

# Bassin' with the pros

Spinnerbaits have long been the favorite lure of springtime bass fishermen, but now the lure is gaining some respect in winter, too.

In fact, says professional tournament pro and guide Randy Dearman of Livingston, Texas, spinnerbaits are probably easier to fish than other popular winter lures because they have their own action.

"My choice for cold water fishing," says the popular Johnson Outboards Pro Staff member, "is a one-ounce spinnerbait with a single Size 8 blade.

"It's big and heavy, but all you have to do is cast, let it fall to the bottom, pump it back up, then wait for the strike."

There's a little more to it, but not much.

Dearman suggests using a longer rod, such as a 7 1/2-foot flipping rod like he uses. When the lure is pumped up off the bottom — simply by raising the rod tip — the spinnerbait jumps four or five feet.

"It's almost like jigging a

spoon," says Dearman, "except that you can feel the big blade thumping each time it turns. Just pump the lure up and down off the bottom and when the thumping stops, set the hook."

Dearman says cover isn't as important in the colder winter as it is at other times of the year. He fishes right in the middle of creek channels and sloughs, along sharp-falling bluffs, and even beside deep stumps or standing timber.

"The fish are usually on the bottom or suspended just slightly above it," explains the Johnson pro. "It's difficult to spot them with a depthfinder, which is one reason a big spinnerbait is such a good lure choice.

"You can cover a lot of water in a short period of time, even though you're still fishing slow. "Don't fish the edges or the sides of the channels the way you would at other times of the year," he emphasizes. "Fish right down in the middle, just working your way down the channel.

"When you're fishing bluffs,

make your casts parallel to the rocks, not straight at them. The spinnerbait will fall and you can pump it back right along the edge. Look for slides of crumbling rock, or for cracks that break up the smooth wall, and concentrate around these."

When he's fishing flooded timber or stumps, as he does at Lake Livingston, Dearman lets his big spinnerbait fall right beside the trees, actually bumping the limbs on the way down.

"Sometimes I will add a pork trailer to the lure," he notes, "but only when I want the lure to fall slower. That is usually in extremely cold water when I know the fish are not going to be very active."

The heavy weight of the spinnerbait is necessary to insure the proper action of the lure, Dearman explains. With lighter lures the large blade tends to make the spinnerbait roll over. With the full one-ounce body, the spinnerbait windmills down like a dying helicopter, producing that dead-lifting vibration.

# West Craven Girls Win

## Victory Over Conley Brings Tie For Conference Lead

The West Craven Lady Eagles, ranked No. 1 in the East, moved into a tie with Washington for the top spot in the Coastal Conference Friday night while West Carteret's girls moved into third place as each team posted victories.

West Craven defeated D.H. Conley 71-58 while the Lady Patriots topped Havelock 59-53.

In Coastal Conference boys' action, Havelock downed West Carteret 80-61 and Conley bested West Craven 59-47.

VANCEBORO — West Craven, which hit only 1 of 6 free throws going into the final two minutes, made 8 of 12 in that span to seal its victory over D.H. Conley.

The Lady Eagles improved to 3-1 in the loop and 13-1 overall as Linetta Bryant scored 21 while Chundra Croell and Jennifer Peele added 14 points each. Peele hit 7 of 9 free throws in the fourth quarter.

Conley, which trailed 39-26 at the half, employed a box-and-one on Croell and held her to just two points in the second half.

"We came out flat and West Craven was ready to play," Conley coach Keith Gould said. "We had problems with their speed."

The Lady Eagles outscored Conley 25-12 in the fourth quarter to break a 46-46 tie.

Londora Tyson scored 19 points, 17 in the second half, to pace Conley. Glenda Hardy, Kim Pakowski, Jenny Bradburn and Charlene Davenport added eight each.

Paul Merritt scored 12 while Terry Williams and Martin Patrick added 11 each to spark the Viking boys over the Eagles, who were led by Tony Jenkins' 12 and Johnny Gatlin's 11.

Conley's junior varsity won 78-51.

GIRLS GAME	
D.H. Conley	16 16 20 12 — 58
West Craven	15 24 7 25 — 71

**D.H. CONLEY (58)**  
Hardy 8, Londora Tyson 19, Gardner 8, Bradburn, Adams 7, Davenport 8, Hall, Pakowski 8.

**WEST CRAVEN (71)**  
Chundra Croell 14, Linetta Bryant 21, Brimmer 8, Bryant 3, Volacic 4, Jennifer Peele 14, Raynor 8, Wicks.

**CONLEY (58)**  
Wing 7, S. Green 2, Thompson 8, Paul Merritt 12, Farrer 1, Terry Williams 11, Martin Patrick 11, Stephenson 5, Rogers 4, Smith, Jarman, J. Green, Artis, Telford.

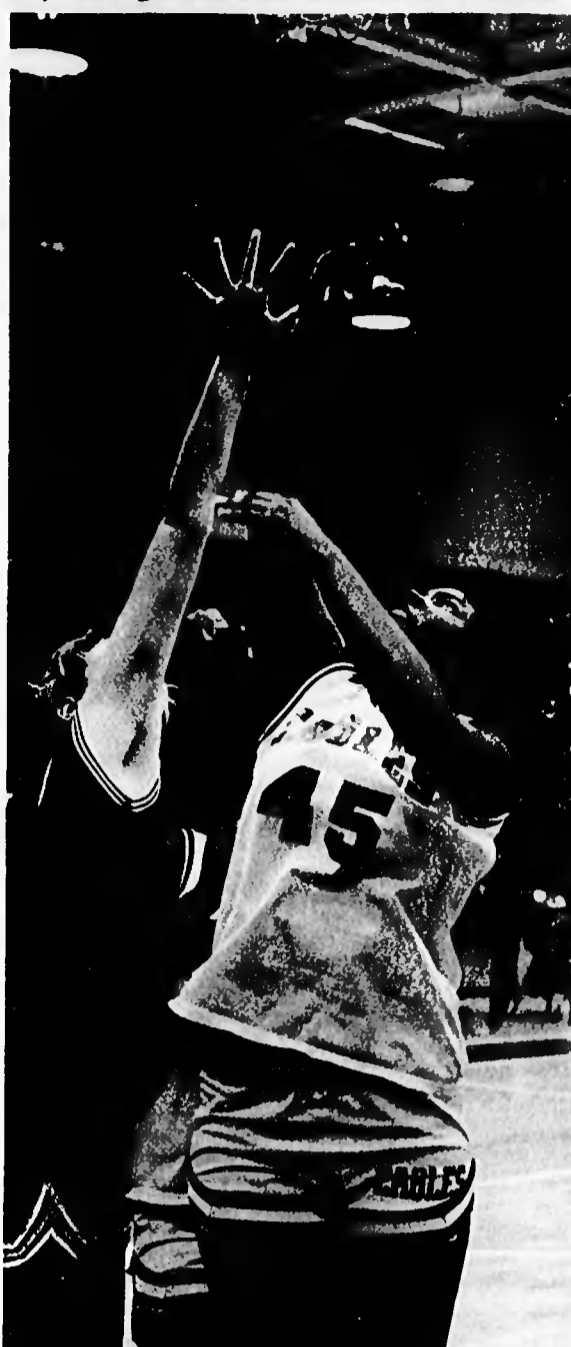
**WEST CRAVEN (47)**  
Docton 9, Tony Jenkins 12, Johnny Gatlin 10, Chapman 2, Harris 7, Cox 2, Williams 2, Eskins 4, Howard.

CONLEY	
Conley	16 14 18 15 — 58
West Craven	16 4 12 17 — 47

Junior Varsity: Conley 78, West Craven 51.

MOREHEAD CITY — Despite a career-high 33-point effort from Dee Godette, West Carteret defeated Havelock 59-53 behind 24 points from Staci Kyle and 14 from Wendi Nelson as the Lady Rams lost their second straight league game.

A close game shifted momentum early in the fourth quarter when a Havelock player hit the ball while it was out of bounds off the full court press, resulting in a technical. The Lady Patriots added a basket and three free throws to open a six-point lead.



West Craven reserve Tarsha Raynor (45) battles Conley's Kim Pakowski for the rebound.

From there, the Lady Pats hit 11 of 14 free throws in the final six minutes.

Godette was 12 of 24 from the floor, hitting five three-pointers to spark Havelock. She also added a 4 of 7 outing at the free throw line.

In the boys' game, Havelock won its fifth straight behind 25 points from Ledel George, the league's leading scorer, and 15 from Anthony Robinson.

John McLean led West Carteret with 19 points while Chris Bryant added 15 as the Patriots

dropped their fourth straight contest.

YANVILLE BOYS	
Havelock	12 20 21 27 — 80
West Carteret	13 12 11 25 — 61

**YANVILLE BOYS**  
Ledel George 25, Anthony Robinson 15, Eric Borden 12, S. George 8, Barrett 8, Harris 3, Morris 2, L. Frazier 2, Kearney 2, Middle 2, K. Frazier, Lowery.

**WEST CARTERET (61)**  
John McLean 19, Chris Bryant 15, Bennett 8, Allard 7, Thomas 5, Carter 3, Wicks 2, Kanan 2, Davis.

YANVILLE GIRLS	
Havelock	8 14 15 18 — 53
West Carteret	10 13 15 21 — 58

**YANVILLE GIRLS**  
Dee Godette\* 33 (five three's), Nolan 9, Hill 7, Harris 2, Fenderson 2, Burroughs.

**WEST CARTERET (58)**  
Stacy Cyle 24, Wendi Nelson 14, K. Nelson 9, McKay 5, McCaskey 5, Manors 2.

# Disorders Of The Fingernail Often Difficult To Diagnose

By DR. TOBY ALLIGOOD

The most common problems affecting the fingernails are psoriasis, infections, and traumatic changes. Unfortunately, the changes from these different conditions look very similar. This often causes difficulty in making an accurate diagnosis.

Psoriasis of the nails is one of the most resistant problems to treat. Thickening of the nail, pitting of the nail surface, and brown discoloration are typical psoriatic changes. Any number of nails may be affected and the course is unpredictable. Strong steroid creams are the main therapy but usually will not completely clear the problem.

Three different infections commonly affect the nails: Yeast, Fungal, and Bacterial. Fungal infections are more frequent in the toe nails but can affect the fingernails. Thickening of the nail plate and crumbling of the nail edge are signs of a fungal infection. The only cure is a prolonged course of internal medicine (GRISEOFULVIN) for 6 - 9 months.

Yeast infections cause redness

and swelling of the nail fold and green discoloration of the nail plate. The nail folds are only mildly tender in most cases. Prolonged exposure to moisture (rubber gloves) increases the tendency for yeast infection. Repeatedly pushing back the cuticle also makes yeast infections more likely. A 6 week course of topical anti-yeast solution usually will cure this type of infection.

Bacterial infections cause marked redness and swelling and severe pain of the nail fold. Frequently an abscess will develop under the nail margin. Surgical drainage of the abscess and oral antibiotics are curative.

Trauma of the nails can produce a variety of changes. Brown-black discoloration of the nail plate usually is a sign of previous injury. A malignancy of the nail can cause similar discoloration and must be excluded.

Chronic pressure from tight shoes causes thickening and crumbling of the nail plate. This can look exactly like a fungal infection. If the pressure is eliminated the problem will correct itself.

Ridging of a nail is usually a sign of chronic trauma. Many patients unconsciously press or push on a particular nail. Such habits are difficult to break.

Splitting of the nails usually is the result of nail polish remover or repeated injury from soapy water, yard work, solvents, etc. The adhesive used for artificial nails is also damaging.

Nail polish does strengthen the nails. Using a heavy moisturizer on the nails at bedtime is also helpful.

Unfortunately, calcium tablets and gelatin do nothing to strengthen the nails.

Most nail problems can be corrected if diagnosed and treated early.

Next: Astigmatism

This column is provided as a community service for readers of this newspaper by the management team of Beaufort County Hospital and members of its medical staff. Questions and comments regarding this column may be sent to Pamlicare, Washington Daily News, 217 N. Market Street, P.O. Box 1788, Washington, N.C. 27889.

Dr. Alligood is a dermatologist whose office is located in Washington.

## ASCS Notes

Producers who wish to enroll in the 1989 Wheat and Feed Grain programs under the special 1989 soybean and sunflower provision have until Feb. 3 to do so.

The provision allows a producer to enroll in the Wheat and Feed Grain programs with the option of planting between 10 and 25 percent of his permitted acreage in soybeans or sunflowers while protecting his base in the program commodity.

The producer who enrolls under this provision, however, will only get base credit, no deficiency payment will be available for this 10 to 25 percent. Deficiency payments will only be for wheat or grain actually planted under the program.

No soybeans are allowed on ACR (set-aside land).

The Feb. 3 deadline applies only to enrollment under the soybean and sunflower provision. The sign-up for the regular Wheat and Feed Grain programs — including the 0/92 provision — is April 14.

Producers are also reminded that before they can receive an advance payment, they must complete forms for the Agricultural Stabilization and Conservation Service certifying compliance with erodible land and wetland regulations. A payment determination form and the program contract must also be completed.

## Couple Celebrates 60th Anniversary

Mr. and Mrs. George L. Williams of Rt. 1, Grifton, were honored Jan. 18 with a dinner celebrating their 60th wedding anniversary at their home.

The couple was married Jan. 19, 1929. They are residents of the Epworth community.

The dinner was given by their daughter, Margaret Williams. Attending the dinner were Mrs. Martha Dawson, a daughter; Mr. and Mrs. Willie Sherrod, son-in-law and daughter; Angela Dawson, granddaughter; Kristian and Brandon Dawson, great-grandchildren; Mrs. Hollie Reid, niece and friends; Mr. and Mrs. Lenon Green, Mrs. Thelma Tyson and Wanda Teel.

Guests dined on various dishes, ice cream and cake.

# People 55 And Older Get Job-Hunting Help

People 55 or older who are looking for work can receive special help through the Employment Security Commission office in New Bern.

The commission operates a federally-funded program to help these people find full-time or part-time work. As part of the Job Training Partnership Act, the program offers several components that are beneficial to both the person seeking a job and to the prospective employer.

These components include on-the-job training, which reimburses employers up to 50 percent of the starting salary during

the training period for full or part-time workers; work experience, which provides temporary work assignments to enhance skills; institutional training, which helps defray the costs of attending community colleges or technical schools for special training, and job search assistance, which provides participants an environment in which to learn effective communication skills and job search strategies.

People 55 or older who are looking for work, as well as employers who have jobs for such people, can contact the ESC office in New Bern.

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**VANCEBORO**

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**WE WELCOME WIC & FOOD STAMPS**

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**2 LITER PRODUCT COCA COLA (REGULAR FLAVOR)**

**.99**

**303 CAN FINE FARE WHOLE KERNEL GOLDEN CORN, CUT GREEN BEANS, GOLDEN CREAM CORN**

**2/.89**

**2 LITER PRODUCT DR PEPPER (REGULAR FLAVOR)**

**.99**

**4 PAK. PILLSBURY BUTTERMILK BISCUITS**

**.99**

**18 OZ. BOX KELLOGG'S FROSTY FLAKES**

**1.99**

**18 OZ. JAR KRAFT GRAPE JELLY**

**.99**

**3 LB. CAN CRISCO BUTTER FLAVOR SHORTENING**

**2.49**

**64 OZ. JAR SENECA APPLE JUICE**

**1.19**

**18 OZ. JAR KRAFT APPLE JELLY**

**.89**

**4 LB. BAG PURE SWEET GRANULATED SUGAR**

**1.29**

**303 CAN RED GLO TOMATOES**

**2/.79**

**12 OZ. JAR MOUNT OLIVE SWEET SALAD CUBES**

**.99**

**25 CAN DIXIE YAMS**

**.89**

**14 OZ. CAN ALPO DOG FOOD**

**2/.79**

**18 OZ. JAR KRAFT APPLE JELLY**

**.89**

**3 LB. BAG YELLOW ONIONS**

**.69**

**32 OZ. BOTTLE DEL MONTE KETCHUP**

**.89**

**12 OZ. JAR MOUNT OLIVE SWEET SALAD CUBES**

**.99**

**6.5 OZ. BOX JIFFY CORN MUFFIN MIX**

**4/\*1**

**303 CAN WHITE CORN**

**2/.89**

**18 OZ. JAR KRAFT APPLE JELLY**

**.89**

**303 CAN FINE FARE WHOLE KERNEL GOLDEN CORN, CUT GREEN BEANS, GOLDEN CREAM CORN**

**2/.89**

**303 CAN RED GLO TOMATOES**

**2/.79**

**18 OZ. JAR KRAFT APPLE JELLY**

**.89**

**303 CAN FINE FARE WHOLE KERNEL GOLDEN CORN, CUT GREEN BEANS, GOLDEN CREAM CORN**

**2/.89**

**303 CAN RED GLO TOMATOES**

**2/.79**

**18 OZ. JAR KRAFT APPLE JELLY**

**.89**