

Off the Beaten Path

By: Justin Ramb
Staff Writer

Are you bored of sitting in your dorm room on the weekends? Are you tired of those hot and stuffy classrooms? Break away and give Asheville Bicycle Adventures a try. At Asheville Bicycle Adventure (A.B.A.) you can experience the outdoors. There are lots of trails to take in North Carolina. While there, experience perhaps the most beautiful sites in the country. There are thousands of miles of trails that wind through the mountains and valleys, and they are calling Montreat-Anderson students to them.

Richard Dunn and Art Shuster, your tour

guides, are the owners of A.B.A. They are professional cyclists with the combined cycling experience of over 30 years. Mr. Dunn is a former U.S. National Cycling Team Member. In addition to tons of state and regional championships, Dunn was a member of the 1976 Olympic Cycling Team. Mr. Shuster was the first professionally sponsored mountain bike racer in the Eastern U.S. Art has held the U.S. Cycling Federation's Category 1 Ranking and has won many state and regional championships.

Both owners provide all the essentials in outdoor cycling instructions, quality main-

tained mountain bikes, helmets, gloves, eyewear, and light nutritional snacks for lunch. You pick the degree of difficulty from the Blue Ridge Mountains to Mount Pisgah. If you want a challenging ride, they will test your skills and ability and climb mountains most people would only dare on foot. Maybe you want to enjoy the incredible scenery with a nice leisurely ride, A.B.A. can handle any request. "When a group goes out on a ride, it is their tour, we act as guides, helping along the way, but the main emphasis is to go on a very fun safe tour," said Mr. Dunn.

A.B.A. offers half-day

and full-day tours and for the most adventurous bikers, over-nighters. For a half-day with all the necessary equipment and food, it costs thirty-five dollars per person; for the full-day it runs sixty-five dollars per person. If you get at least twelve people, you can receive a group deal.

I encourage anyone who loves the outdoors and enjoys a mountain adventure, to check into this special treat. If you are interested call Asheville Bicycle Adventures at 687-3636, several days before you are ready to go and prepare yourself for fun!

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