



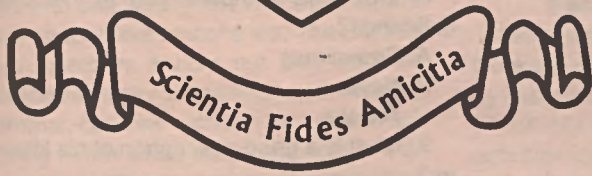
# The Belles

of  
Saint Mary's  
College



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## The Lighter Side Of Dr. E.

By Katherine Cloninger

Some faculty members of Saint Mary's are known for their interesting attire. Take, for instance, Dr. Esthimer's collection of unusual (as well as hideous) ties. Some campus favorites are the Pantry tie, his fish head tie and the 1940's silk Hawaiian tie. Most of these ties have an



Dr. Steve Esthimer:  
The Man . . .



And his ties

interesting history behind them.

Dr. Esthimer's collection of ties began at age 15, when he attended Deerfield Academy, a prep school in Massachusetts, which had an extremely strict dress code. Coats and ties were mandatory at all school functions, so obviously the students had to acquire a liberal number of ties. The year was 1968, when wide ties began to be the trend. Dr. Esthimer's grandfather had a huge collection of wide ties from the '30s and '40s. Dr. E recalls his grandfather saying, "If you want wide ties, take mine." These were not only wide ties, but wild silk ties, many of which he still wears. One of these four-inch ties has a picture of the Grand Canyon, while another has a picture of Hawaii. These ties achieved instant popularity for him at Deerfield, among other things he would not mention. Dr. E remembers that only one other person had a "cooler" tie than he did at school, and he has spent the last 20 years looking for a tie similar to that one. (This tie apparently had a picture of a girl in a bathing suit in the inside flap of the tie.)

This collection of ties extends to well over two hundred. Most of the ties, he claims, have come from various thrift shops or have been gifts from generous students. Some of his ties include the ultra cool "Batman" tie, the western Bolo tie, which we have yet to see him wear, along with his Taylor Food Company tie, the psychedelic sixties tie, the postal clerk tie, and his rather interesting French egg tie.

The Pantry tie has several histories behind it. Although rumor has it that he moonlights at the Pantry and also that he put a stocking over his head one night and walked into a store demanding the tie from a helpless Pantry employee, reliable sources say that it most likely came from The Nearly New PTA shop.

In the fashion circles of well-dressed, according to Esthimer, the bottom line is "the tie makes the man."

## Forum Speaker Gives Women Advice

By Tracy Morgan

We were very lucky to have Patricia Fripp speak to us in assembly on Monday. She is a motivated speaker who provokes belief in oneself.

She came to the United States twenty years ago from England with hopes of leading a glamorous lifestyle in the States. She retains her British accent, which helped to keep the students interested.

Fripp suggested to the women of Saint Mary's College to gain as much education as possible and to become a millionaire rather than marrying one. She also expressed that you do not have to be intelligent,

but you do need good work habits to be a success in life.

Fripp's motivated view of life is one in which you will never have a good relationship with anyone, male or female, until you have a good relationship with yourself.

Fripp also says in order to accomplish your goals, start the day off with positive thoughts. If women are going to go somewhere, then we must be motivated and have motivated friends also.

Her advice to the Saint Mary's students is to look through life and clean out bad habits and thoughts that might stop you from being the person you want to be.

## Shakespeare In England

By Elizabeth Stephenson

During this past summer, while most of us were working, at the beach, or in summer school, a group of about seven Saint Mary's students were in England studying Shakespeare. These students were taking the course entitled, "Shakespeare In England," which consisted to five days in Amsterdam and seven days of sightseeing in Paris. Afterwards, they went to London for a month to study eight Shakespearean plays, along with seeing the major tourist attractions. Then they went

to Stratford, Shakespeare's birthplace, for a week to study three more of Shakespeare's plays.

The students watched a recorded version of the play and discussed the different interpretations before seeing the actual performance. After seeing the play, the students wrote a short paper on the acting, costumes, and presentation of the performance.

This course is offered to any high school or college student, not necessarily just those attending Saint Mary's. But the class is limited to only nine people. Those who do go, receive an English credit.

Mr. Tate has been taking groups to England for ten years until last summer when his health prevented him from going. As a result, Dr. Bauso taught the course then.

Unfortunately, no trip is planned for this summer, but there will definitely be one during the summer of '90.

## Not Everyone is Washed Up

By Suzanne Quebedeaux

The Sea Saints may be wet, but their spirits are far from damp. Saint Mary's own water ballet group is gearing up for their special performances this year. The members have selected the theme: "Let's make a splash on Broadway." The members are Dena Blount, Anna Anderson, Amy Wells, Sarah Adams, Jeannie Davis, Jennifer Mason, Flossie Dossenbach, Lizzie Bull, Dede Greene, and Ginny Griffin. Vice president Sarah Adams said, "We shock people." Most Saint Mary's students are unfamiliar with water ballet and are surprised when they watch and see how incredible the performers' actions are. It looks easy from the side lines, but one Sea Saint said, "It takes a lot of concentration and hard work." The Sea Saints are coached by Ms. Dugger and their performances are scheduled for April 11 and 12. Please remember these dates and come see the Sea Saints in action.

## Jumping Rope -- Child's Play?

By Jenny Owens

Jumping rope may seem like child's play -- something you did at recess in elementary school -- but to Ms. Jones' tennis students, it's much, much more. Each winter Ms. Jones has her students buy jump ropes and use them as the lazy girl's road to physical fitness.

It seems that Ms. Jones feels that most young ladies at Saint Mary's do not want to exercise (they might perspire, you know). So she borrowed a trick from the weight training practices employed by boxers, tennis pros, and a number of other athletes. And guess what? It turned out to be fun! Several of the girls remarked that they were very grateful to Ms. Jones for introducing them to a fun way to exercise -- one which they plan to continue for the rest of their lives.

Eiko Yaoita, who jumped rope in tennis class last year, says, "I like to jump rope because it is so much more fun, compared to jogging or swimming, or any other aerobic activity. There are so many different ways to jump rope, and I enjoyed developing my own style."

In addition to being a sport which provides much variety, jumping rope has several other obvious benefits. First, a jump rope is relatively inexpensive. Most ropes range from \$1.25 to \$7.00, depending on the weight and type of rope. And once you've bought your rope, you don't need anything else. Second, a jump rope is portable, and may be used in a relatively small space (as long as the room is high-ceilinged). No need to go to any expensive gym or health club -- jumping rope can always be done, rain or shine, without ever leaving the house.

More importantly, jumping rope may be one of the best ways to tone up muscles and strengthen the cardiovascular system. Less harsh on the feet and knees than running or jogging, jumping rope is an all-over aerobic workout which, if done for 15 minutes at a normal pace, is equivalent to running two miles or bicycling three. According to experts at the Institute for Aerobics Research in Dallas, Texas, jumping rope is a great way to get in shape and stay in shape.

So girls are hopping all over here at Saint Mary's. Spring break is coming soon, and we all know how Saint Mary's girls like to look good. All this fun while exercising is great, but knowing that there are lifelong benefits of jumping rope regularly is really the icing on the cake.