

What About Tomorrow?

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Today you walk in wondrous splendor, with never a care, never a thought of the future status of your health. Today you walk BUT what about tomorrow?

Ladies, I bring you greetings from the National Polio Foundation of New York City. Let's talk together for a few minutes on WHAT ABOUT TOMORROW?

Are you insuring your children, your grandchildren against polio . . . that they might live?

The Salk vaccine of which you have heard so much is the answer. Despite the many contradictory rumors you have read about, the Salk vaccine still remains the best protection for your children. The Foundation has asked me to bring you these facts. While in New York attending the National Organizational conference last September, I heard Basil O'Connor, the president of the Foundation, comment on the Cutter Laboratory incident. He said that he did not blame the manufacturer of the vaccine or the man who made the formula, but POSSIBLY the Cutter Lab had an incident of someone having trouble with the recipe—as a cook following a recipe—she turns out a bad dish—you don't blame the author of the cook book. You MUST FOLLOW THE RECIPE.

Last year 7,000,000 children received two injections apiece. Another 3,000,000 received one or more vaccinations outside the Foundation program. A few received the three doses. Yet even with incomplete immunization, the vaccine proved to be 80 per cent effective in preventing paralytic polio.

The immunization program calls for three injections. The second inoculation should follow at least two and preferably six weeks after the first. The third and final dose which should be given at least seven months after the second injection is really a booster dose. You might ask "Who is most susceptible to this disease?" The national priority age group is from zero to 14 years.

Since the establishment of the March of Dimes Drive, the Foundation has been able to purchase many commodities so necessary to the rehabilitation program of polio patients. Since 1948, it has provided 8,329 nurses, 913 physical therapists, 9,243 iron lungs, 1,921 rocking beds and 2,500 hot pack machines.

A total of \$5,338,168 of the March of Dimes funds has been

Books Are Friends

There is an annual celebration of National Book Week coming in November. Join forces with your public library and celebrate. Do something in your club, or something for the youth.

Children's Book Council, 50 West 55th Street, New York 19, N. Y., has a large number of aids like posters, book markers, and records.

"Seems to me a book is about the most perfect friend anybody ever invented. A book is never out somewhere when you want it but 'always at home' waiting for a visit from you. And if right in the middle of a visit you get tired, why you don't have to be apologetic, just put the book down and tell it you'll see it later. Now that's what I call a friend."

Go Traveling

If you want to go traveling, just find the right book and it'll gladly take you anywhere your heart desires. To Africa—to the West—to the Stars—even to the bottom of the sea if that's where you want to go. And if you feel like staying late, well a book's the one friend who'll never start yawning in your face. It'll stay up with you as long as you like and never complain once.

You read about Robinson Crusoe marooned on his island. Oh, he felt as low down as any man could until he found some boxes full of books which had been washed ashore. He just laughed out loud. Well, he knew right off, marooned or not, he'd never be lonely. He had his best friends around to while the years away.

Every home should have a library. A small beginning would include at least a Bible, a dictionary, an encyclopedia, and one book from the general group of literature, art and music, nature and science, care of sick, etiquette, repairs or skills. Then clean wholesome fiction by known authors and well printed. Your librarian will always assist you.

allocated to six Negro schools and organizations since 1941. Also since 1941, 229 scholarships and fellowships have been made to Negro students. This year a scholarship award in Medical Social Work went to a young lady in this county, Miss Thelma Melvin, who is now studying at Howard University.

These facts should convince you that your help in the March of Dimes has made all of this possible. For this we thank you and solicit your help for future drives to come. As you have fed-

Bible Bottles

When Hagar fled with Ishmael into the wilderness—she took along a "bottle" of water. Jael poured Sisera a drink from a "bottle" of milk. What kind of bottles were these? Not glass. Glass was known in Bible times, for a "sea of glass" is mentioned in Revelation, and we have Paul's familiar words, "Now we see through a glass, darkly" in 1 Corinthians 13: 12. But glass bottles did not come into use until much later in history.

The bottles used by Hagar and Jael were the first kind ever made—from the skins of animals. David surely finished many, first drying slowly a whole hide (usually from a goat) then sewing all the openings except for one leg hole left open to form the bottle neck. A plug of some sort was put into the neck as a stopper, or the leather was simply tied shut.

Skin bottles were important in the ancient world. They held the family's supply of oil, milk, water or wine. Rachel may have churned butter in one. Even today, in some areas butter is still churned in this ancient manner—by jiggling a "bottle" full of milk until butter results.

Ancient artists created beautiful bottles from precious materials like gold, silver, alabaster and porcelain, but only the rich could afford them. Cheaper ones were sometimes made from earthenware, but the skin bottles outlasted this kind.

Hagar could have a drink of water from a skin bottle if she lived today. Where? In several places—South America, Spain, Africa, Turkey and India, for instance. People in these lands consider the skin bottles very handy for storing water and oil, just as in Bible times.—By Ida M. Pardue.

Key Verse: Thou shalt have no other gods before me (Exodus 20:3).

"Why can't I face life with confidence and poise," Ellen Riley asked herself, "instead of with moods of weakness and despair?" At her wit's end one day because her Christian life was continually breaking down under strain, she walked into a large church in New York City. She hoped that she might find there the answer to her personal quest. She prayed

erated for strength, so have we federated our forces to preserve that strength. We are marching forward, making progress each day, looking toward tomorrow, planning for tomorrow in order that we will know the answer to WHAT ABOUT TOMORROW?

for a long time, then walked back to the church exit.

On the way out, another worshiper joined her. He was a little old man with merry eyes and a light step. After the couple reached the outside, the stranger said, "I have a message for you, young lady. 'Seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.' "

Ellen left the little man, grateful for his message. She walked through the din of New York traffic wondering about the import this message had for her.

That must be it: the significant term for her was the word, "first." She needed to place God and his kingdom first. She had to let Him run her life instead of trying to direct it by herself.

Several months passed before she was able to make this complete commitment. But when she finally reached the point where she placed God first in her life without any reservations whatsoever, she discovered that her periods of discouragement were replaced by periods of happiness and Christian love. Her dedication became so complete that Ellen Riley was enabled to witness by Christian example. Her friend, Eugenia Price, in a book called *The Burden Is Light!* (Revell), tells an inspiring story of being won to Christ by the beauty of Ellen Riley's life.

There's not one of us who is not overcome by periods of darkness and fear sometimes. But there are ways of overcoming most of these human tendencies.

We can pray more often, talk with God more often. We can let him direct our lives, placing him first in our thoughts and affairs. We can obey sincerely, following his guidance, obeying his will according to our knowledge of his will—becoming the kind of Christian he would have us be. As we place Christ in first place, we will discover that all else assumes a secondary position, including our resentments and our fears. As we hunger and thirst after the Kingdom of God and His righteousness, our lives shall be abundantly filled.—By Dane Cook.

BEST WISHES

Prayers and Best Wishes go to our Chairman of the Executive Board of the N. C. Federation, Mrs. A. B. Byrd of Rocky Mount. We are all very sorry to learn of the illness of her husband. We know that such experiences cause great anxiety, but never more is placed upon us than we can bear, for the Lord looks out for His own.

The bigger a man's head, the more his brains rattle.