

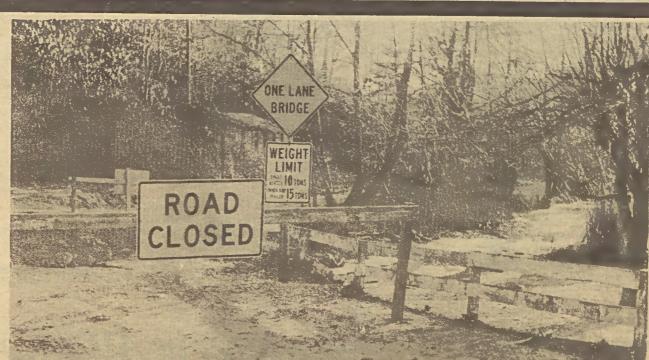
TVA To Investigate **Flood Control**

In a news bulletin from 11th return to this district with District Congressman Lamar Gudger, he said that the **Tennessee Valley Authority** (TVA) Commissioner David Freeman had agreed that a long-range flood control program for Western North Carolina is imperative.

According to Gudger, Freeman said that he should

members of his staff to participate in a study of stream stabilization and flood control early this year.

Gudger also said that after the torrential rains of January 25, he communicated with Freeman to see if the process could be speeded up.



Food Committee Improves Cafeteria

by James Bernard

Can't find the chicken in the chicken salad, don't tell me every now and then someone the meatball sandwich turned has to exercise his finger into class of microbiology. muscles by shredding paper napkins on the floor, or by These and other questions may be bombarding you from doing extra credit for physics class by calculating the your own social sphere of cultural influence. Salvation velocity of a stream of milk at is just over the horizon. The a horizontal trajectory. These things are understandable, I' Food Service Committee, made by the student and for m sure everyone doesn't mind wading through the mess to the student, is in existence for eat. I'm also positive the the betterment and prospertiy of the students. If you have any bad feelings about the quality of food, the service nurse maid to them by cleaning it up. If the cafeteria presented, sanitary conditions, or anything else, you doesn't live up to your stannow have the unquestionable dards, voice them. I'm sure right to voice them. If the the cafeteria doesn't mind service rendered by Howerton Cafeteria does not when you don't live up to their standards. If you have a excell your high standards of legitimate gripe, you'll find an open ear and mind to see if service, let it be known to the Food Committee, but those, in there is any possible way to turn, who don't live up to the correct it. If you don't take the initiative to use the F.S.C., standards of Howerton Cafeteria need not apply. I'm it's the opinion of many that not going to make a critical you don't have the right to analysis of the eating habits of gripe.

some of our more classical students. Now we all know cafeteria staff loves taking the time and effort to become a

Alcoholism On Increase Among College Students

by David Teague

According to surveys taken concerning alcoholism the drinking frequency of young people between ages 21-24 has greatly increased between 1970 and 1978. This does not mean that the people in this category are necessarily alcohol abusers, but it indicates that young people's caution with alcohol has decreased.

The college surveys also indicate that 71-93 percent of college students drink at least occasionally. Moderate-to-

nurse Barbara Massey, heavy drinking can be considered as drinking various numbers of

beers three or four times a week.

Ms. Massey says that the biggest problem with alcohol abusers is getting their attention and concern."Students are not generally worried about becoming alcoholics nor with the long-term effects of heavy drinking,' ' says Ms. Massey, "because they are young and they feel relatively indestructable. Discussions about what they might be feeling in 10 or 20 years are not

alcoholic as a person who has drinking problem. lost control over his or her drinking, resulting in personal, job and family problems. She also said that 1 in 11 drinkers becomes an alcoholic, and she listed 9 ways to tell if a person is an alcoholic:

1) Anyone who must drink in order to function or cope with life has a drinking problem. 2) Anyone who by his or her own personal definition or that of his family and friends, frequently drinks to a state of intoxication has a drinking problem.

4) Anyone who is intoxicated while driving has a drinking problem.

Photo by Ken Lakin

5) Anyone who sustains a bodily injury which requires medical attention as a consequence of an intoxicated state has a drinking problem.

6) Anyone who comes into conflict with the law as a consequence of an intoxicated state has a drinking problem.

7) Anyone who, under the influence of alcohol, does something he vows he would never have done without alcohol has a drinking

heavy drinking is also com- generally meaningful to them.' mon. According to campus

3) Anyone who goes to work Ms Massey defined an or school intoxicated has a

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Flu... Wintertime Blues

by David Teague

A dreadful but accepted part of every winter is the flu season and Montreat-Anderson seems to be right in the middle of that season now. "We're not saying it's an

epidemic,"said campus nurse Barbara Massey, "because we're comparing it to two years ago when half the student body reported to us with the flu." Ms. Massey also said that of 127 students reporting to the Health Center last week, the majority of them were for flu.

Symtoms of the flu include a

cough, sore throat, headaches, body aches and fever.

Ms. Massey urged students to come to the Health Center as soon as they noticed these symptoms so that they could be given medication. "If it is a real case," Ms. Massey said, "also plan on about three days in bed."

Flu has been prevalent in many parts of the country as has another illness. The Red Measles has reached epidemic proportions in many parts of the country and as near Montreat as Buncombe county where school students were

return to school.

Montreat-Anderson has not outbreak yet, but one student has reported to the Health Center with the German measles.

There is not much difmeasles except that the Red Measles makes you much more ill. The German Measles affects you for three or four days whereas the Red Measles affects you for about two weeks.

Symptoms of the measles required to receive in- include red, teary eyes, a

noculations before they could slight cough, sneezing, a lowgrade temperature, and generalized body rash. "The been affected by the measle problem with the measles is before you even get a rash you can have it and give it to other peopl, '' said Ms. Massey. The best thing to do if you have these symptons is to ference in the two types of remain isolated as much as possible."

"Hopefully there is not much chance of the measles reaching Montreat," said Ms. Polly Harris, the other campus nurse, "unless people have brought it in from Black Mountain and it hasn' t developed yet."