

## Saint Mary's College

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# Seniors, Sophomores Cope With Stress

## College Applications Cited as Cause

"Oh, no! My G.P.A. is only 2.5 and I need at least a 3.5 to be considered for admission! Extracurricular and physical activities, they ask? Well, let's see—I walk a lot. They don't have to know that it's to and from class. I can't let them know that my only exercise is running to the car to get cigarettes..."

Filling out college applications can be a very frustrating experience. And, yes, it's that time, the time to reflect on our accomplishments and every action that can possibly describe our brilliance and involvement. While filling out the application, the mind strains

for any morsel of information that would remotely interest the selection committee of the college. Elizabeth Dixon's office became the popular 12th-grade hang-out, and Mrs. Battle handles the transfers.

Life-long dreams of attending an Ivy-League school and post-graduate wealth seem questionable at this point. SAT scores are rarely as high as you'd hope, and the applications procedure is stressful, but just think it will all soon be over and the only thing left to do will be to wait and worry!

### Take a Day Off . . .

... from smoking! To be precise, quit smoking for 24 hours beginning November 21 this year. To help, these "quit tips" from the American Cancer Society:

1 — Hide all ashtrays, matches, etc.  
2 — Have a stash of munchies ready i.e., sugarless gum, carrot sticks, nuts, fruit, etc.

3 — Drink plenty of liquids (except alcohol and coffee).

4 — Tell everyone you're quitting and encourage *them* to encourage *you*.

5 — Take a deep breath, hold it for ten seconds, release it slowly — when the urge to smoke hits.

6 — Exercise to relieve tension.

7 — Ask a friend to join you in quitting and/or a nonsmoker to "adopt" you. (Materials are available from local American Cancer Society offices.)



# New Amphitheater a Hit

By Jenny Schmidt

The Hardee's Walnut Creek Amphitheater located just outside Raleigh was completed this past summer, but it has already attracted some of the biggest names in the music industry as well as sell-out crowds.

In the past few years North Carolina has proved an eager audience for musical groups. More concerts than ever were being held at stadiums, such as The Dean Smith Center in Chapel Hill and The Charlotte Coliseum; even the 50,000 seater Carter Finley Stadium here in Raleigh welcomed Pink Floyd, The Who, and The Rolling Stones. Hardees saw that it would be profitable to build an arena just for listening to

music.

The idea of an "amphitheater" originated in Ancient Greece as a place for people to go see plays. The oval shape and rising rows of seats of the ancient theaters allowed the actors' voices to travel easily, and Walnut Creek's adaptation of this traditional amphitheater structure allows music to travel naturally over the rising rows of seats without having to be too loud. Also, the seats are not right behind each other which makes for easier visibility. Behind the 7,000 seats is a lawn that can seat 13,000. The lawn is practical for clear, warm nights but can be troublesome during a rain since umbrellas are not allowed inside the amphitheater.

Food and lawn chairs are also prohibited. You can buy food or rent lawnchairs, but it is relatively expensive. If you will be on the lawn, it is a good idea to bring a blanket.

The amphitheater has been very successful. It has some stadiums complaining that it is taking business away from them, but during the winter, when the amphitheater is closed, business will probably pick up. Some nearby residents have also complained about the noise level and the traffic. But as concert-goers know, the music is not that loud compared to other arenas that leave your ears ringing. The shows usually let out around 11:30 p.m., a relatively early clos-

ing.

The best thing about the amphitheater is that it is big enough to attract the "big-names" in music, such as Sting, Van Halen, Rod Stewart, Bonnie Raitt, Whitney Houston, and Tom Petty, but it is still small enough to avoid huge traffic jams and large, loud crowds.

The Walnut Creek amphitheater will be closed during the winter, but it will reopen in the spring of 1992 for more great concerts. Be sure to visit "The Greek" for a relaxing and entertaining time then. Tickets are available at all Tracks/Record Bar locations through TicketMaster.

# Eighteen SMC Students Enjoy Festive Summer

By Ashley Jones and Sally Whichard

On September 6, 1991, 204 young ladies were presented to society at the 65th annual North Carolina Debutante Ball. The North Carolina Debutante Ball is thought to be the largest presentation in the world. The presentation consists of a formal cartwheel procession of red roses and white satin ribbons. Young women are introduced into society by their chief marshals. Out of the 204 debutantes, eighteen were Saint Mary's girls: Lea Ann Boykin, Jennifer Culberson, Elizabeth Daniel, Elizabeth Denning, Alicia Greene, Louise Harris, Weldon Jackson, Ashley Jones, Carrie Kitchin, Julia Lawing, Elizabeth Paxton, Rosamond Sloan, Paige Smith, Mary Louise Talley, Anna Taylor, Meg Tuttle, Linnell

Vaughan and Sally Whichard. Seven weeks of parties, luncheons, teas and dances finally culminated on September 6th.

The first big party of the summer was the Clinton party, whose theme was "A Summer Evening." The next weekend on Friday, July 26th, there was a party at the Coral Bay Club in Atlantic Beach with the theme "In the Shade." "Hurray for Hollywood" in Rocky Mount and "Anchors Away" in Wilmington made the following weekend busy. The next Friday night was "Under the Big Top," hosted by the Burlington debutantes. The last party of the summer before the Ball was the Raleigh party, whose theme was "Les Fantaisies Aquatiques."



Ashley Jones, Elizabeth Denning, & Sally Whichard at the Coral Bay Party