Presence of Mind.

People often lose their wits in presence of great danger, and are at a loss what to do for escape. If one retains presence of mind and perfect coolness, he can often save his own life and the live; of A Russian captain recently distinguised himself:

A remarkable instance of presence of mind on the part of the captain of a man-of-war is related by the St. Petersburg papers.
About the end of last month the Russian war frigate Olaf, which had accompanied the yacht of the Czarowitz to Coponhagen, was lying at anchor among hundreds of other ships in the harbor, when a fire was discovered in a coalcellar below, which was only a few feet from the powder macro. few feet from the powder-magazine. There was no time to put out the fire before it could reach the magazine, and an explosion of the large stores of cartridges and gunpowder contained in it would probably have destroyed not only the Olaf and the surrounding ships, but part of Copenhagen itself.

Captain Rehbinder, the commander of the Olaf, saw at once that the only thing to be done to prevent a catastrophe was to sink the ship. After sending away the crew, with the ship's papers, cash-boxes, and most valuable instruments in boats, he ordered the carpenters and engineers to make a leak in the vessel, and half an hour afterwards she sank

in not very deep water.
Next day she was raised again, and after some provisional repairs, was taken to Cronstadt, where was taken to she is now lying in the dock pending her complete restoration for service. The damage done is stated to be comparatively tri-fling, and the court-martial held on the officers of the vessel animously expressed the highest praise of the conduct of the captain and his subordinates. Emperor has appointed him his aide-de-camp, which is one of the highest honors conferred on Russian naval officers, and the officers and men under him have received gratuities from the Emperor's privy purse.

Child Education.

Let parents not lament because their children do not exhibit uncommon powers of mind in early life, or because, compared with some other children, they are deficient in knowledge derived from books. Let them rather rejoice if their children reach the age of six or seven with well-fromed bodies, good health, and no vi-cious tendencies, though they be at the same time ignerant of every letter of the alphabet. If they are in this condition, it is not to be inferred that their minds are inferior to those of children who have been constantly instructed. It is a great mistake to suppose that children acquire no knowledge while engaged in voluntary play and amusement.

Pathos in a Police Court.

Among the famous comic court reports of the Detroit Free Pressoccasionally appears a picture that is really pathetic. Here is

An old woman, whose was full of time's revengeful lines, whose hair was white as snow, whose sight was hardly strong desk before which she tremblingly.

I'm Honor said,

"God help such as you when second childhood robs them of strength of mind! Poor old wo-man, you may go!" She hesitated, and seeming to

feel that some explanation was

necessary, she replied,—
"It was either drink or drown myself! My troubles are too much for my old heart!" He pointed to the door, and

softly said,—
"My heart aches to see one aged, and weak, and tender, brought here. If you have a home, go to it. If your old heart

is troubled, sit down, and I will talk to you after the court closes." She walked feebly out, tears in the newsboy, offered her a score of pennies, hoping to lighten her burden, she shook her head and

"It's my old heart that aches and money can't ease it, Lord bless you, boy!"

Purposes, however wise without plans, cannot be relied on for good results. Random or spasmodic efforts, like aimless shots, are usually no better than wasted are usually no better than wasted time and strength. The purposes of shrewd men in the business of this life are always followed by carefully formed plans. Whether the object is learning, honor or wealth, the ways and means are all laid out according to the best rules and methods. The mariner has his claut, the architect his plan, and the sculptor his models and all as a means and condition of success. Invention, genius, or even what is sometimes called inspiration, can do little in any department of theorectic or practical science, except as it works by a well formed plat. The-every step is an advance toward the accomplishment of the object. Every tack of the ship made according to nautical law keeps her steadily nearing the port. Each stroke of the chisel brings the marble into a closer likeness of the model. No effort of time is the model. No effort of time is lost, for nothing is done rashly or at random.

Re What You Seem.

A nobleman once gave a grand ast to some of his friends. While feast to some of his friends. While his visitors were sitting at the table there came into the room a little lady and gentleman, most splendidly dressed, wearing masks, splendidly dressed, wearing masks, but no taller than children five or six years oid. The gentleman wore a searlet coat, trimmed with gold lace; his large curly wig was powdered so as to look as white as snow, and in his hand he held a cocked hat. The lady had on a dress of brocaded satin, trimmed with silver spangles. She wore a beautiful little hat and feather, and held a fan in her hand. They began dancing very gracefully, and sprang about in such a charming way that everybody was delighted with these pretty, well-behave children.

An officer who was dining there, suddenly took a rosy apple from the table and threw it be tween the pretty dancers. Then there did begin a scuffle and todo. They fell upon each other,

They fell upon each other too each other's clothes, scratching and scrambling, till off felither headdress, and, instead of two pretty children, two ugly monkeys stood before the company. Everybody was surprised, yet laughed aloud, but the old officer said, "Monkeys and foolish people manage to look well for a time in fine clothes, but they soon show

An Old Story.

On Wednesday of week before last, Henry A. Martin, a pauper of this county and an inmate of the poor house, was found dead in the road within half a mile of that place. Mr. Martin left Danbury late in the afternoon pre-vious, under the influence of liquor; and, as the night was yery cold, it is thought that he froze to death.

There is something unusually sad about the melancholy career of this old man. At one time he belonged to one of the wealthiest belonged to one of the weathers and most respected families of Stokes country.—He was a graduate of Chapel Hill College; afterwards was admitted to bar and engaged in the practice of law; and, still later, represented his county in the State Legas a young man of intuch promise, but in temperance and evil associations led him down, step by step, to a dishonored name and an humble grave in the pauper's burying ground. The deseased was near eighty years of age. The jury of inquest decided that his death was caused by intoxication and severity of the weather -Danbury Reporter.

The Poor.

The winter is approaching and there must necessarily, in the most poor people who will require as-sistance—for we have the poor always with us. But in view of the peculiar stress of money, and a consequent lack of employment added to recent financial embarrassment in this community, ther is every probability that the ne cessity of aiding the poor will be enhanced this winter, more than existing benevolent organizations will be able to relieve unless materially strengthened. It will not do (especially for those who call themselves Christians) to plead that we are poor. This is comparatively true, and yet it is by other comparison felse. It will be very hard if we look around us, not to find some one poorer than we, and less able to provide for themselves. There is small for themselves. There is small prospect that business, which was so hopefully reviving under the genial influence of bountful crops and confidence in finances, will resume its usual tone for the next six months to come. next six mounts to come. Operations of all kinds have received a paralyzing check, and unless relief is devised, much suffering must ensue. In view of this, let us not forget those who may be sublimed and fairner. We are subject to suffering. We may have but little more than they, and little to give, but little will give relief. Remember, there is that scattered yet increaseth.

"Come and see Me."

A writer says: Never take "Come and see me" as a phrase meant in (ar est unless it be ac companied with a date. Such an invitation amonuts to nothing at all. If a lady or gentleman ires your company he or she vill appoint a time for your visit. Call on me when you can make it convenient," 'Drop in as you are passing,' Make us a visit are passing, Make us a visit whenever you have an hour or two to spare, are social ambiguities by which men and wom nof the world understand that they are not expected to do the thing requested. When people wish to be cheaply polite there is nothing like this kind of vagueness. The complimentry small change of society must always.

be taken at a large discount. It Roanoke, 203, R W Dasid, E M Hicks, W is never worth its face or anything like it. Yet it is a convention of the convention is never worth its face or any-thing like it. Yet it is a conven-ient medium of exchange, and heavy debts of gratitude that ought to be required in better coin are often paid with it. ple who have more polish than principle use it lavishly—plain, blunt honest men sparingly or not at all. Whoever makes a not at all. visit to a fashionable house on the visit to a tasilonable house on the strength of a mere 'Come and see me,' will very often find that the family circle he has dropped into my request is as ungenial as the Arctic circle, and he will probably lauve it with a chilly feeling that will prevent him from venturing in the same high latitude again. But when a whole-soul again. But when a whole-soul ed man, whom you know to your friend, grasps you by the nand and says, 'Come and dise with me to-day—dinner on the table at 5 o'clock—be sure to come -we shall expect you,' you can take it as certain that your presence is warmly desired. It is pleasant always to make or re-ceive a visit from a friend, but a nod on the street is all sufficient form a fashionable acquain-

Meatite Plints.

It is 'the little foxes that spoil the vines,' and it is the little of omission and commission that hints may seem of triding importance, but they will, it heeded destroy the little foxes' that an

noy us:
Eat only three times daily, and never between meals—not a nur or an apple. Drink nothing while

eating.
One hearty meal of meat per day is sufficient. The other twishould be spare.

Avoid late suppers, pork,

ces and pepper, rich pastry, in imperfectly cooked beans. Wheat, out and barley meat, with beans peas, lean mosts, fish-and wild game, are the best and

des of food.

Fruits are cooling to the blood, and specially adapted to warn

Eat slowly, masticate your tood well, and eat nothing for three hours before retiring.

three hours before retiring.

Let the time spent at the table be happy. Encourage pleasant, cheerful conversation; joke, but do not argue. Rest a half-hour after every hearty meal.

Committee of Suboramate Lodges Appointed under Resolution of the Grand Lodge, to raise Camerballouser for the Ophus Appliance.

American George, 17—Dr. C L Campbell, ! C Maddry, & W Sponcer. Davie, 39, Thomas J Pugh, Joseph Cetten

Geo A Tally.

Hiram, 40, J C R Little, T W Blake, A R

Winston. Concord, 58, W G Lewis, John W Cotton

Joseph P Saggs.

Scotland Neck, 68, A B Hill, W E Whitmore, G L Hyman.

Eagle, 71, James A Gattis, Charles C Tay-

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Orr, 104, J F Randolph, T J Carmalt, Richard Granger.
Clinton, 107, N M Roan, J C Griffith, C

Watson.
Franklin, 109, Wm M Thompson, F B Mace

B Lowenberg.

St. Albans Lodge, 114. Rd. McQueen, H. T. Pitman and Noill Townsend.

Mt. Lebanon, 117, James W. Lancaster, A. J. Brown, S. B. Waters.

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R Turnor.
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Wiccicon, 240, Norman L Shaw, Matthew Brewer, Win E Feel.

Rountree, 243, Allen Johnston, S. Quincoley, Wm. D. Tuoker, W.T. Moseley, F. M. Pittman, Henry F. Brooks.

Newbern 245, J. E. West, T. Powers, E. Hubbs.
Catamba, 243, R. P. Rienhardt, J. X. Long, D.

W Ramsour.
Shiloh, 250, W H Gregory, Rev E Hines, T J Pittard.

J Pittard.
Farmington, 265, L & Hunt, W & Johnston,
W F Furches.
Watauga, 273, J W Conneil, J Harding, L
L Green.
New Lebanon, 314, Samuel Williams, John

Jacobs, W M Spence. usalem, 315, John H Davis, Geo E Barn-

hert, Thomas M Besseut.

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D., J W Powell, J B Phillipa, W P Hines.

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