SECOND SECTION

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ROCKY MOUNT



MUSIC IN THE CHURCH

SECOND SECTION

WILLIAM T. GRIMES

CORRECT METHODS OF BREATHING FOR THE SPEAKING AN SINGING VOICE—CONTINUED

a taking a complete, or full, breath, the entire chest should panded in all directions without raising the shoulders. This The little attendants were girls , the ribs at the sides and increases the circumference of the and boys aged four to six. The The greatest increase and stretch should be felt just above the waste line, and around both sides as far back as the spine. full dress suits. "Yes. Jesus Loves This action of the ribs is called costal of rib breathing. In my Me" was sung by St. James Jubilee pic bus article it was explained that diaphragm breathing con- chorus. Scripture was read by Lit. side of taking in the breath by the support of the diaphragm which the Miss Barbara Battle, prayer was cont acts and flattens downward, increasing the depth and ca- by Hilton McClam, "Sweet and poc y of the chest and drawing the air dow into the lungs. In Mandley Remarks were by Miss ve or involuntary expiration, the diaphragm relaxes and is Paddie Brown. Special guest was a and domed upward again into to chest by the contractility Rev W S. Summerville who lungs, which expels the breath. In forced expiration this made some very timely remarks is aided by the contraction of the abdominal muscles. Dia-m breathing is usually used for ordinary speaking and sing-son, and C. T. Edward. ort sentences. When a large volume of tone is desired, and peaking and singing long senteces and phrases, a greater Mrs. E. C. Haywood were at the f breath is required, which calls for greater expansion plano. The winning babies were: gs to enable them to take up more air.

a large amount of breath is needed, costal and dia- prettiest babies. Best dressed was creathing should be considered. When little breath is was Host Lee Cooper Honorable aphragm breathing alone is sufficient.

muscular effort is not necessary in exhaling There should Marchil Word an or rigidity in the throat muscles. The muscles convocal cords act automatically and therefore, need no The proceeds were \$73.75. Little

entrol and management of the breathing muscles count of illness ared as near as possible, through proper practice in ther the lungs are full or nearly empty, just the skine, pressure, and speed of breath required may be 111 all blown between the vocal cords to enable them to proor pitch, variation, loudness, and duration of the desired

best ing is one of the best known tonics or at ! good one for the entire system. With each expiration we the daugther of the late Essex and Hanly Furiev gave a reporter for be a Negro." breath that centains carbonic acid, a deally poison with seity Dunn. Born in Rocky the Negro press during an interthat the giving and n Breath Mount, December 27, 1870. She view here A well-known author. The purpose of Father Furfey's to a year and like to the voice. Develor your lungs couried be late Junious Ross and and lecturer on Catholic social tour was to investigate post-war

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plain down-hearted, YOU CAN be helped. If you are he ke, held back by great invisible forces around you-I mantee to help you. I guarantee results, not un'ulfilled A word to the wise is sufficient. Call and be convin-

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Residings for White and Colored

FUCKY DAYS AND NUMBERS

Locales to Studio Trailer - Highway 301. One block mean City Linux -- S. Church Street. Bus posses the door, Look for hand sign, Rocky Mount, N. C.

CHURCH BENEFIT CONDUCTED HERE

The Nash and Edgecombe Baby show was presented at the Community Center Sunday, October 10, for the benefit of St. James Baptist Church, the Rev. W. J. Mason,

The color scheme was blue and small pot plants covered with blue and tink paper, tied with pink and

The program began with a preude, Twinkle, Twinkle Little Star. girls were dressed in bink evening Low' was played by Mr. W. H.

Mr. W. Howard Manley and amount of money. Horetence July mention in walking babtes were. Brenda Byrd, Gilda Hine and

All the children received gifts Curley Jean Battle and Dorothy Burton were unable to attend o

Manning, new deceased. She is returned from a six-week tour panied by seven graduate sec by one daughter, eight of western Europe.

ROCKY MOURS DEATHS & FUNERALS THRU WRITTEN EXAMS Doors and Ruble Horne,

Church recently when he deliver two daughters. ed a very stirring message on Missions. Dr. Somerville related various experiences that came to him.

Funeral services were conducted a soldier's eligibility for advanceat Mount Pisgah Presbyterian ment. ous experiences that came to him dt Wednesday at 2.00 with claim for America's support of the the Rev. J. Barnett in charge.

Mrs. Mariah Bullock, the former Miss Marian E. Wade of Rocky Mount, has completed six weeks of summer work on her master's degree at Utah State College and has begun her studies for the winter session of 1948-49.

Mr. James E. Bullock, husband also working on his master's deree in agriculture at Utah State College, Mrs. Bullock did her undergraduate work at Bennett Col-iege in Greensboro, Mr. Bullock completed his undergraduate work A. and T. College of the same city. He has also studied on his naster's at Cornell University Mrs. Bullock is the daughter of ir, and Mrs. Horace Wade of Rocky Mount,

Mrs. R. W. Underwood has been eported as recuperating from her recent illness. We wish for her con-

Dr. F. H Avant is improving at the St. Agnes Hospital in Raleigh.

The coverage of the presidential empaign tours by the Negro press s the best in history. Another indiction but we are "crowing up" n national offairs. (But just remember, bub, that first class citizenship means first grade responsibility; don't let us down.

While Ford Motor Company exin mobe more than a million in to in 1948, the backill totals about avo million.

GRIMIES MORGAN

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YOUR NATIONAL GUARD DIVISIONS - CONTINUE THE OLD TRADITIONS

This is the fourteenth of a series on the Infantry and Armored Divisions of the new National Guard. They are presented to acquaint you with the organization which will be an M.Day Force, trained, equipped and available for immediate service with the Regular Army

39TH INFANTRY DIVISION—Companies and batteries famous in the South long before the War Between the States make up the 39th Infantry Division of the new National Guard. Although not activated as a division for World War II, most of its former or present

day units were in action, seeing combat in both major theaters. In World War I the 39th was organized at Camp Beauregard. Louisiana, in August

of 1918. Arriving in France shortly afterward, it became a replacement division, transferring men to other combat outlits.

Its four infantry regiments in that conflict were the 153rd and 154th, both from

Arkansas, the 155th from Mississippi, and the 158th from Louisiana. The 155th dating back to 1798 when it was organized as the Adams County (Mississippi) Militia, fought in the War of 1812, the Creek Indian War, the Mexican War, and then, as the First Mississippi Volunteers, in the War Betwen the States, The 153rd was organized in 1899 as the 1st Infantry, Arkansas

During World War II the 154th and 155th fought in the Pacific part of the 31st Division. The 153rd went to Alaska, and the 158th served in the European Theater of Operations. Threaded through the division's history are the traditions of the famous Washington Artillery, old New Orleans unit whose

heritage passes on to the 141st and 935th Field Artillery Battalians organized in that city today. Formed in 1839 as the Washington Battalion, New Orleans Artillery, the outlit was redesignated the Washington Regiment in 1845. One of its units served in Texas in 1846, before the Mexican

War. It later resumed the name of the Washington Battalion, and went into Confederate service in 1861. One battery was furnished to the Army for the Spanish-Amrican War, and-as the 141st Field Artillery-the unit served in France in World War I Reactivated in the summer of 1948 as one of 25 infantry divi-sions in the postwar National Guard, the 39th now includes troops

from Louisiana and Arkansas. Louisiana has the old 156th and the new 199th, and Arkansas supplies the 153rd again.
Commanding General of the new 39th is Major General Ray mond H. Fleming, of Louisiano, the former Adjutant General of

No Negro News In Europe. Says Priest-Sociologist

this union four children were thought, including interracial social conditions in Belgium, a See later married Earnest subjects. Father Fucfey has just France and Italy. He was accom-

one sen-in-law and one bean news of interracial interest, group are staff-members at Xav the priest apswered: "Really lex University in New Orleans, restern Europe do net, as a rul

tis Atlantic Avenue, departed this to qualify for promotions by tak-No Sunday, October 10, at 11 P. ing written examinations. M in the Parkv'ew Hospital. She noon by a stroke resulting from a Dr. Windell C. Somerville, Exe-cereberial hemorrhage. She is surculive Secretary of the Lott Carey wived by one sister, only, Mrs Lear reign Missions Convention was Yeargan of Raleigh, a husband, formal beginning of the Army's he guest of St. James Bap'ist Mr. B. F. Rawlins, two sons and program for competitive promotion

missionary work. He told his hear-ers of the urgent need for funds to relieve starving humanity and the spreading of the gospel to other nations.

Many beautiful floral designs were sent by friends from various sec-tions of the county. The burial took place on the family lot in the Unity Cemetery.

Washington, D. C. - "In Eur- judge a man by his color Color ope, color is a physical charact to them is only an accident. The tersitie with no social signifi- fact that a man happens to be

chaldren; five great grand. When questioned as to Euro-1910. Four others members of the

ARMY FOOD HANDLERS TO EARN PROMOTIONS

Beginning in November, the Army's cooks, bakers, butchers and Mrs. Carrie Pierce Rawlins of mess stewards will have a chance

These examinations for its food handlers will constitute the first service-wide promotion examinations conducted by the Army Department for its enlisted personnel. Covering all enlisted jobs in the food service field, they mark the tests as the basis for determining

Men passing the test will receive promotions on the basis of a composite score obtained by correlating their test scores with their efficiency ratings and length of

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N. C. State Library Assn. AME Zion Conference To Meet In High Point Goes To Williamston

HIGH POINT - The William Penn High School will be the scene of the annual meeting of the North Carolina Library Association which is scheduled for November 5, and 6, when more than 150 librarians from North Carollina, South Caro lina, Virginia, Georgia and Florida are expected to attend the two day session

Miss Elizabeth Gili, Librarian at William Penn, chaiman of the local planning committee, is directing arrangements.

The meeting will get under way Friday afternoon at 2 o'clock with the local welcome program in the school auditorium. A brief business meeting will begin at 3 o'cock and sectional meetings will be held from 3:30 to 5:00. Three sections deaing with public, college, and school libraries will be provided and a fourth is being arranged for trustees of public libraries.

A formal dinner meeting will be held Friday night and will be followed by a social in the school gymnasium. Saturday morning's session will begin at 9.00 and will feature a professional discussion on the theme, "I(toks, a Foundation of Freedom." The business of the association will be concluded at a meeting Saturday afternoon when committee reports will be heard and the election and instal lation of officers will be effected.

Plans for the meeting are being directed by Miss Thelma C. Nelson, Librarian of Shaw University, Raleigh, President, and Miss Pen ny E. Perry Librarian at Second Ward High School, Charlotte Exe cutive Secretary.

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WILLIAMSTON - The city

of Williamston and the AME Church there, together with the Rev. A. H. Nixon, host pastor-Presiding Eder, wil entertain the 38th session of the Abermarle Conference of the AME Zion Church, November 10-14. Athough this is the first Annual Conference that Bishop

Medford has held since his election to the Bishopric of the church, he has lost no time in visiting his work here in America, and he has developed a thorough knowledge of the needs of the church in this conference and has plans to be inaugurated which will strike a new note

in the work of the church. The Bishop said: "Too often church leaders have over-emphasized the rising of money. and have not put enough stress on the real work of the church, that is, the "ingathering of souls." He will require each minister to report in open conference, the names and the number of conversions and accessions in his pastorate during the conference year.

The work of the Women's Home and Foreign Missionary Society is under the expert leadership of Mrs. Willie G. Alstork, the widow of our lamented Eishop Frank W. Alstork, who was in charge of the District at the time of his death.

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