

Lou Johnson said that she feels positive about the consulting company. She said, "It will be good if it will increase enrollment and get committed students for the four year program. Because of this change we will need to support this program. It's a good time for the change."

Jeff Battle is an admissions counselor. He has been hired by Dagley to continue his duties in the admissions office. None of the counselors will be directly employed by the college but will be considered employees of the consulting firms. He said that the new quota for admissions counselors had not yet been established but that they seem to be less demanding than the previous ones had been. He complimented the new firm. Yet, he felt that now that he was employed by the consulting firm-- he wasn't sure where his loyalty should be. This is an understandable concern. He said that if the firm did not renew their contract he would still want to work for the best Christian college in the south, M-AC.

Steve Fredrickson is soccer coach and admissions counselor. He has also been hired by the consulting firm in his current capacity. However, he has promised loyalty to Dagley and

Associates. They have asked him to give up coaching in order to devote full time to travel and admissions duties. Hopefully something can be worked out that he might be able to continue as coach next year but until then he is required to give up this responsibility. He said, "They're calling the shots and they are extremely professional. They know what they're doing. However, he said, "I think the best recruiters are our students and I hope that won't change".

All in all, I believe that these folks are going to do a good job at keeping our school full of the quality students that we have now. We should all be interested in seeing other students enjoying the same things that we do here at M-AC. We can help by telling other folks our age about the benefits of M-AC. Stop by the admissions office and encourage the staff or volunteer to help with one of the admissions presentations in your own hometown area. If you don't have time to stop by, try to remember these folks in your prayers as they try to recruit students to the Christian college that we are privileged to attend.

## STROLLING IS GOOD FOR YOU

WILLIAM HU

Many years ago, when Beethoven's general condition of well-being went downhill, his hearing increasingly became worse, and he broke up with his girlfriend, he thought about suicide. Under the double attack of spiritual and physical suffering, Beethoven moved into the suburbs of Vienna. There is a small path to the north of the small town he was living in. Ahead of this one mile path is a beautiful valley. On the way to the valley, the view is radiant and enchanting. Many beautiful flowers and scenic forests; birds singing overhead and the murmuring of a stream can be heard beside the path. The beautiful scenery could make a difference in a person's life. By strolling a mile to that area every day, Beethoven got his welfare back and freed himself from his emotional suffering. The rosy dawn and the setting sun, the drizzle and fine sky, all of these beauties of nature aroused Beethoven's great musical inspiration. Finally, he wrote out the immortal symphonic music-- Symphony No. 6. Because the small path which Beethoven strolled on gave him such inspiration, the path has been called "Beethoven Path."

Dong-Pue Su (Sung Dynasty 960 - 1230 A.D.), a famous Chinese politician and poet, had the same experience which the German musician had. For unjust political reasons, Su, while in his late fifties, was demoted by the central government and sent far away from the capital city to govern a small town. Under political pressure and unjust attacking, Su was gloomy and depressed. Still waiting for sixty to come, Su looked over seventy. Conciously, Su realized he needed to get

rid of his depression. He devised his own way to recover-- strolling under the moon. During the full moon period, Su strolled outside the town and stepped on the top of a mountain; showered in the bright moonlight and listening to the gentle breeze pass by with clear crickets talking. Only half a year later, the beauty of nature remedied his illness and cleared his mind. Later in his lifetime, he did many beneficial things for the people of his town and wrote much exquisite poetry.

Why can strolling not only perfect one's physical condition, but also enlighten one's intellect? Studying shows that. First of all, strolling a mile every day can promote the metabolism of your body's systems and increase your body's ability to resist disease. When we are strolling, obviously, the blood circulation will be faster than normal to provide more blood to our brain, therefore, the brain gets more oxygen and sugar which are the sources of energy for our brain. Thus, our thinking capabilities will be better.

Secondly, we usually choose a good environment to stroll in, such as suburbs, a path way beside a lake or forest. There we breathe fresh air which can promote our thinking capabilities directly. Strolling in a beautiful environment, the pretty view will disperse our tiredness and, we may be carefree and content, relaxed and happy. If we can reach this point, our bodies will produce more acetylcholine. Acetylcholine is a very important factor that our nerve's use to pass on our body's messages from one nerve to another. Producing more acetylcholine, can strengthen our thinking cell's capabilities of analysis, judgement and memories. Therefore, the benefits from strolling could be boundless.

## POLITICAL POOP

KEVIN AUMAN

I am finding myself to be increasingly disturbed by all of this political poop. When I say poop I am referring to the continual battle over issues by the two primary candidates and their parties-- especially their parties. I am so sick of hearing "the Democrats want to do this" or "the Republicans want to do that". People who I have respected for their intelligence really dissapoint me with generalizations like that. I registered to vote with the Democratic party, THAT'S ALL. I am not a "Democrat." If I had registered with the Republican Party I would not be a "Republican." Referring to the members of the Republican or Democratic parties as having one view is ludicrous. When you refer to "Republicans" or "Democrats" you are referring to millions of people.

It sometimes sounds as if there were a group of old men in a secret headquarters somewhere, that sit down and make decisions on every issue and hand down edicts to every one on the "Republican" or "Democratic" list. I

feel left out not having received my instructions. It's usually a "Republican" who tells me how I stand on an issue.

I sincerely feel that the emphasis placed on these two parties has seriously damaged our system of free election. The majority of the people I have spoken to about the coming elections have stated that they don't really like Bush or Dukakis. When asked who they will vote for the reply is usually one of the two because they don't feel they have any other choice.

Sadly, the chances of a candidate being elected without being aligned with either the Republican or Democratic parties is slim. Is this true democracy?

You know, another thing that really gripes me is the continual babbling of the candidates over THEIR view of the issues. Isn't it supposed to be government BY the people FOR the people? If this is the case then the personal opinion of our president should be of no consequence. Our country should not be run on Mike Dukakis's or George Bush's Opinion. Heaven help us if it is.

## ADOPT-A-ROOM?

REBECCA SHATTO

Tired of the same old drab paint, bare walls, or dull pictures in the classrooms? Well, let's do something about it! Renovation is taking place on campus and you can be part of it.

Faculty members are "Adopting-A-Room" to beautify. Some of the rooms will be freshly painted. Others will have posters or prints and even live plants added. They would appreciate your ideas and willingness to help with the transformation. This idea came as a response to an editorial, printed in the Aletheia last school year, concerning the condition of our

classrooms.

This is a campus-wide effort. Even Deans King, Wilson and McDowell have volunteered their time and energy, and the goal was set for Fall Break. The Science Department has made an impressive start with the Biology lecture room. Their personal goal was October 19, 1988, in time for the faculty meeting.

So ask your professors what you can do to help to make our classrooms not only educational and inspirational, but aesthetically pleasing.

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