

### HADACOL HELPS THOUSANDS OF ALL AGE GROUPS

Countless thousands have received that HADACOL, is beneficial to folks of all ages. That is the reason so many purchase the large, economy size bottles for all the family can benefit from nature's vitamins and minerals in HADACOL.

For instance, Miss Ethel Griddy, 222 Montgomery St., Fort Worth, Texas, only 17 year old, was "feeling nervous, had little appetite, her face was pale and she suffered from gas on the stomach."



Her system lacked the B Vitamins and Minerals which HADACOL contains and this may cause digestive disturbances such as heartburns, ten times Miss Griddy says she could not eat the kind and type of food she wanted without feeling terrible afterwards.

Miss Griddy who recently graduated from high school, is already working in a bank. She said that after taking several bottles of HADACOL she is now "feeling wonderful" and has "lots of pep and energy."

Most folks take HADACOL because it has worked such wonders for relatives or friends. Miss Griddy took HADACOL because her mother had taken 12 bottles with excellent results.



In nearby Port Arthur, Texas, Mrs. M. Thompson took HADACOL because it had done her husband so much good. He in turn, had taken HADACOL because an elderly neighbor told him of "feeling much better" after taking several bottles of HADACOL.

Mrs. Thompson's normal weight is 135 pounds but she was down to 119 pounds before taking HADACOL and after taking a few bottles of HADACOL she regained her normal weight.

"I was bothered with stomach trouble, gastric disturbances, I had lost my appetite and was bloated," said Mrs. Thompson. She had had several operations before taking her husband's advice on HADACOL and now she enthusiastically recommends HADACOL to her friends.

She, too, like Miss Griddy and the others, was suffering from the lack of the B Vitamins and Minerals in her system which HADACOL contains.

A lack of only a small amount of the B Vitamins and certain Minerals will cause digestive disturbances. Your food will not agree with you. You will have an upset stomach. You will suffer from heartburns, gas pains, and your food will sour on your stomach, and you will not be able to eat the things you like for fear of being in misery afterwards.

Many people also suffer from constipation. And while the symptoms may be the results of other causes, they are surely and certainly the symptoms and signs of the lack of the B Vitamins and Minerals which HADACOL contains. And if you suffer from such disorder, there is no known cure except the administration of the Vitamins and Minerals.

HADACOL contains not only one, but 5 of the B Vitamins, HADACOL Minerals which your system lacks, contains not only one, but 4 of the necessary Minerals. It comes to you in liquid form, easily assimilated in the blood stream so that it can go to work right away.

It is easy to understand, therefore, why countless thousands have already been benefited by this amazing tonic, HADACOL.

So, it matters not who you are, it matters not where you live, or if you have tried all the medicines under the sun, give this wonderful preparation a trial. Don't go on suffering! Don't continue to lead a miserable life. Many persons who have suffered and wished for 10 to 20 years or even longer, are able now to live happy, care-free lives again because HADACOL supplied the Vitamins and Minerals which their systems needed. Be fair to yourself. Give HADACOL a trial. — Ad.

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### Negro Land Grant College Prexies Hold Conference

Washington — The Presidents of Negro Land Grant Colleges Conference, meeting here next week, will be told by leading business and industry representatives how their institutions may better equip their graduates for roles in industry. The annual conference opens on Tuesday, October 18, and will adjourn on October 20. All regular sessions will be held in the Federal Security Building.

This year's theme is "Guidance and Occupational Trends." The presidents of 24 affiliated colleges are expected to participate. Lawrence A. Davis, of Pine Bluff, Ark., is conference president, and in his announcement:

"The symposium of business people is being organized by Julius A. Thomas, industrial relations director of the National Urban League. This marks the first time Negro educators have met with industry spokesmen to discuss the problems of preparing more Negroes for various levels of jobs in industry," Mr. Thomas said.

Commitments for appearances have already been received by Mr. Thomas from the following leading personnel experts: Russell Greenman of General Cable; Howard Jacobson, Dozier Jarvis Company; Joseph J. Morrow, Pitney-Bowes; Floyd Shannon, Western Electric; Melvin Levy, Gimbel Brothers of New York; and Joseph Bird, Radio Corporation of America.

John DeLoe Russell, chief of the division of higher education, U. S. Office of Education, is scheduled to open the conference. A memorial to Dr. Luther H. Foster, late president of Virginia State College, will take place on Tuesday morning at 10 a. m. The afternoon session is devoted to the business panel.

### CHECK COOLING SYSTEM BEFORE ADDING ANTI-FREEZE

A thorough check of the cooling system prior to adding antifreeze is a major step in preparing your car for winter driving according to L. L. Pierce, national service manager of Ford Division, Ford Motor Company.

"Thousands of motorists lose their antifreeze every year through boiling away or leakage simply because they failed to take this precaution at the start of the season," Mr. Pierce explained.

"Not only should the hose lines and connections be thoroughly checked for leaks, but the radiator and entire cooling system should be flushed out removing the sludge and dirty water, which prevents free circulation."

"Starting assurance" for your car despite freezing weather can be gained if the motorist also observes these few additional precautions:

1. Keep the battery fully charged and charging. A fully-charged battery will not freeze in temperatures ordinarily encountered, but a very low battery may freeze and burst the case open at temperatures not much below 32 deg. F. See that the generator regulator is working properly.

are not worn so dangerously rapidly they will make driving on icy roads doubly hazardous.

"Careful motorists will drive slowly until the engine reaches normal operating temperature," he says. "And by keeping the fuel tank full as much of the time as possible, they will prevent condensation of moisture and resultant freezing up of the gas line. A good plan is to fill the tank at the end of the day — driving, rather than at the start."

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### St. Aug. Homecoming Promises Thrills

St. Augustine, Fla., will be the scene of a half-time center parade, as well as official Homecoming when Miss Homecoming, a representative of the State star and a Bulova girl, will be crowned "Miss Homecoming" for the St. Augustine College Homecoming Classic at Claver College at 12:45 and follow the following route: Tarturo to Hargett, Park Saturday at 2 p.m. The guests from Institute will Hargett to Blount, Blount to South

South to Chavis Park. An Alumni Business meeting and other activities for graduates have been scheduled, the meeting planned for the morning hours. A coronation party for alumni and guests will be held at the Nurses Home of St. Agnes Hospital the evening preceding.

With two straight victories under their belt and three out of four for the season, the Falcons are respectful of their opponent in the game, the CIAA defending champions from West Virginia, but they have no means conceding defeat. The Saints were the only CIAA

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