

HOLY NAME GROUP NAMES OFFICERS

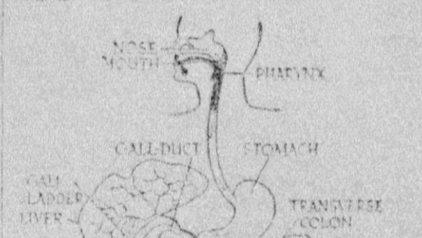
RALEIGH — The Holy Name Society of St. Monica's Church — a Confraternity of the Catholic Church whose primary purpose it is to promote love, honor and respect for the Most Holy Name of Jesus — held their first meeting of the year last week and elected new officers. They are: Florentine Pope, president; Daniel Coleman, vice-president; Albert Evans, secretary and Jesse Pope, treasurer.

The Rev. Father John S. Dillon is the Spiritual Director of the Holy Name Society and at each meeting gives short talks to the members. The Society meets the second Friday of each month and this coming Friday Father will give a talk on the "Sermon on the Mount." The Society has a definite and adequate program for the year.

given by Mr. William Reid. At either end of the table was a lighted tall green candle. Both the living room and dining room were beautifully and artistically decorated with cut spring flowers. Mrs. Brown received many useful and gorgeous gifts. The guests present were: Mr. and Mrs. Joseph Thomas, Mr. and Mrs. Harry James, Mr. and Mrs. Willie Chapp, Mr. and Mrs. Willie Huddle, Mr. and Mrs. C. H. McLenon, Mr. and Mrs. Fletcher Haywood, Mr. and Mrs. Leonard Jackson, Mr. and Mrs. William Reid, Miss Nannie Morgan, Miss Carol Hunt, Mrs. Laura Wimmer, Dodge, Mrs. Gussie Gray, Mrs. Martha Eplawn, Mrs. Lillie M. Lev, Miss Dorothy Lane, Mrs. Sara Brower, Mrs. Sarah Sharpe, Mrs. and Mrs. Emmanuel Allen, Mrs. Ruth Catehart, Mrs. Elizabeth Cofield, Mrs. Dorothy Baker, A. Joseph Sanders.

The cut of town guests were: Miss Ruby Paulin and Miss Maude Ellison of Castalia, N. C. Miss M. L. Paulin and Miss Ernestine Young of Henderson, Mrs. Ida Turner of Montclair, N. J. Lawyer Wilson Gray of Washington, D. C.

TAKE A LOOK AT YOUR INSIDES



Study the above drawing for a few minutes. Notice particularly how the bile flows from the liver into and out of the gall-bladder and thence into the small intestine where it mixes with the partly digested food just below the stomach. Bile is a necessary adjunct to proper digestion. Its absence from the intestines inevitably causes putrefaction and fermentation.

NATURE'S DANGER SIGNALS When your stomach, liver, and gall bladder have been upset by improper eating or drinking, or when they are not working well because retained and putrefying food matter in your intestines is poisoning your entire body, your bile stops flowing freely and you, sooner or later, begin to feel some of the following symptoms: Your breath may become unpleasant (halitosis), your tongue coated, a bad taste in your mouth, your coffee (and tobacco) lose their natural flavor, your food does not agree with you; you may have headache, heartburn, gas and dizzy spells, you may be troubled with belching; at night the gas in your bowels may press upon your bladder making you get up frequently, thus breaking into your sleep.

In the morning you are tired instead of refreshed. Gradually your health is impaired: you have constipation, gas, putrefaction and self-poisoning ("intestinal toxemia" or "acute gastritis" as many doctors call it).

HOW TO GET RELIEF You can relieve this condition, usually overnight, by taking Calotabs at bedtime and drinking water freely next day. Calotabs are a thoroughly dependable laxative designed to effectively relieve symptoms of biliousness and acute gastritis due to constipation or faulty digestion, and to promote the flow of bile through the intestines.

Calotabs are pleasant to take (sugar coated), prompt and effective. Try them and see. Follow label directions. At your druggist's.

Demand the original Calotabs in the distinctive checker-board box. Accept no substitute.

National Alumni Ass'n Unit Slates Meeting

CLARA CELESTINE BARNES

The Third Annual Conference of Area Four of the National Alumni Association will be held Friday and Saturday, March 4 and 5, 1949, at State Teachers College, Raleigh, N. C.

The first session of the conference will be held Friday night, March 4, at eight o'clock in the college auditorium. Greetings of welcome will be extended for conference by President S. D. Williams of State Teachers College and

the college choir will sing. The Rev. J. R. R. McRay of Elizabeth City will deliver the address.

The Saturday morning session of the conference will be devoted chiefly to the discussion of assistance and the election of officers. The president will deliver his annual address in the Saturday afternoon session of the conference and new officers will be installed.

The National Alumni Association is a national organization composed of school and college alumni associations offering work above the

high school level. It was organized April 6, 1946 at the Winston-Salem Teachers College. For the purpose of regional fellowship the organization is divided into areas and Area Four is composed of the school and college alumni associations of North and South Carolina.

Officers of Area Four are as follows: President, J. D. Marshall, S. C. State College; First Vice President, Rev. G. E. Check, Shaw University; Second Vice President, A. T. Butler, Allen University; Secretary, Miss C. C. Barnes, Winston-Salem Teachers College; Treasurer, Mrs. M. L. Turner, Elizabeth City Teachers College; and Chaplain, Rev. E. M. Booker, Morris College.

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FOURTH STRAIGHT WIN—W. D. Peggam of Varina, Route 1, doesn't believe in doing things by halves, and as a result he was judged the winner in the Wake County corn growing contest for the fourth straight time. Here he is shown receiving

the winner's check from B. W. Haigh, chairman of the Raleigh Merchant's bureau agricultural committee. Looking on is W. C. Davenport, Wake County farm agent. Photo Courtesy of News and Observer.

CO-OP CREDIT UNION ORGANIZED BY ASS'N FAIRMONT

BY DOROTHY FLOYD

The Rosenwald Panthers won a victory over The Armstrong quintet of Armstrong High School in Fayetteville on Friday, January 23, by a score of 27-10. The second game turned out in their favor also by the count of 43-13. P. E. Shaw is Coach of the Fairmont team and Mr. Allen, his assistant.

The Rosenwald Panthers were defeated 41-22 by the Beaufort quintet in the Rosenwald Gymnasium. The Beaufort quintet was on a tour — a very victorious tour through Southern North Carolina.

The victory of the Rosenwald Panthers over Bladenboro high was cheered wildly by the Rosenwald students. The score was 34-31. J. Singleton, instructor in the Bladen County School system, is coach of the Bladenboro team.

The Panthers have an opportunity for this week, Red Springs, February 8th, at one o'clock. Entrance on the same date at 7:30. The Panthers have won the last four games and are expected to win many more during the season.

There was a program Sunday, February 6, given at the AME Methodist Church sponsored by the "Four Travelers" of Wilmington. The program was enjoyed by every one. Donation \$35.70.

The Boy Scout troop 124 of North Fairmont celebrated National Boy Scout Week Sunday, February 8th. Rev. B. B. Bethea was guest speaker.

Funeral services for Mrs. Melinda Thompson were held at the St. John Methodist Church, of which she was a member on Sunday, Feb. 6. Rev. Fred Foy officiated.

Music was rendered by the senior choir, with Mrs. Linnie T. Thompson at the console. Obituaries and condolences were read by Mrs. Josephine Smith. There was a solo "Does Jesus Care" beautifully done by Mrs. Ethel Gaddy. Survivors: two daughters, three sons, sixteen grand children, four great grand children, and a host of other relatives and friends.

FAIRMONT BIRTHS A baby boy weighing 9 1/2 pounds was born to Mr. and Mrs. Thomas Campbell on Tuesday, February 1, Mr. and Mrs. Campbell live at 121 Linden Street.

On Wednesday, February 2, a baby girl, Rosa Mae, was born to Mr. and Mrs. Kern Nance who live on Phillips Street.

On Friday, February 4, three babies were born in the same neighborhood between 9:00 A. M. and 12:00 A. M.

At 10:15 a baby girl was born to Mr. and Mrs. John L. Linsey. She is Ingrid Johnson. Mr. and Mrs. Linsey live at 105 Cole Street.

At 9:00 A. M. a baby girl was born to Mr. and Mrs. James Ghee of Benjamin Street. Mr. Ghee is a native of Kembra, Va., and Mrs. Ghee is a former Miss Louis Brown of Fairmont.

A baby boy was born to Mr. and

Advertisement for Smith-Melville Homogenized Vitamin D Milk, featuring images of children and text describing the product's benefits.

Advertisement for Calotabs, featuring a diagram of the digestive system and text explaining how the product relieves backache and digestive issues.

STORE HOURS 9:00-5:30 WEDNESDAYS 9:00-1:00

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Advertisement for Sacson dresses, featuring illustrations of two women in different styles of dresses and text describing the fabric and fit.

Advertisement for Hudson-Belk, featuring a coupon for a 3% sales tax and 12c postage, and the company's name in a stylized font.