

## UNION BAPTIST CHURCH ADDS THIRD SERVICE

With two strong services now going, Union Baptist Church will add a third worship service on Sundays called Over Flow at 1:00 pm. "This service is a very contemporary service with high energy," says Dr. Sir Walter Mack, Jr., pastor and teacher at Union Baptist. "It will be a non traditional service with an instructional message, encircled with steppers, college praise teams, rap and poetry. It promises to be an awesome worship experience." A nine o'clock worship service was added four years ago, called Hour of Power to provide a time of worship for people who worked odd hours and had other time constraints.

The Over Flow church service will be in young adult language says Mack. Many of our young people grew up "unchurched." Just like older adults who have been in the church all their lives, young people want worship that speaks to their life experiences, that challenges them to develop



Dr. Sir Walter Mack, Jr.

deeper relationships, that gives them a sense of community, and connects them with something greater than themselves. This service is designed to inspire them and let them have "real worship."

Continued on Page 34

## READY FOR THE RUNWAY

By Herbert Miller

Are you ready for the runway? Are you ready to walk down the runway and strut your stuff? If you're not ready that's ok. There's a new store in the mall committed to getting you ready for the runway.

The Runway Men's Store is located in Hanes Mall on the second floor next to Dillard's. If you like to look like you just stepped off the "Runway" this is the place to be. Mr. Shahim says "The Runway" has something for everyone. He promises you won't be disappointed if you come by and see him.

This is the second store they have opened in North Carolina. The first store, "Vilanto," which is located in Charlotte, opened in 2000. The second store, "The Runway," opened in May of 2005 in Hanes Mall. The



Steve Harvey, Ahmed and Esther Shahin

Continued on Page 7

## IS THERE A DOCTOR IN THE HOUSE?



Dr. Michelle Powell

By Herbert Miller

Yes there is and her name is Michelle Powell! She has a brand new family practice in Winston-Salem. House of Life Family Practice PLLC is centered in the concept of Self-Healing through a

holistic approach. The practice provides a relaxed tranquil environment that is conducive to healing which includes an on-sight fitness center. She encourages people to learn more about themselves in the process of Self-Healing. During the healing process she feels it's not only important to deal with the physical symptoms, but also to deal with other forces that may have a negative affect on your life.

Dr. Powell is not just a family physician. Her specialty is Osteopathic Medicine. She is trained to do hands-on working and manipulating of the body in addition to traditional medical practices. She happens to be the only Osteopathic physician in the Winston-Salem area.

Her practice is able to treat almost any ailment that you may suffer from. She enjoys talking with African-Americans about STD's because of the high incidents occurring among them.

Continued on Page 6

## NEW EXECUTIVE FOR HABITAT FOR HUMANITY



Sylvia Oberle

Sylvia Oberle officially joined Habitat for Humanity of Forsyth County on February 1, 2006. Ms. Oberle is a local community leader and nationally recognized expert in creating safer neighbor-

Continued on Page 4

## INSIDE...

Coming Eventz  
Online Guide . . . . . 4

There are No Easy  
Solutions for  
Homeless . . . . . 8

Low-Income Students  
Not Asking for  
Aid . . . . . 19

Resolve to Be a  
Better You . . . . . 28

Winston-Salem Listed  
Among the "Hottest  
Cities" for Business . . . 29

Noted Business Leader  
Stricken With Cancer . . . 31

Katrina Hearings  
Show Litany of  
Bad Decisions . . . . . 46

# We Salute Women History