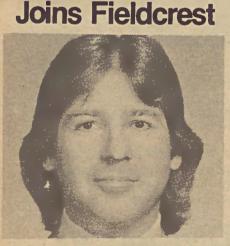
Your own individual and family circumstances would determine which is the best way for you to receive your pension. Factors to be considered would be your financial

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Columbus Store Event Unique

(Continued From Page One) who is herself an experienced interior designer.

Through the use of a unique lucitewalled room setting, which contains four different room settings, Ms. Bernard can discuss and show graphically a number of different room designs. The flexibility of the set allows for the demonstration of a room decorated in one or a combination of the Halston patterns. Ms. Bernard's discussion is



CECIL RAKES

Cecil G. Rakes has joined Fieldcrest Mills as a senior mill accountant at the Laurelcrest plants.

He attended Virginia schools, earning his AA in business management at Virginia Western, BBA in business administration at Roanoke College and master's degree in business economics from Radford College.

Prior to joining Fieldcrest, he had cost accounting experience with General Electric in Salem, Va., where he enrolled in the company sponsored financial management program, and J. P. Stevens, Inc. in Rocky Mount, Va.

He is the son of Mrs. Nannie E. Rakes of Martinsville, Va.

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liberally spiced with practical and inexpensive do-it-yourself decorating ideas, a continuing source of interest to consumers. The almost 300 people who attended the seminar also learned about making decorative accessories from sheets, such as folding screens, headboards, picture frames, window shades, tablecloths and lampshades.

Press pickup of the event was excellent. A front-page article on the seminar appeared in the Modern Living section of the Columbus Ledger February 8, and the Channel 3 Roselle television talk show featured a 15-minute interview in which Ms. Bernard discussed some of her most popular decorating projects. "Based on the success of and

"Based on the success of and community interest in the event, we look forward to presenting several events yearly at the Columbus Store", Ms. Bernard said.

Hand Injuries

(Continued from Page One)

struck by flying or falling objects accounted for 22 lost-time accidents in 1976.

"Injuries from these causes, in most cases, do not result in any prolonged disability or permanent partial disability," Mr. Baggett said. "However, they are painful types

"However, they are painful types of injuries and extra caution could result in the elimination of most accidents from these causes."

Only seventeen disabling injuries occurred as a result of strains and sprains during 1976. These are the types of injuries which often result in extended periods of disability due to the long healing period caused by the worker's continued inability to perform heavy tasks of lifting, moving, bending or stooping, according to Mr. Baggett.

"The employee when moving and handling materials should exercise

Service Anniversaries

Forty Years

William L. Grubb.....N.C. Finishing Thirty-Five Years

	o n com o
Lucille W. Trantham .	Alexander
John William Ward	. Blanket Finishing
Grady L. Lanning	N.C. Finishing
Reynold R. Austin	N.C. Finishing

Thirty Years Ethel S. Few

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Posie	J.	Joyce	.						•	•			•				•		•	Karastan	

Twenty-Five Years

David R.	Barr	Columbus
James T.	Roach	Fieldale
James E.	Aplin	Swift

Twenty Years

Richard L. Williams .	Columbus
Clara M. Lassetter	Phenix City
Robert C. Wingate	Fieldale
Oscar Lee Fuller	

Fifteen Years

Nyle V. Holland Alexander Mary Lea Land Columbus

Ten Years

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Edward J. Dillard	Draper Sheeting
Eddie Joe Harris	Draper Sheeting
Winnie M. Beauchamp	Phenix City
Edith R. Bryant	Draper Sheeting
Ruby Faye Chrismon	Draper Sheeting
Ben W. Binford, Jr	Karastan Sales
Frances H. Paschal	
Cecil S. Atchley	
Barbara C. Herrin	Fieldale
Annie L. Hartzog	
Ann R. Goodman	Swift
Verna R. Kozee	

caution and not try to lift or move materials beyond his own capacity. He should get help if assistance is needed in moving heavy or awkward objects

objects "If caution is used and the rules of safety and common sense are adhered to, there should be a great improvement in Fieldcrest's overall safety performance in 1977," he said.



WILLIAM GRUBB

William L. Grubb, a continu bleach range operator at N Carolina Finishing Company, been honored by management completion of an outstanding rec of 40 years of continuous service.

Mr. Grubb has received Fieldcrest 40-year service emblem \$40 gift certificate for compare merchandise, and a letter commendation from William Battle, president of Fieldcrest Mi Inc.

Beginning continuous service March 9, 1937, as a washer operato NCF, he became a bleach rai operator in 1956, and a continubleach range assistant operator la that same year. During 1965 and ¹³ he worked as a utility man, becom an open width bleach range opera in July, 1966. He again became continuous bleach range operator, present classification, in 1975.



New Shift Foreman

The promotion of Terry L. Chill from supervisory trainee to st foreman in the Yarn Preparati Department at the Blanket Gree Mill has been announced, effectiv March 1.

Mr. Chilton has been employed the Blanket Greige Mill since 1975 has worked as a card stripper-stuchanger in the Wool Card Department and as spinner, wa hand, and roving hauler in the Spinning Department.

He completed the Fieldcr^t supervisory courses in late 1976 ³⁷ early 1977. Since October, 1976, he³⁷ worked as a supervisory trainee in³⁷ Wool Spinning and Yarn Preparati Departments.