

# JOHNSTON COUNTY

## SHORT JOURNEY

By DOROTHY L. McALLISTER

In order to build organic fitness today and tomorrow through perfect vision, definitely selected to build strength, capacity and capacity and increase health habits for today and tomorrow in the boys and girls and activity was chosen by Mrs. McAllister under the title "Creative Art." From this comes a dance group.

Her training as a student in college helped to inspire her to choose this as an activity for the girls only of this school. There are from 35-40 girls taking this course beginning with the grades 2-7. Some have been with the group for as many as four years and are now making very good dancers. The dancing includes types, tap, modern, interpretative, and spirituals.

The main participants of this group, that is, those who have mastered the pose they should have in the dancing, grace, rhythmic movement, and the dance itself are: Clara Pearl Peacock, Nora Miam Sanders, Ella Lee Everett, Bettie Mae Moore, Janet Sanders, Martha Ann Williams, Edith Ann McNeil, Pauline McNeil, Nellie Langston, Clara Bell Watson, Elizabeth Turner, Sarah Love Luster, Ida Mae Christ, and Margaret Sanders.

These girls, along with their teacher, Miss McAllister, will give a concert consisting of the dances they have learned this year and others on June 2, at 8 o'clock P. M. as a part of Short Journey School's closing program. With them will be the activities from the 4-H Club Mrs. Dollie Sanders, teacher; vocal music — Mrs. Bertha Gillis, teacher; and physical education, Mrs. Essie Wilder and Vandala Wood, teachers. The public is cordially invited to attend.

The pupils and teachers of Short Journey completed their science study by summarizing each month's study by grades in the form of a program on May 18, 1949 during the activity period. Our theme for the year was "Enriching Learning and Living Through the Use of Science Experiences" and the following topics were used:

First grade, heat, light and sound; Second grade, earth, third grade, animals and insects; Fourth grade, magnetism and electricity; Fifth grade, atmosphere; Sixth grade, plants; and Seventh grade, seasonal changes and planetary movements.

Some of their activities included using band instruments to designate various sounds; charts showing shape, size, and contents of the earth; and a playlet, charts showing kinds of animals, where they live, and those useful and harmful to man.

Experiments were done to show what magnets will do, how to make them and how electricity works. An experiment was done to prove that

is all round us, it has weight and occupies space. A good experiment was conducted from a penny placed on a movable blackboard by the pupils, then the use of microscope was used to show veins and stains of a leaf.

Boy and girl demonstrated how the earth revolves around the sun in four seasons, how people dress during the change of seasons. These were well planned and valuable information was received from all of it.

The PTA held its last meeting for the year at Short Journey School on May 19. The program was sponsored by the 7th Grade. The program consisted of music by Five Gospel Stars, poem, "Man in the Moon" by Robert Elliott and Argonne Williams, the mistress of ceremonies and a short talk on the trip made by the 7th Grade Class to the Johnston County Training School for "Orientation Day" was made by Evelyn Mae McClair.

After the program, one of the most interesting meetings of the PTA this year followed with Willis McLean, the president, presiding. A play, which is a beautiful play "Dinner" donated by the school, is offered to the class with the largest number of parents present. The Sixth Grade Class received the prize.

Patricia Thomas and Dollie Erskine McNeil of the first grade spent the week end of May 20 with their teacher, Miss Vandala Wood of Fayetteville, N. C. These girls visited their teacher because they raised the two highest amounts of money in the Class Rally Drive held in the fall.

They had been promised a trip to Fayetteville and a ride on a elevator. While in Fayetteville, they visited Fort Bragg. At Fort Bragg they went to a movie, took a tour of the entire post and went to Spring Lake. They said that the week end was a very exciting one.

Robert Moore, Jr., president of 4-H Club, announced that the 4-H Club will end its activities with a picnic on June 2. This Club will take a two-mile hike up the highway from their school with their teacher leaders Mrs. Murph, Mrs. Sanders, and Mrs. McAllister.

Mrs. and Mrs. Thomas Sanders of Route 1, Smithfield, are happy to announce the birth of a son, Robert Earl on Mother's Day.

Mrs. Vest McCoy of Raleigh, visited Mrs. Sabe Sanders of Route 1, Smithfield on Sunday, May 22. On May 18, the faculty of Short Journey School and Mr. and Mrs. W. R. Collins of the Johnston County Training School were invited to a dinner at Mrs. Julia Blackwell's home on Route 1, Smithfield. Mrs. Blackwell is the grandmother of Samuel Blackwell, a Sixth Grade student at this school.

## Timely Farm Hints For The Homemakers

RUTH CURRENT

To make the most of the plentiful cheese on markets now, these hints for cooking are suggested by the foods specialists.

Go easy on the heat. Cheese needs only enough heat to melt and blend with other ingredients. High heat or too long cooking makes it tough, stringy and leathery. Too much heat may cause curdling in mixtures of cheese, egg and milk.

Add cheese to other ingredients in very small bits rather than one large piece. When broken up, cheese does not form a solid lump of curd when the fat melts, and allows the mixture to cook in a shorter time. Grating is the easiest way to break up hard or dry cheese. Soft cheese may be shaved thin, flaked with a fork, pressed through a sieve, or run through a meat grinder.

Blend cheese in a smooth sauce before adding to other ingredients whenever possible, to prevent curdling. A white sauce with cheese melted in it may be poured over cooked vegetables for a scallop or on macaroni before baking.

All is not vanity when a girl looks into the mirror—or at least, it shouldn't be. The young lady should give herself a critical up-and-down and should remember as she goes so that a personal appearance reflecting neatness and cleanliness will tell quite an accurate story of the degree of perfection which may be expected of an individual in work, and in other activities.

Remember, stains are more easily removed if the remedy is applied immediately. Egg or meat juice—sponge with cold water. When dry, sponge with carbon tetrachloride. Fruits or fruit juices—soak in cold water—wash in warm water. Old stains may have to be bleached with an appropriate

bleach. Cod liver oil—this is sometimes difficult to use. It doesn't show up until the material is put in water. Examine the clothes closely for traces of cod liver oil. Soak stains in carbon tetrachloride, wash in hot suds and rinse well. Old stains that have turned brown with ironing may have to be bleached out. Use one tablespoon of bleach to one gallon water for colors.

## POET'S CORNER

TO MARY McLEOD BETHUNE  
By Georgia Douglass Johnson  
for ANP

You've traveled far  
A long, long way  
From the low, low ground of sorrow,

Born handicapped, born undertoot,  
Yet with the yeast of dauntlessness  
fermenting  
In your heart  
Neither could bind you, hold you  
nor

You ground your spirit leaped  
All terrors—all deadal bars  
You climbed, you climbed

Climbed highest leaders round by  
round  
You mounted, finding kindly hands  
to aid you  
Hearts to understand  
The way I made way for you, your  
face.

Became a Sesame, and then,  
You reached the heights, a smiling  
hill.

And standing there, firm and  
square,  
Reached down  
With a gentle, loving hand  
To those who followed after you  
Who struggle up the steep way—  
Gave comfort, succor, tread aloud,  
"Come up, come up, stand by my  
side."



NEW CHAPTER MEMBERS OF DELTA SIGMA THETA — These eight attractive young women recently established the Delta Alpha Sigma chapter of Delta Sigma Theta Sorority, Inc. at Pensacola, Fla. Left to

right, sitting: Sorors Marion Bradford, visiting members of Tau Sigma chapter in Birmingham, Ala.; Catherine A. Goldsmith, journalist; Clemmie L. Welcher, southern regional director; E. Arkansas Dudley, pres-

ident; standing: Marial A. Walden, treasurer and sergeant-at-arms; Helen Andrews, recording secretary; and Genevieve L. Love, corresponding secretary and chaplain. (ANP)

## State College Answers Timely Farm Questions

QUESTIONS: Do cantaloupes and cantaloupe mix during the growing season to change the flavor of the cantaloupe?

ANSWER: No, cantaloupes and cantaloupe mix during the growing season to change the flavor of the cantaloupe. As a rule, the difference between the two is in the size of the fruit, the cantaloupe being larger and the cantaloupe being smaller. As a rule, the cantaloupe is sweeter and the cantaloupe is less so.

QUESTIONS: In connection with the proposed new farm program, what information would be made available to the farmer regarding the production and marketing of his products?

ANSWER: Secretary Bradburn's maintenance of a production and marketing office say a production payment is required information and approval

of the county committee. QUESTIONS: What control measures are recommended for the control of the pest?

ANSWER: Spray or dust with DDT, Dieldrin, or other insecticide. Copper A, copper B, or Captan. The fungicide should be applied at weekly intervals. If dusts are used, applications should be repeated at 10-day intervals. For more complete information on the control of late blight, consult the leaflet "Late Blight of Potatoes" issued by the Agricultural Editor, State College Station, Raleigh.

Peak movement of North Carolina's 1949 potato crop was reported during the second week of May. The crop in North Carolina is expected to begin about the middle of June.

## For Better Dental Health



Extension of community health programs to make dental care available to all children is being urged by the American Dental Association.

Dental diseases, particularly tooth decay, are afflicting more than nine of each ten children. Yet, leading dental authorities estimate, only about one-third of the nation's children are receiving proper dental attention. Dentists are agreed that the only effective method of combating dental diseases is to start with children, to control and prevent dental defects before they become serious problems later in life.

For that reason, the American Dental Association is opposing establishment of a national system of compulsory health insurance in this country. Children would get less attention.

Association officials point to the present compulsory health insurance system in Great Britain. There, a sound system for providing dental care for school children is falling to pieces because the government program concentrates major attention on a repair program for adults. The same would be true here, dentists say, pointing out that any system which destroys the emphasis on the prevention and control of dental disease in children is not a good system.

A record production of 3,100,000 bushels of fresh potatoes was harvested in the State in 1948. The crop totaled 28,000 acres and yielded an average of 225 bushels per acre.

## WSTC Alumni Day Exercises Great Success

WINSTON-SALEM — One of the notable events of the 1949 Alumni Day of the Winston-Salem Teachers College was the entertainment of children of graduates ages 3 to 16 years. A group was awarded the class of 1939 for having the largest number of children present.

The group will be inducted into the class of 1949. The number of children present, it is reported, was the largest in the history of the college.

A Business Meeting, which was held in the Boy's Dining Hall at the college campus, was held on the afternoon of May 28.

The Annual Award to the alumni class of 1939 was presented to Mrs. Josephine Wilkins of Scotland Neck, class of 1927. She has served as treasurer of the alumni association since its reorganization in 1947. She is the wife of the late Mr. J. H. Wilkins, a member of the class of 1917.

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## CLASSING AID FOR FARMERS TO BE AVAILABLE

North Carolina cotton growers will wish to see the South-Dixie classing service in their 1949 crop. The service is available to all farmers who are members of the South-Dixie Cotton Producers' Association.

The South-Dixie Cotton Producers' Association is a non-profit organization which was organized in 1947. Its purpose is to provide a classing service for cotton growers in the South-Dixie area.

The classing service is available to all farmers who are members of the South-Dixie Cotton Producers' Association. The service is provided by the South-Dixie Cotton Producers' Association.

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VOTE FOR A BETTER NORTH CAROLINA SCHOOLS ROADS

UNCANNALT WAR SAYS DR. BUNCHE

SAWYER AUTO SUPPLY SEE SAWYER'S IN SELMA AND SAVE 122 S. Rufford St. Selma

1949 RED CROSS FUND GIVE JORDAN'S JEWELERS Quality Gifts SINCE 1898 Smithfield, N. C.

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