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Coffee to Teach in Inner Mongolia

by Charlotte Moffat
News Editor

Dr. Janice Coffee is a science professor here at St. Mary's who will be teaching Botanical Science next semester in Inner Mongolia. Dr. Coffee was offered this job by a Botany Professor from the Unan Province. He wanted Dr. Coffee to teach at his University but she preferred teaching in a more remote area that had not been visited by many American instructors. Though the Chinese do not provide International traveling money, living arrangements will be provided by the Chinese as well as internal travel fare and a spending allowance. Coffee will be living the duration of her stay in Hu He Hot, the capital of Inner Mongolia. This will not be her first travel abroad. Dr. Coffee taught in Australia, Egypt, and worked with the Academy of Sciences in the Soviet Union. English is an extremely important language for any Scientist to know. The Chinese want and need English speaking Scientists for help in Botanical Science Termino-

logy.

Very little is known by the public about Mongolia. Dr. Coffee states that there are 3.4 million Mongols living in Inner Mongolia. They are known for their care of horses, cattle, camels, goats and sheep. The basic Mongolian cares for herds and are nomadic. The state owns the animals but the people breed and take care of them. If they breed more animals than their quota they will be entitled to keep the surplus. The people's main food source is meat and milk from the animals. They drink a lot of tea with butter. They also make a type of drink from fermented mares milk that is more potent than vodka.

The climate is generally extremely harsh. In earlier times travelers were advised to keep their tongues from freezing.

Dr. Coffee plans to return to America in the Spring of 1987. She also plans on returning to St. Mary's to continue teaching students the fascinating field of Science.



The Boston Camerata

by Joel Cohen
Music Director

The Boston Camerata is an internationally celebrated ensemble of singers and instrumentalists dedicated to making the music of the Middle Ages, the Renaissance, and the Early Baroque live again. Over the past three decades, their concerts have delighted audiences

in sold-out appearances throughout the United States and Europe. Joel Cohen is well known for his imaginative programming vibrantly alive to his general public. "A Bouquet of Madrigals" will present songs celebrating love from the Italian Renaissance. The Forum is on February 17, at 10 a.m. in Pittman. The group will visit classrooms and students at 11 a.m.

It's Your Turn Now and Forever

by Shannon Taylor
Co-Editor

My original intention was to compose an article about resolutions and keeping them, but I decided to take a slightly different approach. We all make resolutions every year and break them in the first month if not sooner. When we break these resolutions we all feel self-defeated and feel as though we can not do anything; that there is no purpose in trying to improve ourselves if we can't keep our promises to ourselves. We feel a sense of loss of pride because she kept her resolution and I didn't. The more one dwells on ones "failures" the more depressed we become. A good friend of mine introduced me to a book dealing with life and its ups and downs. It is the most wonder-

ful piece of material I have read. Leo Buscaglia, Ph.D., wrote it and it is entitled *Living, Loving, and Learning*. Throughout the book Buscaglia speaks on improving you and not dwelling on others such as "she's prettier, skinnier, wealthier, or has more friends." I picked out a quote from his book dealing directly with change and indirectly with resolution i.e., a better you . . . "if you do not like you, you can always learn again to like you. You can create a new you. You can do it. If you don't like the set you're involved with, strike it and put up a new one. If you don't like the cast of characters you are involved with, get rid of them and start a new bunch. But *You've* got to do it.

And it is all yours . . . that's number one."

Buscaglia seems to say if you want to change it's got to be because you want it and not to please others. Almost every time you set out to improve yourself for someone else such as a guy you fail and slip if his affections begin to waver. The only one you can be sure who will appreciate your effort one hundred percent is yourself. If you all broke up what was the point if it did not really make you happy or greatly benefit your well-being. It might work out for the better for you but if it does not it seems like wasted time. Another idea Buscaglia poses in his book: The hardest thing in the world is to be some-

thing you are not. As you get closer to what you are, be that, and come on all the time that way. You will find it an easy way to live. The easiest thing to be in the world is you. The Most difficult thing to be is what other people want you to be."

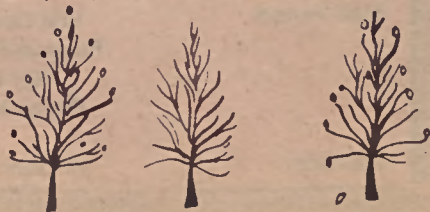
No matter what your resolutions or goals are, make sure they are for you and not because "everyone else has this." Find out what you want and go for it. We have only a short time to live for everyday and make the most of it because in the end you are all you have got and can trust, depend on, etc. . . . Besides you are special and different. If we were all the same life would be so dull.

SENIOR CLASS NEWS

A dance is in the makings for the senior class. There have been several suggestions as to what kind of dance the class should have. The current thought is a crush party. Each girl will purchase a ticket to the dance. In return she will receive two postcards which will have been predated as to when, where, and what time the dance will be. The girl will then anonymously mail her two postcards to two "crushes." The feedback on the idea has been very positive.

A letter has been typed up and sent out to all senior girls parents asking for

donations to help sponsor the dance. If the response is good Erin Dowling (Senior Class Pres.), De Thomas (SGA Pres.), Franny Fowle (Senior Class Sec.), and Lissa Sledge are hoping for a February or early March dance. If anyone has any suggestions as to where we could have the dance please contact Erin, De, Franny, or Lissa.



Spring Break

by Elizabeth Williams
Editor-in-Chief

Well, it's almost time for Spring Break!! Being the versatile St. Mary's girls that you are, you probably have an array of offers for Spring Break. The question is — where to go? There are any number of interesting things one can do over Spring Break ranging from the expensive to the inexpensive.

For those who really don't have much spending money there are several options. Go home for break and get a job at the local tanning salon. Most salons

require their employees to be tanned. Thus you can be tanned and get paid for it. If that does not interest you why not get several friends together and rent a house at a nearby beach. If the beach is not your thing go skiing at Sugar Mountain or Wintergreen, Virginia. The season rates will be a lot lower and the slopes will not be as crowded.

If you do have money and are anxious to blow-out Spring Break your best bet is a cruise. Although the outright prices may appear a bit steep in black and white, don't be discouraged. The ma-

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