

Meet Dean Hack

By Carlyle Herbert

This year at Saint Mary's there are many new additions, one of which is our new Dean of Students, Mardi Hack. By now you all undoubtedly know who she is but you do not know much about her. Some of her new policies are upsetting people, yet once you get to know her you see Miss Hack is not simply a "mean dean," as she has dubbed herself.

Surprisingly enough Miss Hack has many of the same interests as Saint Mary's students. She enjoys playing tennis, painting, taking pictures, spending time with children, listening to music, dancing and going to the beach.

She describes herself as assertive, confident and happy in the job she has chosen for herself. Her enthusiasm is strong and it is spilling over into the student body. Miss Hack said she has numerous goals for the year and she named the three that she feels are the most important. First, she wants to keep the school at the enthusiastic pace it is at now. She also expressed her hope that Saint Mary's students will develop a new respect and confidence in themselves through her as a model. Finally, she hopes that the Activities program will get better and better.

So the next time you see Miss Hack around campus, remember all the things you may have in common with her and say hello. The school as a whole will be very lucky if her goals are achieved, and with her determination it is doubtful that they will not be.



Our new Dean of Students, Mardi Hack, is ready to greet students in her office.



Rosalene Metzger keeps the Dean of Students office running smoothly.

Dear Ellie

Dear Ellie,
Is it true that waterproof mascara is bad for your eyes?

Signed, Unsure
Saint Mary's College

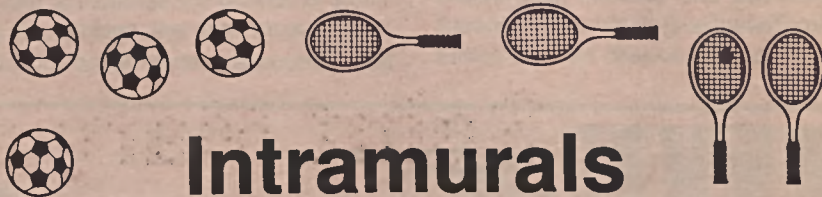
Dear Ellie,
I am 18 years old and have been smoking a pack of cigarettes a week for two years. What are the effects of smoking this much and what will happen in the future?
Just Want To Know
Saint Mary's College

Dear Just Want To Know,
First of all, everyone by now knows how damaging the effects of cigarette smoking are to our health. The combination of tar and nicotine combine to literally kill the lungs. Excessive smokers, like yourself, run the risk of contracting serious lung diseases such as pneumonia, emphysema and lung cancer. All of these are serious, lung-deteriorating diseases and are sometimes fatal.
If I were you, I'd take a good look at what cigarettes were really doing for me. Your decision could change your life.
Ellie

Dear Unsure,
This is a very simple, but frequently asked question. According to **YM** magazine, yes, waterproof mascara can be damaging to your eyes.

Waterproof mascara is designed to resist smearing and running as a result of contact with water. These mascaras do not smear but sometimes flake. These flakes of mascara can get into the eye, irritating and sometimes damaging the cornea. Wearers of contact lenses may also find problems with using waterproof mascara. Pieces of mascara that get into the eye may irritate the contact. This can be painful to you and damaging to the contact.
Ellie

If you have any questions for "Dear Ellie," please send them to: "Dear Ellie" care of Dr. Schroeder.



Intramurals

By Sheri Roberson

The Director of Student Activities and Housing, Margaret McGlohon, has started a new intramural program. Each hall and the day students have a representative on the student activities committee and on the intramurals committee. The two committees are working together and meet every other week. They are working on many projects for the year.

These committees have started aerobics classes on Monday, Wednesday and Thursday nights. They meet in the dance studio from 6 p.m. to 7 p.m. These classes started on October 3 and will continue throughout the semester. Several Saint Mary's students will be teaching the classes.

A volleyball league is going to be started on October 19. Students will pick a team to play on. Every Wednesday night the teams will play each other. The league is going to be open to new players throughout

the semester. This league needs student support to be successful.

A wacky olympics tournament is going to be held Thursday, October 27. This is going to consist of fun relay activities. Everyone is encouraged to participate.

A Round-Robin Tennis Tournament is scheduled for the first week of November. Each doubles team will consist of a student and a faculty member.

Margaret is also working on getting some teams together to play in the Raleigh Recreational Parks League. The teams will include basketball, volleyball and softball. She is also trying to get a soccer team together to play in the Capitol Area Soccer League. In addition to campus events, if you are interested in joining the YWCA on Oberlin Road, Margaret has information on membership. Joining is very inexpensive.

Margaret has worked very hard to get these activities started. Your support and participation is much needed.