

# Student Profile: Sailing Through College

By ROSE ANNE O'SHIELDS  
Staff Writer

When Sam Wheeler is racing on the Cavalier he is a jib trimmer, which means that he is in charge of the big sail on the front of the boat which requires constant adjustment.

I asked Sam how he started sailing and he said "I grew up on the beach with a love for all water sports and because my parents brought me up in the local yacht club one of the things I did was sail. My parents bought me a boat and I fell in love with

sailing."

The next question for Sam was, "what do you like about sailing?" He said, "The sheer fact that it is just you and God and your only source of power is the wind which He provides. I look at it like the Christian walk. You try to bridle the wind with the sail of the boat, just as you try to follow God's lead for your life. To me it's very relaxing and serene."

In my interview with Sam I asked him what his favorite sailboat was. Sam replied, "My favorite twelve meter racing boat is stars and stripes which won The America's Cup. The type of boat I race on is a Baltic 64, name is Cavalier'." Sam's favorite sailor overall is Ted Turner, but in light of recent events Dennis Connor is his favorite.

The weather is warming up and for those of you who want to start sailing the best places to go would be Lake

Norman, outside of Charlotte, or Lake Hartwell in Georgia. But boats like Sam sails on that are 64 feet long would not make it in these areas.

For the person who wants to learn to sail there are many schools they can attend. One school that Sam recommends is the Chapman's School of Sailing in Florida. The less expensive route is to take a sailing class form your local Red Cross. For those of you who like to splash a bit in the water but don't want

the blisters on your hands that you get from sailing, you can simply charter a boat. For more information check a sailing magazine.

Lastly Sam told me about some of the excitement in sailing. "One of the most exciting moves in professional sailing is when you and your competitor are sailing to the leeward mark, and he is just slightly ahead on the port side. You tack off to find clear air, and then you pull up ahead a little and you tack back on top of him performing a "slam dunk."

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fees and course-related expenses for books, fees, supplies and equipment. Any other amounts, such as for room, board, travel or incidental expenses, must be reported as income in the year received.

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Photo by Bob Graham

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## Sam Wheeler

### Pizza Express WORD SEARCH

By BOB GRAHAM

Here's a puzzle for you to try. In it you will find 25 words pertaining to grammar. They could be backwards, diagonal, horizontal, vertical and of course just under your nose as a plain old word. To make it more of a challenge we have hidden the names of all four English professors, the author's name is also hidden and the Aletheia's name appears as well. If you are one of the first FIVE people to bring the completed puzzle to **Pizza Express** at the Food Lion Plaza, you will receive a **FREE LARGE PEPPERONI AND CHEESE PIZZA** complements of **Pizza Express** and **The Aletheia**. This contest is open to all **CURRENT M-AC** students and **I.D.** will be required for redemption. **Limit One Winner Per Day.**

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