



**GYM
DEMONSTRATION**
Success

BELLES

OF SAINT MARY'S

**SPRING
HOLIDAYS**
Arrive

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GYM DEMONSTRATION IS SUCCESS

On Monday night, March 7, at 8 o'clock the students of Saint Mary's under the direction of Miss Rebecca Harvey and Miss Amelia Vincella presented a large, successful gym demonstration. The exhibition was a display of group work, and every girl in school took some part.

The program opened with a Grand March under Miss Harvey's direction after which the same group displayed fundamental marching tactics demonstrating rhythm in fundamental bodily skills.

A smaller group directed by Miss Harvey gave a demonstration of Mimetics, exercises representing different activities and sports. To the accompaniment of suitable music, the girls "acted out" diving, swimming, baseball, paddling, fencing, and see-saw.

Miss Vincella directed the Modern Dancing, which showed the fundamental movements in the rhythm of the modern dance and poise and grace on the part of the students.

The Danish Exercises and Folk Dancing, by a group of Miss Vincella's students, involved the use of the large muscles of the body. These free moving exercises, producing flexibility of the body, through their interesting combinations and rhythmical quality are a joy to the person doing them. They require, however, concentration and coördination.

The six couples illustrating Ball Room Dancing were an interesting group. These girls, under the supervision of Miss Vincella, exhibited the progressive steps in modern social dancing from the walk to more complicated movements.

Girls particularly skilled in Zel-ball, Ping-Pong, Paddle Ball, and Badminton demonstrated these games that can easily be played by young and old, after which the Mus defeated the Sigmas in an hilarious game of "Human Croquet."

The "Top Hatters," a tap dancing group instructed by Miss Vincella, showed ease and skill in an attractive routine; and Laura Dingle, Merrie Haynes, Betty Hunt, Helen Montgomery, and Virginia Trotter afterwards demonstrated an even more difficult one. Betty Hunt displayed unusual talent in a solo tap.

The Stunts, Tumbling, and Pyramid Building showed individual skill as well as successful group work. Laura Dingle and Virginia Trotter were particularly outstanding, performing many difficult and spectacular flips, handstands, and balancing feats. The group did headstands in succession, the rocking chair, and skinning the snake, enjoyable but strenuous exercises. The pyramids were perhaps the most spectacular group display of balance and coördination.

The entire demonstration was a great success and a magnificent tribute to the work of Miss Harvey, Miss Vincella, and the student body. The gym was prepared for the exhibition with spotlights and seats for the many visitors. The success of this enterprise through the coöperation of the students and faculty should be a challenge to them in their further associations and an inducement to more such activities in which the whole school takes part.

MISS DAVIS ENTERS PLAYS IN FESTIVAL

On March 23-26, the annual Drama Festival conducted by the Carolina Playmakers Association will be held in Chapel Hill. Miss Davis will enter two plays in the contest: One, a Spanish one-act play, "Poor John"; the other, an original one-act tragedy, "Second Cousins," written by Phoebe Bashore. Phoebe submitted a one-act play in the Festival last year, won the right to produce it in the contest, and took first place for the production of her play. This year Phoebe submitted another play and has again won the privilege of presenting it. It is a tragedy portraying the life in a Pennsylvania Dutch settlement.

POSTURE WEEK ENDED

The Gym Department has awarded the following prizes for the posture week contest held February 15-18:

First place for best posture, won by Frances Cox, was a beautiful engraved gold bracelet.

A valuable book of modern artists was awarded to Merrie Haynes for her first prize winning poster, "Do You Look Like This?"

Other awards for posture went to Helen Kendrick and Louise Jordan, who received second and third places respectively. Jean Hunt for her "Angel or Angle" poster, and Mary Few for her "Have Times Changed So Much?" poster, tied for second place in the poster contest, and Hallie Townes won third place for her poster "Must You Waddle So, My Dear?"

BUY SAINT MARY'S PLATES "FOR LASTING CHARM"

As the *Belles* is the only Saint Mary's publication that may be used for advertising purposes at this time, the last page of this issue has been designated for an advertisement and order blank for the Saint Mary's School plates made by Wedgwood and now obtainable through the Alumnae Association. Notice that orders for the especially marked First Edition must be in by May 15. Surely you will want a set of these beautiful plates at some time; buy them now!