

*SHE'S KEEPING IT REAL**Continued from Page 1*

choices, and day-to-day issues. Interestingly enough, each of the women are Church Women, and their stories are indicative of what happens in the lives of many women in the Church. It will be surprising to find what is revealed in the lives of these Church women. K. R. Spoon is a writer who is keeping it real through the lives of these women.

Since the last time we spoke with Spoon, lots of good things have happened. Her novel is now in many of the Historical Black Colleges and Universities. Daryle Miles of "No Sleep Inc." (336) 399-6699, is promoting her book and has had to order a new shipment of books. She had two book signing engagements October 25, 2002. One at A&T State University, and the other at Winston Salem State University. There are also two upcoming book signing appointments in December 2002. She will return to A&T State University, and she will also appear at META's Restaurant located in downtown Winston-Salem. She has made appearances on several radio stations, (102 JAMS, 97.1 and 98.7 in Charlotte, North Carolina. To get more information and the exact dates of these book signing appointments, please contact, Daryle Miles.

The on-set of the novel began with Spoon's inner search, for answers as to why there was such a notable difference between her actions and reactions in her professional life and her personal life. These two areas seemed to be an oxymoron. There was, seemingly a split in who she was. As a professional, she was a strong aggressive leader, who was confident in herself as well as her professional decisions. However, in her personal life, some of the decisions were ineffective, and almost detrimental; somewhat like some of the women portrayed in her novel. Her desire to come to some resolve was incubated, and later birthed into *I've Been Down the Road You're Looking At*.

As she examined her dilemma, she decided to keep a daily journal of some of the things that had occurred in her life. In keeping the journal, she noticed that inner healing started to take place. The writing became, in a sense "therapy" for her. She began to council herself through her records. She discussed through writing emotions that she harbored and held for many years. It worked, and since it did, she decided to share some of these truths with other women in the form of her fictional novel, *I've Been Down the Road You're Looking At*.

These thoughts and feelings, along with the thoughts and feelings of other women, have been placed into the pages of each character's life. Her targeted audience, who are women, are captivated by the "realness" of each woman's life. Her focus as an author is to help other women who may be professionals experiencing problems in relationships, personal choices, and conflicts with men who are intimidated by their success.

She is a graduate of North Carolina A&T State University where she earned an undergraduate degree in Business Administration with a minor in Marketing and a Master of Science Degree in Adult Education. She enjoys spending time with her family, serving the Lord and meeting new people. Because of her travels throughout Europe and the Caribbean, she openly embraces diversity.

The AC Phoenix wanted to know what inspired Spoon to write the book. She responds, "I wanted to write about life. Often novels do not tell a story from the woman's perspective in relationships. I wanted the reader to understand that no matter how difficult the situations, "You Can Prevail." K.R. Spoon keeps it real.

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*... 'O Come
All Ye
faithful!*

At this holiest time of year, we'd like to join you and your family in giving thanks unto the Lord for his never-ending love and guidance in helping each of us to find our own way.

May you discover renewed hope, encouragement and fulfillment during this Christmas season.

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