

# Medics To Get "Check-Up" At Annual State Meet

## N. C. Doctors To Greensboro June 12th For 70th Convention

GREENSBORO—North Carolina doctors will get a heart "check-up" when they come here on June 12 for the 70th annual convention of the Old North State Medical Society.

It is a part of the program of the three-day meet to be held at A&T College. The formal program committee, headed by Dr. G. H. Evans, of Greensboro, has made arrangements for each of the visiting physicians to get a free electrocardiographic examination by courtesy of a manufacturer of the equipment.

Approximately 150 physicians and pharmacists, members of the organization and about the same number of wives are expected here for the separate sessions for the medical and pharmacy groups and the Woman's Auxiliary. All sessions are to be held in Carver Hall.

Professional papers will be presented by the following: Dr. Roy S. Wynn, Charlotte eye, ear and nose specialist; Dr. William G. Arlyan, assistant professor of surgery, Duke University School of Medicine at Durham; Dr. Arthur Freedman, Greensboro internist; Dr. W. W. Ralph Deaton, Jr., Greensboro surgeon and Dr. Joseph Gordon, Winston-Salem radiologist.

Dr. Roy C. Darlington, School of Pharmacy, Howard University, Washington, D. C., will address a joint-session of the

medics and pharmacists on Thursday afternoon.

The Woman's Auxiliary will have as its featured speaker Dr. Cecile B. Edwards, professor of Nutrition at A&T College.

The convention closes on Thursday afternoon following a business session scheduled for 2:00 P.M.

Dr. L. R. Swift, Durham, is president of the 70-year old organization. He will be succeeded by Dr. M. D. Quigless, Tarboro, the president-elect.

## Chatham Essay Winners In Radio Panel Discussion

Pittsboro—Students of the High Schools of Chatham County, winners of a recently conducted es-

say contest sponsored by the Health Educators Associates in cooperation with faculty sponsors were presented Friday over Radio Station WNCA, where they took part in a panel discussion, featuring different phases of Health Education.

Taking part in the panel were Misses Mildred Price, Chatham High School, Leah Ramsey, Horton High School, Virginia Chavis, J. S. Waters School. They were accompanied by Mesdames Ada Tyson, Helen Turner and Mrs. S. Turner, members of the faculty of the three respective schools.

Thomas Hunter and Robert Charlton, University of North Carolina were also present and took part in the panel discussion.

The presentation was built around the essays written by the winners which dealt with School Health or School Sanitation, Farm Safety or Home Personal Health or Hygiene, Safety.

The teachers, along with the University of North Carolina representatives felt that the program

## Shaw University Hosts 21st Ministers' Confab

Shaw University's Twenty-first annual Ministers' Institute, twentieth annual women's missionary training conference and seventh

At Shaw U:

## Dr. Harris Announces Summer Sch.

DR. HARRIS ANNOUNCES DATE Dr. Nelson H. Harris, director of the Shaw University Summer School has announced that the summer session for six weeks will begin on Thursday, June 6.

Courses will be available for high school graduates, holders of high school, primary and grammar grade certificates, the renewal of certificates and the changing of certificates to the Primary A or Grammar Grade A.

In addition, special courses in accounting and chemistry will be offered.

was highly helpful to the community and praised the winners for having presented such a full program on Health Education.

Bible Youth Camp were held on the campus Monday through Friday of this week. The theme of the conference was "Christian Leadership in World Democracy." The special guest minister and class instructor for the entire week was Dr. John L. Tilley of Baltimore, Maryland; and the guest speaker for Thursday evening (Women's night) was Mrs. Martha J. Brown of Brooklyn, New York. Separate programs were carried out by the ministers and the missionary women but the two groups met jointly at 11:30 o'clock assembly programs each morning and at public meetings nightly at 8 o'clock.

On Thursday morning President W. R. Strasser presented certificates to workers who had completed courses in district institutes.

Other special leaders and speakers are Mrs. Ellen S. Alston, con-

ference chairman, Dr. P. A. Bishop, president, General Baptist State Convention, The Reverend J. Ray Butler, minister, Ebenezer Baptist Church, Wilmington; Mrs. Lenore Cook, instructor, public schools, Raleigh; the Reverend Melvin Greevy, moderator, Beulah Association, Rich Square; the Reverend S. F. Daly, minister, First Baptist Church, Franklin, Virginia; Mrs. Laella Edwards, instructor, public school, The Reverend J. W. Fleming, educational director, General Baptist State Convention, the Reverend W. R. Grigg, secretary of Work with Negroes, Baptist State Convention of North Carolina; Mrs. Charles Goldthwaite, state chairman of Christian Social Relations, United Church Women, Miss Patricia Hall, president, Young People's Home and Foreign Missionary Convention of North Carolina; Mrs. M. A. Horne, president, Women's

Baptist Home and Foreign Missionary Convention of North Carolina; Miss Minnie C. Lynn, international missionary to Africa; Mrs. Eva L. Merritt, associate junior supervisor, Missionary Convention of North Carolina; Mrs. W. R. McGee, president, Women's Missionary Union of North Carolina; Miss M. L. McTyre, instructor, Religious Education, Shaw University; Mrs. L. E. McGrier, State Supervisor, Junior Young People's Convention of North Carolina; The Reverend R. D. Pridden, Kinston; Mrs. Gladys Shelton, general director of Recreation, Raleigh; Mrs. M. F. Strasser, Shaw University; Mrs. Geraldine Taylor, director, Religious Education, St. Paul Baptist Church, Charlotte; the Reverend Garland Williams, minister, First Baptist Church, Clayton and the Reverend H. W. Wiley, minister, second

## Today-Fri.-Sat.

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## Spotlight on HEALTH Science Features

"Rich Diet" Not Enough in Pregnancy

Calcium, the body-building element essential for normal physical development of both the expectant mother and her unborn child, is required in quantities of about 1.5 grams per day during pregnancy, according to the Council in Therapeutic Nutrition of the Food and Nutrition Board, National Research Council.

The expectant mother who is able to afford steak at every meal may be in greater danger of calcium deficiency than pregnant women of lesser means. This seeming paradox emerges from recent studies of the nutritional requirements of women during the critical pre-natal period.

While medical studies indicate that a protein-rich diet is useful in forestalling premature birth and other complications, such a diet may actually cause a calcium deficiency during pregnancy, actually reduce rather than raise the amount of usable calcium in the blood stream.

This means that phosphorus-rich diets and prenatal supplements which were once considered the best way of protecting against calcium deficiency during pregnancy, actually reduce rather than raise the amount of usable calcium in the blood stream.

Possibly because they thought they were getting the right diet, many women have come to regard one painful symptom of calcium deficiency as merely a discomfort they must bear during pregnancy.

This symptom, leg cramps, is considered so "normal", reports one clinician in the publication Missouri Medicine, that many women fail to mention the cramps at all to their doctors. He found that only 8 out of 103 women ac-



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